

ALL-AMERICANS



LUDMILA AMARAL

Middle Hitter
2008 AVCA 2nd Team
2008 Daktronics 2nd Team
2009 Daktronics HM



RENATA da SILVA

Setter
2007 AVCA 3rd Team
2008 AVCA 3rd Team
2008 Daktronics HM
2009 AVCA 3rd Team
2009 Daktronics 2nd Team
2009 CoSIDA 2nd Team (Academic)



MEGHAN FRANZ

Middle Hitter
2011 CoSIDA 3rd Team (Academic)
2012 CoSIDA 1st Team (Academic)



MARTA HODGE

Libero
2008 Daktronics 1st Team



LAUREL MILLER

Outside Hitter
2013 CoSIDA 3rd Team (Academic)
2014 CoSIDA 1st Team (Academic)



JOANNA NIST

Outside Hitter
2007 AVCA HM
2007 Daktronics 3rd Team
2008 Daktronics HM
2009 AVCA HM
2009 Daktronics 2nd Team



AMBER SANTAVY

Outside Hitter
2007 AVCA HM

CAL U ATHLETIC HALL OF FAME



KATIE BARKER

Outside Hitter
2002-05
Inducted in 2012



GEORGETTE CRAWFORD

Outside Hitter
1992-94
Inducted in 2003



JOANNA NIST-HAUPT

Outside Hitter
2006-09
Inducted in 2015



DINGDING LU

Middle Hitter
2000-03
Inducted in 2010



JACKIE WILSON

Setter
1989-92
Inducted in 2002



SINGLE-SEASON RECORDS

KILLS

1.	Katie Barker.....	641.....	2004
2.	Dingding Lu.....	579.....	2003
3.	Joanna Nist.....	563.....	2009
4.	Charmaine Gordon.....	521.....	1995
5.	Ludmila Amaral.....	511.....	2008
6.	Katie Barker.....	507.....	2005
7.	Joanna Nist.....	500.....	2007
8.	Joanna Nist.....	497.....	2008
9.	Laurel Miller.....	487.....	2013
10.	Laurel Miller.....	476.....	2014

HITTING PERCENTAGE

1.	Dingding Lu.....	.446.....	*2000
2.	Ludmila Amaral.....	.424.....	2008
3.	Dingding Lu.....	.374.....	2001
4.	Dingding Lu.....	.364.....	2002
5.	Meghan Franz.....	.363.....	2012
6.	Bridget Bielich.....	.349.....	2009
7.	Julie Jacobs.....	.342.....	1999
8.	Meghan Franz.....	.328.....	2011
	Ludmila Amaral.....	.328.....	2009
10.	Sherry Ann Bowen.....	.323.....	1998

ASSISTS

1.	Ying Xu.....	1,581.....	2000
2.	Aimee Helbig.....	1,562.....	2004
3.	Renata da Silva.....	1,560.....	2007
4.	Renata da Silva.....	1,509.....	2008
5.	Aimee Helbig.....	1,481.....	2003
6.	Ying Xu.....	1,311.....	2001
7.	Carrie Treece.....	1,259.....	1997
8.	Renata da Silva.....	1,241.....	2009
9.	Renata da Silva.....	1,197.....	2006
10.	Allia Caresani.....	1,183.....	2002

ACES

1.	Aimee Helbig.....	64.....	2004
2.	Laurel Miller.....	60.....	2013
	Sara McMullen.....	60.....	2010
3.	Sara McMullen.....	57.....	2011
4.	Allia Caresani.....	55.....	2002
5.	Sara McMullen.....	53.....	2009
	Ludmila Amaral.....	53.....	2008
	Marta Hodge.....	53.....	2008
8.	Laurel Miller.....	52.....	2014
	Julie Paronish.....	52.....	2009
	Dingding Lu.....	52.....	2003

DIGS

1.	Marta Hodge.....	750.....	2008
2.	Marta Hodge.....	681.....	2007
3.	Samantha Rudy.....	608.....	2013
4.	Julie Paronish.....	601.....	2009
5.	Samantha Rudy.....	566.....	2014
6.	Sara McMullen.....	540.....	2011
7.	Katie Barker.....	538.....	2004
8.	Molly Delaney.....	531.....	2012
9.	Katie Barker.....	513.....	2005
10.	Katie Barker.....	510.....	2003

