The 2018 ECAC and IC4A Outdoor Track and Field Championships will be held at Princeton University in Princeton, New Jersey, beginning on Saturday, May 12 and continuing through Sunday, May 13, 2018.

Please read following information carefully as there are many IMPORTANT changes from past years. You will be responsible for following ALL these changes. We feel they will make the registration process easier for all concerned.

**EVENT INFORMATION**
Order of Events, Time schedule, Standards and entry information may be obtained at www.paynescornertiming.com or on the ECAC website at www.ecacsports.com

**Contact Information**
Dylan Clark  
ECAC Coordinator for Championships, Leagues, and Affiliates  
203-745-2786  
DClark@ecac.org

Steve Bartold  
IC4A Administrator  
203-245-5862  
Stevebartold@sbcglobal.net

Tom Stewart  
IC4A Assistant Administrator  
tstewart@hcc.edu

Thom Jacobs  
Paynes Corner Timing  
coachjake@hotmail.com

**INITIAL ENTRY PROCEDURE:**
There is no Initial Entry Procedure this year. See below for all entry information

**VERIFICATION OF PERFORMANCES:**
Performances will be verified through Direct Athletics. NOTE: Top indoor marks and converted 1500m times (mile divided by 1.08) will be considered for outdoor qualifying. Those marks will be posted on the outdoor performance lists on Direct Athletics.
FINAL DECLARATION PROCEDURE:

1. All Final Declarations and entries will be done through Direct Athletics. (www.directathletics.com) Teams must be current members of the ECAC in order to compete. *(PLEASE SEE PAGE 2 FOR CONFERENCE CHAMPIONS AND WAIVER OF STANDARD)*

2. Your FINAL declarations **MUST** be submitted on Direct Athletics no later than **5:00 p.m. on Tuesday, May 8th**.

3. Coaches should make every effort to enter all possible relay candidates (up to 8 per relay) when submitting their entries on DirectAthletics. Should an eligible athlete on your team who is not entered become a relay candidate at any point after entries close, please let the ECAC meet personnel know as soon as possible so that a competitor number may be assigned to them.

**LATE FEES**

Teams wishing to declare entries after Tuesday, May 8th at 5:00pm will be considered late and a late fee of $50.00 per declaration will be required until Weds. May 9th at 5:00 pm.

The ECAC will accept "late individual declarations" after Wednesday May 9th at 5:00pm but no later than 1 hour before the 1st event on Saturday, May 12th. Each petition must be accompanied by a late declaration fee of $250.00.

CONFERENCE CHAMPIONS & WAIVER OF STANDARD:

**CONFERENCE CHAMPIONS:**
The ECAC will continue the practice of allowing athletes that are “Conference Champions” to compete in the ECAC Championships, even if they have not made the Qualifying Standard. In such case you may designate only one conference to select your athletes from for the waiver. This is “NOT” an addition to the “Waiver of Standard” rule.

**WAIVER OF STANDARD PROCEDURE:**
The ECAC will also continue the practice of allowing athletes from schools that do not have qualifiers in either a running event, relay or field event to compete. They may enter one (1) athlete/relay and (1) field event athlete. If you have qualifiers in the “track events” and not the field events. You may enter (1) field event qualifier and vice versa. In other words we are just continuing to follow the practice established several years ago.

Conference Champions and Waiver of Standard Entries must be submitted directly to Dylan Clark at the ECAC and Thom Jacobs no later than Monday, May 7th at Midnight:

Dylan Clark: dclark@ecac.org
Thom Jacobs: coachjake@hotmail.com

**HEPTATHLON ENTRIES & DECLARATIONS**

As per the IC4A and ECAC Games Committee’s decision, the heptathlon will not be contested at this year’s championship. As such, there is no entry procedures.

**ECAC ENTRY FEE**

1. Each school will be billed a $90.00 school entry fee.

2. Each school will be billed ($30.00) for each individual declaration and each relay declaration.

3. Each declared school will be billed an Official’s fee of $75.00 for 5 or more declarations and $50.00 for less than 5 declarations.
Once the Championship is complete, invoices will be sent out to all schools that entered the ECAC Championship. Checks should be made payable to the ECAC. Make sure that institution name and event title/date are listed on the check.

Checks should be mailed to:

Eastern College Athletic Conference  
Matrix Corporate Center  
39 Old Ridgebury Road, Suite 22.  
Danbury, CT 06810

REMINDER: Submission of the Final Entries is considered a statement of intent to participate and automatically triggers the $90 team entry fee. Similarly, any declared entry (individual or relay) automatically triggers the appropriate entry fee. An institution that elects not to participate in the championship, after entering, is not excused from paying the entry fee.

SCRATCHES:
After the declaration of entries, Scratches without financial penalty will be permitted up to 10:00 am on Friday May 11th. The method of scratching athletes from one or more events will be to email coachjake@hotmail.com AND tstewart@hcc.edu. You will receive confirmation of your scratches by email.

