STUDENT-ATHLETE HANDBOOK
2016-17
Table of Contents

LETTER FROM THE DIRECTOR OF ATHLETICS ................................................................. 3
EXECUTIVE LEADERSHIP TEAM (SPORT ADMINISTRATORS) ....................................... 4
HEAD COACHES ............................................................................................................. 5
MENTAL HEALTH FACT SHEET ................................................................................... 6
MENTAL HEALTH & SUICIDE PREVENTION (RESOURCES) ....................................... 7
ANTI-HAZING AFFIRMATION ....................................................................................... 8
STUDENT-ATHLETE CODE OF CONDUCT ..................................................................... 9
STUDENT-ATHLETE CODE OF CONDUCT VIOLATIONS .............................................. 11
STUDENT-ATHLETE INCIDENT REPORTING CHART ................................................... 12
COMPLIANCE ............................................................................................................... 14
OFFICE OF STUDENT DEVELOPMENT ....................................................................... 17
ATTENDANCE POLICY .................................................................................................. 18
ACADEMIC INTEGRITY ............................................................................................... 19
ACADEMIC MISCONDUCT POLICY ............................................................................ 20
DRUG TESTING POLICY .............................................................................................. 21
LIFE SKILLS ................................................................................................................. 23
SAAC ............................................................................................................................ 24
COMMONLY USED RESOURCES .............................................................................. 25
OTHER INFORMATION ................................................................................................. 26

“ECU is where the next generation of doctors, dentists, nurses, teachers, business leaders, artists, performers, athletes, and educated citizens are preparing to change their communities, North Carolina, and the world.”

- Chancellor Stanton
Dear Pirates,

Welcome to the 2016-17 academic year at East Carolina University. I am excited as we begin a new year of academic, athletic, and personal success. Noted author, John Maxwell once stated, “I can’t raise the bar for others if I haven’t raised the bar for myself”. I encourage you to raise your bar and take yourself places you’ve never been.

You will be expected to uphold high standards of integrity and behavior that will reflect positively on yourselves, your families, your coaches, teammates and East Carolina University.

Together, we will follow our Pirate Creed that reads:

WE ARE UNDAUNTED...
- In our PASSION
- In our SERVICE
- In building LEADERS
- In winning CHAMPIONSHIPS

Effective organization and time management skills are directly linked to success. Your responsibilities as a student and as an athlete will test your multi-tasking abilities. Pirate Nation believes you have the discipline, commitment, passion, and determination to master these challenges in order to be successful.

We hope this handbook will assist you throughout the academic year by outlining a number of resources and policies. Please seek assistance from your coaches or our staff if you have any questions. Our primary goal is to provide you with the best experience possible.

I wish you the best in the upcoming academic year. You have our department’s full support in your endeavors and we look forward to watching you and celebrating your success.

WE ARE UNDAUNTED!

Jeff Compher
Director of Athletics
EXECUTIVE LEADERSHIP TEAM (SPORT ADMINISTRATORS)

Jeff Compher  
Athletic Director  
Football, Men’s & Women’s Basketball

J Batt  
Sr. Associate AD,  
Executive Director, Pirate Club  
Men’s & Women’s Golf

Shelley Binegar  
Associate AD,  
External Operations  
Senior Women’s Administrator  
Volleyball, Soccer, Women’s Basketball

Nick Floyd  
Executive Associate AD,  
Baseball, Football,  
Men’s Basketball

Mike Hanley  
Associate AD,  
Student Services, Women’s Lacrosse, Men’s & Women’s Track/XC

JJ McLamb  
Associate AD,  
Internal Operations,  
Softball

Lee Workman  
Associate AD,  
Administration, Men’s & Women’s Tennis, Men’s & Women’s Swim & Dive
HEAD COACHES