TOTAL BLOCKS

1.	Shanna Yourchik.....	218.....	*2006
2.	Miranda Fouzie.....	168.....	2014
3.	Donette Howell.....	160.....	1995
4.	Ludmila Amaral.....	157.....	2008
5.	Ludmila Amaral.....	154.....	2009
6.	Dingding Lu.....	141.....	2000
7.	Megan Menzer.....	140.....	2007
8.	Meghan Franz.....	139.....	2011
9.	Tamara Hinic.....	138.....	2007
10.	Meghan Franz.....	136.....	2010

BLOCKS PER SET (SINCE 2002)

1.	Shanna Yourchik.....	1.76.....	*2006
2.	Miranda Fouzie.....	1.22.....	2014
3.	Megan Menzer.....	1.21.....	2007
4.	Tamara Hinic.....	1.16.....	2007
5.	Ludmila Amaral.....	1.13.....	2008
6.	Ludmila Amaral.....	1.07.....	2009
7.	Amanda Evans.....	1.05.....	2006

* - NCAA Individual Champion

CAREER RECORDS

KILLS

1.	Joanna Nist.....	1,897	2006-09
2.	Katie Barker.....	1,895	2002-05
3.	Dingding Lu.....	1,807	2000-03
4.	Sherry Ann Bowen.....	1,333	1996-98
5.	Jessica Brown.....	1,262	2002-05
6.	Amanda Evans.....	1,151	2003-06
7.	Meghan Franz.....	1,149	2009-12
	Tara Douglas.....	1,149	1996-98
9.	Brandy Harris.....	1,105	2009-12
10.	Laurel Miller.....	1,012	2011-14

TOTAL ATTEMPTS (SINCE 2002)

1.	Katie Barker.....	4,766	2002-05
2.	Joanna Nist.....	4,617	2006-09
3.	Jessica Brown.....	3,534	2002-05
4.	Brandy Harris.....	3,121	2009-12
5.	Laurel Miller.....	3,011	2011-14
6.	Amanda Evans.....	2,977	2003-06
7.	Amber Santavy.....	2,716	2004-07
8.	Mary Lavery.....	2,695	2012-15
9.	Meghan Franz.....	2,645	2009-12
10.	Molly Delaney.....	2,631	2010-13

HITTING PERCENTAGE (SINCE 2002; MIN. 400 ATT.)

1.	Ludmila Amaral.....	.378	2008-09
2.	Bridget Bielich.....	.326	2008-12
3.	Meghan Franz.....	.316	2009-12
4.	Renata da Silva.....	.312	2006-09
5.	Kelly Fromknecht.....	.283	2008-12

ASSISTS

1.	Renata da Silva.....	5,507	2006-09
2.	Aimee Helbig.....	3,948	2002-05
3.	Carrie Treece.....	3,389	1996-99
4.	Ying Xu.....	3,328	1999-01
5.	Kim Baker.....	2,957	1994-96
6.	Abbey Freund.....	1,943	2010-13
7.	MEGAN LITOBORSKI.....	1,726	2013-15
8.	Kortney Eshleman.....	1,672	2008-11
9.	Kelly Fromknecht.....	1,399	2008-12
10.	Mallory DeMarco.....	1,222	2005-08

ACES

1.	Joanna Nist.....	180	2006-09
2.	Sara McMullen.....	171	2008-11
3.	Dingding Lu.....	156	2000-03
4.	Katie Barker.....	149	2002-05
5.	Jenn Valeriotte.....	147	1994-97
6.	Aimee Helbig.....	141	2002-05
7.	Molly Delaney.....	138	2010-13
	Amanda Evans.....	138	2003-06
9.	Julee Jacobs.....	129	1996-99
10.	Renata da Silva.....	126	2006-09

DIGS

1.	Marta Hodge.....	1,869	2006-08
2.	Katie Barker.....	1,821	2002-05
3.	Joanna Nist.....	1,571	2006-09
4.	Molly Delaney.....	1,455	2010-13
5.	Julie Paronish.....	1,429	2007-10
6.	Jessica Brown.....	1,250	2002-05
7.	Sara McMullen.....	1,197	2008-11
8.	Samantha Rudy.....	1,190	2011-14
9.	Mallory DeMarco.....	1,070	2005-08
10.	Renata da Silva.....	1,065	2006-09