RELAY CARDS:
1. Relay cards must be submitted to the clerks table one hour before the scheduled time of the relay event.  
   (Cards will be provided in Coaches Packets and at the clerks Table)
2. Relay cards must list the names and bib numbers of the athletes on the relay team, in the order that they will run.
3. You must only submit a second relay card for the final if you are not running with the same personnel.

COACHES CHALLENGE:
There are no longer coach’s challenges. If your performance does not appear on Direct Athletics, your athlete/relay will not be considered for competition.

MEDICAL/TRAINERS:
1. A certified athletic trainer will be available during the meet at Princeton University.
2. Teams are requested to bring their own tape and wraps.

TRACK FACILITY INFORMATION:
Weaver Track & Field Stadium  
Princeton, NJ 08540

The state-of-the-art stadium for outdoor track and field provides available seating for nearly 2,500 spectators. The innovative design was crafted by Don Paige, formerly the best half-miler in the world. The oval is eight lanes across, with each lane 1.22 meters in width and features an impressively long radius of 36.5 meters on the turns.

It is made of durable brick red full-depth polyurethane, the safest, fastest and most comfortable surface available. It meets the highest standards of track and field’s world governing body, the International Amateur Athletic Federation.

RESULTS
All results will be posted event by event at the Paynes Corner Timing website www.paynescornertiming.com, or at www.ecacsports.com, as well as on site.
**AWARDS**
Starting with the 2016-17 season, the ECAC will award “all-ECAC” designations to the top eight (8) finishers in each event, similar to the IC4A designation of “all-East”. Certificates will be sent out after the conclusion of the meet.

**PACKET PICK-UP**
Teams can pick up packets on Friday afternoon after the games committee meets and sets the field.

**PRACTICE TIMES**
Teams wishing to practice or warm-up at Princeton can do so starting on Friday after 3:00 pm.

**DIRECTIONS**

**From the West or Midwest:** In New Jersey, drive EAST on Interstate 78 until you reach Highway 206. Turn SOUTH and follow 206 SOUTH into Princeton. (206 South becomes Bayard Lane.) You will reach a three-way intersection of Bayard Lane, Nassau Street, and 206 South, turn LEFT onto NASSAU STREET and take your first RIGHT onto MERCER STREET. Take your first LEFT onto ALEXANDER STREET. Follow Alexander Street until you reach the SECOND LIGHT. Take a LEFT at this light onto FACULTY ROAD. Take your next LEFT onto AN UNMARKED ROAD. This road is marked as Elm Road on your map, but there is no street sign. Proceed to the guard booth and the Public Safety officer on duty will assist you.

**From the South:** Follow the New Jersey Turnpike NORTH to EXIT 8 - Hightstown. Turn LEFT onto Highway 33 after exiting the turnpike and follow signs for Route 571. Continue for approximately 12 miles on Route 571 until you reach the intersection of Route 1. Continue straight on 571 across US 1. Once you cross the intersection, Route 571 becomes Washington Road. Continue on Washington Road across a bridge until you come to your first LIGHT. Take a LEFT at this light onto FACULTY ROAD. Take your first RIGHT onto AN UNMARKED ROAD. This road is marked as Elm Road on your map, but there is no street sign. Proceed to the guard booth and the Public Safety officer on duty will assist you.

**From the North:** Follow the New Jersey Turnpike SOUTH to EXIT 9 - New Brunswick. After the toll booth (use a booth on the far RIGHT), turn RIGHT onto the ramp to Highway 18 NORTH. Soon after, turn into the left-hand fork of the road, staying in the right lane (you will see a BENNIGAN’S restaurant ahead and to your right as you BEAR LEFT). You will immediately BEAR RIGHT for an obscured exit to US 1 SOUTH, Trenton. These three turns occur in rapid succession. Follow US 1 about 18 miles to the exit at Route 571 (WASHINGTON ROAD). Turn RIGHT and follow Washington Road (Route 571) across a bridge until you come to your first LIGHT. Take a LEFT at this light onto FACULTY ROAD. Take your first RIGHT onto AN UNMARKED ROAD. This road is marked as Elm Road on your map, but there is no street sign. Proceed to the guard booth and the Public Safety officer on duty will assist you.

**From Philadelphia, Delaware, Maryland, etc:** Follow Route 95 North into New Jersey. Staying on Route 95 North, proceed to exit 8B, Princeton Pike North. Take Princeton Pike (Mercer St) until you reach a 25 MPH speed zone. Proceed on Mercer St. down the hill in front of you. Proceed up the hill and through the next light. Take your next RIGHT onto ALEXANDER STREET. Proceed on Alexander St. until you reach the SECOND LEFT. Take a LEFT onto FACULTY ROAD. Take your first LEFT onto AN UNMARKED ROAD. This road is marked as Elm Road on your map, but there is no street sign. Proceed to the guard booth and the Public Safety officer on duty will assist you.