Amanda Barnes
Women’s Lacrosse

Rob Donnenwirth
Soccer

Cliff Godwin
Baseball

Shawn Heinchon
Men’s Tennis

Rick Kobe
Men’s & Women’s Swim & Dive

Curt Kraft
Men’s & Women’s Track/XC

Jeff Lebo
Men’s Basketball

Heather Macy
Women’s Basketball

Press McPhaul
Men’s Golf

Scottie Montgomery
Football

Tom Morris
Women’s Tennis

Courtney Oliver
Softball

Julie Torbett
Volleyball

Kevin Williams
Women’s Golf
MENTAL HEALTH FACT SHEET

Important Phone Numbers:
- ECU Counseling Services 252-328-6661 137 Umstead Hall
  Hours: M-F 8am-5pm; after 5pm call 328-6661 select #2 and a crisis counselor will answer your call
- Anonymous online screen: [http://www.mentalhealthscreening.org/screening/EASTCAROLINA](http://www.mentalhealthscreening.org/screening/EASTCAROLINA)
- Real Crisis Center: 252-758-4357 24 hour hotline; realcrisis.org

<table>
<thead>
<tr>
<th>Depression Red Flags:</th>
<th>Eating Disorder Red Flags:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low or sad moods, often with crying episodes</td>
<td>Irritability or anger</td>
</tr>
<tr>
<td>Feeling worthless, helpless, and hopeless</td>
<td>Eating and sleeping disturbances</td>
</tr>
<tr>
<td>Decrease in energy and activity levels, with feelings of fatigue or tiredness</td>
<td>Decrease in concentration, interest and motivation</td>
</tr>
<tr>
<td>Social withdrawal or avoidance</td>
<td>Negative thinking/thoughts of death or suicide</td>
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<tr>
<td>Intent to commit suicide</td>
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<table>
<thead>
<tr>
<th>Eating Disorder Red Flags:</th>
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</thead>
<tbody>
<tr>
<td>Unnecessary dieting</td>
</tr>
<tr>
<td>Ritualistic eating habits</td>
</tr>
<tr>
<td>Excessive use of bathroom or disappearing after eating</td>
</tr>
<tr>
<td>Social withdrawal</td>
</tr>
<tr>
<td>Changes in behavior</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Anxiety Disorder Red Flags:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excessive worry, fear or dread</td>
</tr>
<tr>
<td>Changes in appetite</td>
</tr>
<tr>
<td>Pounding heart, sweating, shaking or trembling</td>
</tr>
<tr>
<td>A feeling of being out of control</td>
</tr>
<tr>
<td>Disruption of everyday life</td>
</tr>
</tbody>
</table>
National Resources

NCAA Health and Safety
http://www.ncaa.org/health-and-safety/medical-conditions/mental-health
National Institute of Mental Health
www.nimh.nih.gov/index.shtml
Anxiety and Depression Association of America
www.adaa.org
American Psychiatric Association: Athletes and Mental Health
www.psychiatry.org/athletes
National Suicide Prevention Lifeline and Chat services
www.suicidepreventionlifeline.org
Suicide Prevention Resource Center
www.sprc.org
You Matter
www.youmatter.suicidepreventionlifeline.org
American Foundation for Suicide Prevention
www.afsp.org
HelpGuide
www.helpguide.org/home-pages/suicide-prevention

Campus Resources

Center for Counseling and Student Development
www.ecu.edu/counselingcenter
Student Health Services
www.ecu.edu/cs-studentaffairs/studenthealth/
Dean of Students Office
www.ecu.edu/deanofstudents/
ECU Cares
www.ecu.edu/cs-studentaffairs/dos/person-of-concern

Community Resources

9-1-1 Emergency Services
www.pittcountync.gov/depts/emergserv
Vidan Hospital Emergency Department
https://www.vidanhealth.com/vidant/ServicesDetail.aspx?id=125
Trillium
http://www.ecbhme.org/en/For-Individuals-Families/Crisis-Mobile/
Real Crisis Intervention
http://realcrisis.org/
ANTI-HAZING AFFIRMATION

The East Carolina University Department of Athletics supports only those activities which are constructive, educational, and that contribute to the intellectual and personal development of the student-athlete.

As a student-athlete, your actions (positive or negative) are subject to review by law enforcement, your coaching staff, the Department of Athletics, East Carolina University, the American Athletic Conference, and/or the NCAA. East Carolina University and the Department of Athletics defines hazing as any act, whether physical, mental, emotional, or psychological, which subjects another person voluntarily or involuntarily to anything that may abuse, mistreat, degrade, humiliate, harass, or intimidate him/her, or which may in any fashion compromise his/her inherent dignity as a person. In addition, any requirements by a team member which compels another team member to participate in any activity which is against University policy or state/federal law, will be defined as hazing.