TOTAL BLOCKS

1.	Meghan Franz.....	493	2009-12
2.	Dingding Lu.....	463	2000-03
3.	Miranda Fouzie.....	450	2012-15
4.	Julee Jacobs.....	444	1996-99
5.	Amanda Evans.....	421	2003-06
6.	Sherry Ann Bowen.....	405	1995-98
7.	Shanna Yourchik.....	403	2003-06

SETS PLAYED

1.	Meghan Franz.....	525	2009-12
2.	Joanna Nist.....	519	2006-09
3.	Renata da Silva.....	497	2006-09
4.	Bridget Bielich.....	494	2008-12
5.	Jenn Valeriotte.....	479	1995-97
6.	Amanda Evans.....	470	2003-06
7.	Katie Barker.....	464	2002-05
8.	Julee Jacobs.....	455	1996-99
9.	Mary Lavery.....	454	2012-15
10.	Ashley Moore.....	450	2006-09

PSAC HONORS

WEST PLAYER OF THE YEAR

2008 Ludmila Amaral

2009 Joanna Nist

COACH OF THE YEAR

1991 Jing Pu

1992 Jing Pu

WEST COACH OF THE YEAR

2004 Melissa Myers

2005 Melissa Myers

2007 Melissa Myers

2011 Peter Letourneau

TOURNAMENT MVP

2007 Amber Santavy

2008 Renata da Silva

2009 Renata da Silva

2011 Brandy Harris

2014 Laurel Miller

CHAMPION SCHOLAR

2011 Abbey Freund

2012 Abbey Freund

2013 Abbey Freund

2014 Megan Litoborski

SCHOLAR ACADEMIC AWARD

1997 Sherry Ann Bowen

1998 Sherry Ann Bowen

TOP 10

2000 Ying Xu

2001 Ying Xu

2012 Meghan Franz

ALL-PSAC WEST

1991

FIRST TEAM

Gina Pallo

1992

FIRST TEAM

Georgette Crawford

Carolina Pieratt

Jackie Wilson

1993

FIRST TEAM

Georgette Crawford, MH

Mary Doerzbacher, MH

Carolina Pieratt, OH

1994

FIRST TEAM

Gina Pallo, MH

SECOND TEAM

Georgette Crawford, OH

1995

FIRST TEAM

Charmaine Gordon, OH

1998

FIRST TEAM

Sherry Ann Bowen, MH

1999

SECOND TEAM

Julee Jacobs, MB

Robyn Remic, OH

2000

FIRST TEAM

Dingding Lu, MH

Rachel May, OH

SECOND TEAM

Ying Xu, S

2001

FIRST TEAM

Dingding Lu, MH

Ying Xu, S

2002

FIRST TEAM

Dingding Lu, MH

2003

FIRST TEAM

Dingding Lu, MH

SECOND TEAM

Katie Barker, OH

2004

FIRST TEAM

Katie Barker, OH

Jessica Brown, OH

SECOND TEAM

Amanda Evans, OH/MH

Aimee Helbig, S

2005

FIRST TEAM

Katie Barker, OH

Allison Liptak, OPP

SECOND TEAM

Jessica Brown, OH

Aimee Helbig, S

2006

FIRST TEAM

Allison Liptak, OPP

Shanna Yourchik, MH

SECOND TEAM

Renata da Silva, S

2007

FIRST TEAM

Katie Benick, OPP

Renata da Silva, S

Joanna Nist, OH

Amber Santavy, OH

2008

FIRST TEAM

Ludmila Amaral, MH

Renata da Silva, S

Thais Franca, MH/RS

Joanna Nist, OH

SECOND TEAM

Bridget Bielich, MH

Marta Hodge, L

2009

FIRST TEAM

Ludmila Amaral, MH

Renata da Silva, S

Joanna Nist, OH

SECOND TEAM

Bridget Bielich, MH

2010

FIRST TEAM

Meghan Franz, MH

SECOND TEAM

Kelly Fromknecht, S

2011

FIRST TEAM

Meghan Franz, MH

Brandy Harris, OH

SECOND TEAM

Kelly Fromknecht, S/OPP

Sara McMullen, L

2012

FIRST TEAM

Meghan Franz, MH

Brandy Harris, OH

Kelly Fromknecht, S/OPP

2013

FIRST TEAM

Molly Delaney, OH