Instances of hazing can be considered either misdemeanors or felonies according to North Carolina State law.

Actions and activities that are prohibited include, but are not limited to, the following:

- Forced consumption of substances not intended for normal eating or drinking
- Forced shaving of one’s body parts
- Cyberbullying (use of social media)
- Physical and sexual abuse to include but not limited to handcuffing or tying to a building, structure, or other
- Discriminating against sexual orientation/ gender/ political affiliation, race, or religion
- Performance of chores or tasks for others including the requirement of carrying items such as water bottles, equipment, clothing etc...
- Assigned or endorsed pranks, such as borrowing or stealing items, painting property or objects, or harassing other individual groups
- Verbal or cruel harassment, including yelling and screaming
- Any activity that interferes with one’s ability to study or complete one’s course of study
- Forcing, encouraging, or pressuring the wearing of apparel in public which is conspicuous, not normally good state, or designed to humiliate the individuals wearing it

Allegations of hazing will be thoroughly investigated and violations will result in disciplinary actions which may include separation from the University and athletic participation. All potential cases will be referred to the Office of Students Rights and Responsibilities (OSRR) for evaluation and possible sanctions. The Department of Athletics reserves the right to institute penalties and restrictions prior to OSRR review, and may also impose additional penalties to those applied by OSRR to those found responsible of hazing.
Student-athletes enrolled at East Carolina University are expected to uphold, at all times, high standards of integrity and behavior that will reflect credit upon themselves, their families, coaches, teammates and East Carolina University. Students representing East Carolina University’s intercollegiate athletics program shall accept responsibility to conform to the policies and procedures contained in the East Carolina University Student-Athlete Handbook and East Carolina University Student Code of Conduct, as well as rules pertaining to his/her athletics participation as established by the NCAA, American Athletic Conference, East Carolina University Department of Athletics and the respective sport coaches. In addition, student-athletes are expected to abide by local, state and federal laws. Failure to abide by all aforementioned policies and laws may result in suspension from the athletics team and/or university. Scholarship student-athletes risk having all or part of their athletics’ grant-in-aid revoked for any infraction of this code of conduct.

As representatives of East Carolina University and its intercollegiate athletics program, student-athletes must be responsible for their actions at all times. Acceptance of this responsibility requires student-athletes to:

- Uphold the ECU Academic Honor Code and ECU Student Code of Conduct.
- Act with integrity at all times.
- Embrace diversity and respect the views and opinions of others.
- Display honesty in all academic efforts by not engaging in any forms of cheating, plagiarism and fabrication in the process of completing academic work.
- Exhibit high moral standards to include no underage drinking and partaking of alcoholic beverages while representing the University both on- and off-campus and no partaking of drugs which would enhance performance or modify mood or behavior at any time unless prescribed by a physician for medical purposes.
- Use social media wisely. (Social media will be monitored.)
- Exhibit dignity in manner and dress when representing the University both on and off the playing field.
- Exert maximum effort in all games and practices.
- Abide by the rules and regulations of the American Athletic Conference Sportsmanship Policy.
- Treat all players, officials, staff and coaches with respect and courtesy.
- Refrain from acts of sexual misconduct. Sexual misconduct includes sexual assault, harassment, discrimination, and any conduct of a sexual nature that is without mutual consent or has the effect of threatening or intimidating the person against whom such conduct is directed. It is the responsibility of members of the University community to strive to create an environment free of sexual misconduct. Acts of sexual misconduct will not be tolerated. The university will take appropriate action against any individual found responsible for such acts.
• Refrain from hazing activities, which is defined as any act that injures, degrades, harasses, or disgraces any person and is also noted as a separate policy for ECU.
• Be responsible for meeting all academic eligibility standards, including University and NCAA progress-toward-degree requirements.
• Adhere to the University's Attendance Policy and the Athletics Department Class Attendance Policy and report a violation of the class attendance policy on the day of the occurrence.
• Abide by rules of respective sport team.
• Adhere to the following policies:
  o East Carolina University Sexual Harassment and Discrimination Policies
  o http://www.ecu.edu/cs-acad/oed/titleix-policies.cfm
  o East Carolina University Student-Athlete Handbook
  o Student Code of Conduct
  o http://www.ecu.edu/PRR/11/30/01/
  o East Carolina University Drug Education Screening Counseling and Testing Program Policy
  o NCAA Drug-Testing
  o http://www.ncaa.org/health-and-safety/policy/drug-testing

While student-athletes are held accountable by the same policies and procedures as other University students as outlined in the East Carolina University Student Handbook, they are held to additional standards. Student-athletes are subject to all Department of Athletics rules and policies, as stated in written sport team rules, the Student-Athlete Handbook and in other department publications including, but not limited to, those regarding Athletic Training, Strength and Conditioning, Compliance and Student Development. Violations of these standards may result in disciplinary action. Student-athletes may appeal such actions through an in-person meeting with the respective sport administrator and Director of Athletics. The sport administrator and Director of Athletics will then meet with the respective head coach and other involved parties prior to making a decision. A written decision is then submitted to the student-athlete. This decision will be final.
Alleged violations of the East Carolina University Student Code of Conduct may result in referral to the University Office of Student Rights and Responsibilities. Student-athletes found responsible for violations of the Student Code of Conduct are subject to the same disciplinary action(s) as any other East Carolina University student. Accordingly, student-athletes found responsible by the Office of Student Rights and Responsibilities for violations of the University Student Code of Conduct are subject to additional disciplinary action as deemed appropriate by Athletics Department staff, including dismissal from the program and loss of athletics financial aid.

All student-athletes are required to notify their head coach, who will, in turn, notify the sport administrator within twelve hours of an incident if the student-athlete has been:

- Arrested and/or charged with a criminal offense by any law enforcement agency in any location in the United States or internationally.
- Cited for a violation of academic integrity.
- Cited for a violation or infraction of Campus Living (Residence Hall) policies.
- In the presence of a crime, but not arrested or charged for the crime.
- Cared for at a hospital.

If charged and/or arrested for a misdemeanor or felony crime, absent extraordinary circumstances as determined by the Director of Athletics, the student-athlete may be immediately suspended from the team pending outcome of the charge.

If convicted of a misdemeanor crime (other than sports gambling/game fixing or minor traffic violations), absent extraordinary circumstances as determined by the Athletics Director, the head coach will administer subsequent discipline. The Director of Athletics will consider factors such as nature of the offense, involvement of drugs/alcohol, past behavior, student-athlete demeanor (to include self-disclosure of the offense), and student-athlete cooperation during investigation. Discipline may include, but not limited to, suspension from practice and competition for a pre-determined period of time or dismissal from the team.

A student-athlete convicted of, or pleading guilty or no contest to any felony charge or a student-athlete charged with a crime involving sports gambling or game fixing under North Carolina law, federal law or any other jurisdiction shall be permanently dismissed from the team.
AS AN ECU STUDENT-ATHLETE, WHAT DO I DO IF I AM INVOLVED IN, WITNESS, OR LEARN ABOUT AN INCIDENT?

If you are involved in, witness, or learn about a situation such as...

Sexual Misconduct (i.e. rape, sexual assault, sexual harassment, stalking)

Criminal Act (i.e. assault, theft, drugs, fraud)

IMMEDIATELY report to your coach, sport administrator, Associate AD for Student Services (Mike Hanley) or SWA (Shelley Binegar).

12 Hour Rule

If applicable, contact the Counseling Center at (328-6661) and/or the Victim Advocate’s number (737-1466) for additional help and counseling.

Do you want to remain anonymous?

Yes

No (see reverse side)

Whomever you report to will work with the Assoc. AD to submit an anonymous report to the Office of Student Rights and Responsibilities. If the crime is also reportable under the Clery Act, an Anonymous Crime Reporting Form will be completed and sent to ECU Campus Police.