Laurel Miller, OH

SECOND TEAM

Miranda Fouzie, MH

Mary Lavery, OH/MH

2014

FIRST TEAM

Laurel Miller, OH

SECOND TEAM

Miranda Fouzie, MH

2015

FIRST TEAM

Mary Lavery, RS

SECOND TEAM

Miranda Fouzie, MH

ALL-PSAC

1991

FIRST TEAM

Krista Stoudt

Jackie Wilson

SECOND TEAM

Mary Doerzbacher

Gina Pallo

1992

FIRST TEAM

Georgette Crawford

Jackie Wilson

SECOND TEAM

Gina Pallo

Carolina Pieratt

1993

FIRST TEAM

Georgette Crawford

REGIONAL HONORS

AVCA REGIONAL FRESHMAN OF THE YEAR

2006 Renata da Silva

AVCA REGIONAL COACH OF THE YEAR

2000 Limin Jin

2004 Melissa Myers

2005 Melissa Myers

2007 Melissa Myers

AVCA ALL-REGION

1993

Georgette Crawford

Gina Pallo

1994

Georgette Crawford

Gina Pallo

1997

Charmaine Gordon

1998

Sherry Ann Bowen

1999

Julee Jacobs

2000

Ying Xu

Dingding Lu

2001

FIRST TEAM

Ying Xu

2002

FIRST TEAM

Dingding Lu

HONORABLE MENTION

Allia Caresani

2003

FIRST TEAM

Dingding Lu

HONORABLE MENTION

Katie Barker

2004

FIRST TEAM

Katie Barker

Amanda Evans

HONORABLE MENTION

Jessica Brown

2005

FIRST TEAM

Katie Barker

HONORABLE MENTION

Allison Liptak

Susie Williams

2006

FIRST TEAM

Renata da Silva

Amanda Evans

Allison Liptak

HONORABLE MENTION

Shanna Yourchik

2007

FIRST TEAM

Renata da Silva

Joanna Nist

Amber Santavy

2008

FIRST TEAM

Ludmila Amaral

Renata da Silva

Marta Hodge

Joanna Nist

HONORABLE MENTION

Thais Franca

2009

FIRST TEAM

Ludmila Amaral

Bridget Bielich

Renata da Silva

Joanna Nist

2010

FIRST TEAM

Meghan Franz

HONORABLE MENTION

Kelly Fromknecht

2011

FIRST TEAM

Meghan Franz

Brandy Harris

Sara McMullen

HONORABLE MENTION

Abbey Freund

Kelly Fromknecht

2013

FIRST TEAM

Molly Delaney

Laurel Miller

2014

FIRST TEAM

Mary Lavery

Laurel Miller

HONORABLE MENTION

Miranda Fouzie

2015

FIRST TEAM

Mary Lavery

DAKTRONICS REGIONAL PLAYER OF THE YEAR

2007 Joanna Nist

2008 Joanna Nist

2009 Joanna Nist

DAKTRONICS ALL-REGION

2001

Dingding Lu

Rachel May

Ying Xu

2002

Dingding Lu

2004

Katie Barker

2005

Katie Barker

Amanda Evans

2006

Renata da Silva

Allison Liptak

2007

FIRST TEAM

Renata da Silva

Marta Hodge

Joanna Nist

SECOND TEAM

Amber Santavy

2008

FIRST TEAM

Ludmila Amaral

Renata da Silva

Marta Hodge

Joanna Nist

2009

FIRST TEAM

Ludmila Amaral

Renata da Silva

Joanna Nist

2010

SECOND TEAM

Meghan Franz

2011

FIRST TEAM

Meghan Franz

2012

FIRST TEAM

Meghan Franz

SECOND TEAM

Kelly Fromknecht

Brandy Harris

2013

FIRST TEAM

Laurel Miller

SECOND TEAM

Molly Delaney

2014

FIRST TEAM

Laurel Miller

CoSIDA ACADEMIC ALL-DISTRICT

2000

Ying Xu

2001

Ying Xu

2004

THIRD TEAM

Katie Barker

2005

FIRST TEAM

Katie Barker

THIRD TEAM

Aimee Helbig

REGIONAL HONORS

2008

FIRST TEAM

Marta Hodge