Depending on the situation (accused person is a student-athlete) the Director of Athletics may be notified and additional actions may be taken by the Department of Athletics within the Student-Athlete Code of Conduct guidelines.
No

Whomever you report to will work with the Assoc. AD to file an official report with the Office of Student Rights and Responsibilities. If the crime is a potential Title IX violation, an investigator will be assigned.

If the crime is reportable under the Clery Act, the Associate AD will complete a form and send to ECU Campus Police.

Title IX Investigator determines it was NOT a Title IX violation – refers the case to Director of OSRR to see if the ECU Student Code of Conduct was violated.

Title IX Investigator determines it WAS a Title IX violation – refers the case to the Title IX Office.

OSRR will investigate for violation of the ECU Student Code of Conduct.

Assoc. AD for Student Services will be point of contact for any updates.

Depending on the situation (accused person is a student-athlete) the Director of Athletics may be notified and additional actions may be taken by the Department of Athletics within the student-athlete Code of Conduct guidelines.
COMPLIANCE

East Carolina University (ECU) is committed and obligated to the principle of institutional control in operating its athletics programs. This task is accomplished by operating in accordance with NCAA, The American Athletic Conference and University rules and regulations. The charge of the ECU’s Athletics Office of Compliance is to not only educate, monitor and verify NCAA rules compliance for the athletic department, but also work collectively with the institution’s various constituency groups to ensure that policies and procedures are implemented to ensure that we are maintaining institutional control. The Office of Compliance strives to be proactive with education and the implementation of monitoring systems that are effective and efficient. To note, maintaining institutional control could not be possible without open communication with faculty, staff, student-athletes and the individuals that make up our great Pirate Nation. Therefore, we take pride in facilitating all compliance related inquiries expeditiously and in a friendly manor.

<table>
<thead>
<tr>
<th>Compliance Staff</th>
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</thead>
<tbody>
<tr>
<td>Name</td>
</tr>
<tr>
<td>Jamie Johnson</td>
</tr>
<tr>
<td>David Lipay</td>
</tr>
<tr>
<td>Kevin Nesfield</td>
</tr>
<tr>
<td>Jaryd Dubin</td>
</tr>
</tbody>
</table>

Transfer Procedure

As a student-athlete, the ECU Athletic Department strives to provide you with the best academic and athletic environment. However, there are occasions when student-athletes have reasons for requesting a transfer release. Regardless of scholarship status, all ECU student-athletes must have a release to attend another institution. Student-athletes should notify the Head Coach of a desire transfer and contact the Compliance staff to discuss sport specific rules regarding transfers. If a student-athlete is denied the opportunity to speak with other institutions or a transfer release, a hearing opportunity is provided. In addition, all student-athletes requesting a transfer release are asked to participate in an exist interview.

**** It is important to note a student-athlete can transfer even without a release from the institution. However, in order to be immediately eligible for competition, a one-time transfer release must be granted.

Summer School

Student-athletes who are planning to enroll in summer school must complete the following form. The following form should be completed by the student-athlete with their Academic Advisor and Head Coach. Forms will not be accepted, if not completed. Performance in summer school can affect scholarship allotment for fifth year aid.
SUMMER SCHOOL AID REQUEST FORM

Student-Athlete Profile
(To be completed by the Student-Athlete/Athletics Academic Coordinator)

Student Name: ___________________________ Date: ______________________
Banner ID#: ___________________________ Sport: ______________________

Academic Profile
(To be completed by Athletics Academic Coordinator)

Reason for Summer School Aid Request:
Eligibility □ On-time or decrease time to graduation □ Strengthen academic standing □
Other □ please explain ________________________________________________

Current GPA ________________ Classification ________________________
Major ________________ Double Major ________________ Dual Degree ________________
Hours required ________ Hours completed & enrolled ________ Hours remaining ________

Hours registered previous fall semester ______ Hours passed _____________
Hours registered current spring semester ______ Hours passed _____________

If student-athlete needs summer school for eligibility, check the satisfactory progress rule(s) that must be met based on the student-athlete’s current standing:

ECU retention GPA □ NCAA percentage of degree □
NCAA required GPA □ NCAA credit hours □