SECOND TEAM

Joanna Nist

2009

FIRST TEAM

Renata da Silva

Joanna Nist

2010

SECOND TEAM

Meghan Franz

2011

FIRST TEAM

Meghan Franz

Abbey Freund

2012

FIRST TEAM

Meghan Franz

Abbey Freund

2013

FIRST TEAM

Laurel Miller

2014

FIRST TEAM

Laurel Miller

NCAA REGIONAL

ALL-TOURNAMENT TEAM

2000

Dingding Lu

Rachel May

Ying Xu

2004

Katie Barker

Aimee Helbig

2006

Renata da Silva

Amanda Evans

Amber Santavy

2007

Katie Benick

Renata da Silva

Marta Hodge

Joanna Nist

Amber Santavy

2008

Ludmila Amaral

Renata da Silva

Marta Hodge

Joanna Nist

2009

Ludmila Amaral

Bridget Bielich

Renata da Silva

Joanna Nist

2010

Meghan Franz

Kelly Fromknecht

2011

Meghan Franz

Kelly Fromknecht

Brandy Harris

2012

Meghan Franz

Abbey Freund

Brandy Harris

2013

Molly Delaney

Mary Lavery

Laurel Miller

2014

Mary Lavery

Laurel Miller

YEAR-BY-YEAR SUMMARY

YEAR	RECORD	PSAC WEST	COACH	SEASON HIGHLIGHTS
1990	15-20	---	Jing Pu	
1991	35-8	8-2	Jing Pu	PSAC Tournament Champions
1992	36-3	10-0	Jing Pu	PSAC Tournament Champions
1993	27-11	7-3	Karen Fetsko	
1994	19-16	6-4	Karen Fetsko	
1995	15-17	3-7	Karen Fetsko	
1996	19-16	3-7	Karen Fetsko	
1997	20-20	2-8	Karen Fetsko	
1998	22-8	6-4	Limin Jin	
1999	23-12	6-4	Limin Jin	
2000	27-11	4-6	Limin Jin	NCAA Tournament Semifinals
2001	15-19	5-5	Limin Jin	NCAA Tournament Second Round
2002	16-14	2-8	Melissa Myers	NCAA Tournament First Round
2003	19-14	3-7	Melissa Myers	
2004	28-7	6-4	Melissa Myers	NCAA Tournament Third Round
2005	33-3	8-2	Melissa Myers	PSAC Tournament Champions NCAA Tournament First Round
2006	30-7	7-3	Melissa Myers	PSAC Tournament Finals NCAA Tournament Third Round
2007	35-4	10-0	Melissa Myers	PSAC Tournament Champions NCAA Atlantic Regional Champions NCAA Tournament Quarterfinals
2008	40-2	12-0	Stephanie Burner	PSAC Tournament Champions NCAA Atlantic Regional Champions NCAA Tournament Quarterfinals
2009	36-6	19-0	Stephanie Burner	PSAC Tournament Champions NCAA Atlantic Regional Champions NCAA Tournament Quarterfinals
2010	23-13	15-4	Stephanie Burner	PSAC Tournament Quarterfinals NCAA Tournament Third Round
2011	33-5	17-2	Peter Letourneau	PSAC Tournament Champions NCAA Tournament Third Round
2012	30-8	15-4	Peter Letourneau	PSAC Tournament Semifinals NCAA Tournament Third Round
2013	30-9	19-3	Peter Letourneau	PSAC Tournament Finals NCAA Tournament Third Round
2014	30-9	17-5	Peter Letourneau	PSAC Tournament Champions NCAA Tournament Third Round
2015	16-17	14-8	Peter Letourneau	PSAC Tournament Quarterfinals



MOST WINS

Name	W	L	Pct.	Years
Melissa Myers	161	49	.767	2002-07
Peter Letourneau	139	48	.743	2011-15
Karen Fetsko	100	80	.556	1993-97
Stephanie Burner	99	21	.825	2008-10
Limin Jin	87	50	.635	1998-01
Jing Pu	86	31	.735	1990-92



MELISSA MYERS