Hours Requested: 1st session: Campus ______ DE ________
If campus, are courses online? YES □ or NO □

2nd session: Campus ______ DE ________
If campus, are courses online? YES □ or NO □

11wk session: Campus ______ DE ________
If campus, are courses online? YES □ or NO □

__________________________________________
Academic Coordinator

__________________________________________
Date

Revised 1/30/2015
Recommended Summer Aid Amount
(To be completed by the Head Coach)

Grant Equivalency During Previous Regular Academic Year:

________________________  In-State or Out-of-State  Living Situation

Recommended Summer School Grant-In-Aid Award Amount (if different):

________________________  Equivalency

Head Coach  __________________________  Date

Athletic Aid Profile
(To be completed by the Office of Compliance)

Grant Equivalency During Previous Regular Academic Year: ______________________ / ______________________

Equivalency / In-State or Out-of-State

Summer Session(s) Requested and Amount(s) Requested:

1st  □ Tuition/Fees $________ Room $______ Board $______ Books $______ Total $______

2nd  □ Tuition/Fees $________ Room $______ Board $______ Books $______ Total $______

11-Wk  □ Tuition/Fees $________ Room $______ Board $______ Books $______ Total $______

________________________  Date

For Administrative Use Only

Equivalency Verified: ______________________  Dollar Amt. Eligible to Receive: ______________

________________________

Sport Administrator  ______________________  Budget Used: ______________________

Executive Associate AD  ______________________  ______________________

Amount to be awarded: 1stSS: 2ndSS: 11-Week:

1st  ______  T/F Only  T/F Only & Bks  Flat $ Amt.  Flat $ Amt. & Bks.  Full GIA & Bks.

2nd  ______  T/F Only  T/F Only & Bks  Flat $ Amt.  Flat $ Amt. & Bks.  Full GIA & Bks.

11-Wk  ______  T/F Only  T/F Only & Bks  Flat $ Amt.  Flat $ Amt. & Bks.  Full GIA & Bks.

Revised 1/30/2015
East Carolina University's Office of Student Development is committed to the success and graduation of our student-athletes by providing extensive services and diverse experiences in order to promote the development of academic achievement, leadership, and personal growth.

Our commitments are:

- To assist with the transition into college through academic counseling, orientation, and social activities.
- To support the efforts of every student-athlete to earn a degree.
- To encourage the development of values, emphasizing leadership qualities.
- To enhance interpersonal relationships and communication skills.
- To provide opportunities that instill life skills and ethics.
- To facilitate the fulfillment of career and personal goals of each student-athlete while in school and beyond.
- To safeguard the academic integrity of the University by ensuring compliance with all regulations put forth by the University and NCAA.

**Student Development Staff:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Sport</th>
<th>Email</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nita Boyce</td>
<td>Assistant Athletic Director</td>
<td>Men's Tennis, Women's Tennis</td>
<td><a href="mailto:Boyceo@ecu.edu">Boyceo@ecu.edu</a></td>
<td>737-4552</td>
</tr>
<tr>
<td>Brian O'Hara</td>
<td>Assistant Director</td>
<td>Football</td>
<td><a href="mailto:ohabar@ecu.edu">ohabar@ecu.edu</a></td>
<td>737-2554</td>
</tr>
<tr>
<td>Erica Banning</td>
<td>Academic Coordinator</td>
<td>Men's Basketball, Women's Golf, Volleyball</td>
<td><a href="mailto:banningel5@ecu.edu">banningel5@ecu.edu</a></td>
<td>737-4527</td>
</tr>
<tr>
<td>Abby DeHaas</td>
<td>Academic Coordinator</td>
<td>Football</td>
<td><a href="mailto:dehaass14@ecu.edu">dehaass14@ecu.edu</a></td>
<td>737-5382</td>
</tr>
<tr>
<td>Carlester Crumpler</td>
<td>Academic Coordinator</td>
<td>Soccer, Men's and Women's Track &amp; Field/XC</td>
<td><a href="mailto:crumplercc@ecu.edu">crumplercc@ecu.edu</a></td>
<td>737-4551</td>
</tr>
<tr>
<td>Sue Parisher</td>
<td>Academic Coordinator</td>
<td>Football</td>
<td><a href="mailto:donaldsons@ecu.edu">donaldsons@ecu.edu</a></td>
<td>737-1926</td>
</tr>
<tr>
<td>Rebecca Wade</td>
<td>Academic Coordinator</td>
<td>Baseball, Men's Golf, Softball</td>
<td><a href="mailto:mckenzier@ecu.edu">mckenzier@ecu.edu</a></td>
<td>737-4673</td>
</tr>
<tr>
<td>Leigh Cunius</td>
<td>Academic Coordinator</td>
<td>Women's Basketball, Men's and Women's Swimming &amp; Diving</td>
<td><a href="mailto:cunius15@ecu.edu">cunius15@ecu.edu</a></td>
<td>737-4630</td>
</tr>
<tr>
<td>Jennifer Bonner</td>
<td>Learning Specialist/ Tutor Coordinator</td>
<td>All</td>
<td><a href="mailto:Bonnerj@ecu.edu">Bonnerj@ecu.edu</a></td>
<td>737-4553</td>
</tr>
<tr>
<td>Cheryl Bright</td>
<td>Administrative Support</td>
<td>N/a</td>
<td><a href="mailto:Brightc16@ecu.edu">Brightc16@ecu.edu</a></td>
<td>737-4550</td>
</tr>
<tr>
<td>Kathy Pittman</td>
<td>Administrative Support</td>
<td>N/a</td>
<td><a href="mailto:pittmanka@ecu.edu">pittmanka@ecu.edu</a></td>
<td>737-4076</td>
</tr>
</tbody>
</table>
ATTENDANCE POLICY

The Athletics Department has an obligation to every students-athlete, the student-athlete’s family, and our university’s integrity to insure that ECU student-athletes have the very best opportunity to achieve academic success. In order to meet this obligation, GRADUATION MUST BE EVERY STUDENT-ATHLETE’S, EVERY COACH’S, EVERY ADMINISTRATOR’S TOP PRIORITY.

To pursue success in athletics, student-athletes must attend and be on time for every practice and meeting while respecting the team’s policies and procedures as well as individual teammates and coaches. That is also the expectation for student-athletes academically – to attend and be on time for every class and academic appointment while respecting the university’s policies and procedures as well as their individual classmates, professors and academic coaches.

CLASS ATTENDANCE
Regular attendance in class sessions is a critical component of a student-athlete’s academic progress and success. This class attendance policy requires student-athletes to attend classes daily and complete all assigned academic work to avoid academic failure. Student-athletes must be on time for their classes and prepared with all necessary textbooks and course assignments.

DISCIPLINARY ACTIONS
This policy applies to all terms including summer.

- **1 Unexcused Absence:**
  - E-mail warning from the sport administrator to coach and student-athlete.
  - Parents may be notified.*

- **2 Unexcused Absences in the same class:**
  - E-mail warning from the sport administrator to coach and student-athlete.
  - Miss the next practice session.
  - Parents may be notified.*

- **3 Unexcused Absences in the same class:**
  - E-mail from sport administrator to student-athlete, coach.
  - Suspension from next scheduled competition.
  - Parents will be notified informing them about the sanctions for the next two violations, e.g. suspension from additional competitions and possible scholarship cancellation.*

- **4 Unexcused Absences in the same class:**
  - Suspension from next competition(s) as follows:
    - 1 competition – cross country, football, golf, soccer, swimming, track
    - 2 competitions – basketball, tennis, volleyball
    - 3 competitions – baseball, softball
  - E-mail from sport administrator to student-athlete and coach.

- **5 Unexcused Absences in the same class:**
  - Suspension for the remainder of season (practice and competition).
  - May result in cancellation of scholarship for next semester (Letter sent from the Director of Athletics).
  - Meeting occurs with student-athlete, sport administrator, coach, Assistant
  - Athletics Director for Student Development.
ACADEMIC INTEGRITY

Academic integrity is expected of every East Carolina University student. Academically violating the Honor Code consists of the following:

- Cheating: The giving or receiving of any unauthorized aid or assistance or the giving or receiving of unfair advantage on any form of academic work.
- Plagiarism: Copying the language, structure, ideas, and/or thoughts of another and adopting those as one’s original work.
- Falsification: A statement of untruth, either verbal or written, regarding any circumstances relating to academic work.
- Multiple submission: Submission of substantial portions of academic work for credit more than once without authorization from the second faculty member to receive the work.
- Violation assistance: Knowingly assisting someone in committing an act that constitutes a violation of the academic integrity policy.
- Violation attempt: Attempting any act which if completed would constitute an academic integrity violation as defined above.
- Procedures governing academic integrity violations are described in the ECU student handbook.

Student-athletes must be even more careful to practice integrity in their work to ensure they do not violate NCAA policies of academic misconduct or commit academic fraud.

<table>
<thead>
<tr>
<th>DO NOT</th>
<th>DO</th>
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<tbody>
<tr>
<td>Ask for help on a test or quiz – whether it’s online or hard copy.</td>
<td>Ask for help to prepare for a test or quiz beforehand.</td>
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<tr>
<td></td>
<td>Learn the process of how to find the solution/answer on your own.</td>
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<tr>
<td>Turn in academic work that is not yours.</td>
<td>Do your own work!</td>
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<tr>
<td></td>
<td>Professors learn their students and the quality of their work.</td>
</tr>
<tr>
<td></td>
<td>They will know if you submit falsified or plagiarized work.</td>
</tr>
<tr>
<td>Have someone else write or type papers for you.</td>
<td>Make papers from your own original thoughts and ideas.</td>
</tr>
<tr>
<td></td>
<td>It is fine to get input once you have some general ideas on paper</td>
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<tr>
<td></td>
<td>or receive assistance getting started if you don’t understand</td>
</tr>
<tr>
<td></td>
<td>the assignment. (This includes having someone from home doing</td>
</tr>
<tr>
<td></td>
<td>the work.)</td>
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<tr>
<td>Work together on online quizzes/tests.</td>
<td>Complete tests and quizzes independently.</td>
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<tr>
<td></td>
<td>Quizzes and tests done outside of the classroom should be</td>
</tr>
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<td></td>
<td>treated the same as those inside the classroom.</td>
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</tbody>
</table>
ACADEMIC MISCONDUCT POLICY

Principle of Academic Integrity:
Academic integrity ensures that students derive optimal benefit from their educational experience and their pursuit of knowledge. Violating the principle of academic integrity damages the reputation of the university and undermines its educational mission. Academic honor is the responsibility of every ECU student and faculty member.

Academic Integrity Violations:
- Academically violating the Honor Code consists of the following:
  - Cheating- unauthorized aid or assistance or the giving or receiving of unfair advantage on any form of academic work.
  - Plagiarism- Copying the language, structure, ideas, and/or thoughts of another and adopting same as one’s own original work.
  - Falsification/Fabrication- Statement of any untruth, either spoken or written, regarding any circumstances relative to academic work.
  - Multiple Submission- The submission of substantial portions of the same academic work for credit more than once without authorization from the faculty member who receives the later submission.
  - Violation Assistance- Knowingly helping or attempting to help someone else in an act that constitutes an academic integrity violation.
  - Violation Attempts- Attempting any act that if completed would constitute an academic integrity violation as defined herein.

The faculty member has original jurisdiction in all suspected violations related to class requirements. In cases of an academic integrity violation not related to a class requirement or activity, the matter will be referred directly to the University Academic Integrity Board. Taken from the ECU Student Handbook, http://www.ecu.edu/csstudentlife/policyhub/academic_integrity.cfm

Disciplinary Actions:
If a student-athlete is found to be in violation of the University's Academic Integrity Policy, after exhausting the University’s process, (complete process found at http://www.ecu.edu/csacad/fsonline/customcf/currentfacultymanual/part6section2.pdf), the Department of Athletics will issue a mandatory one-game suspension. Suspension will be for the next scheduled competition (does not include scrimmages, exhibitions or non-championship season competitions but does include post-season). Multiple and/or repeat violations could result in more severe penalties including but not limited to dismissal from the team and loss of athletic aid.
DRUG TESTING POLICY

Points of Emphasis:
1. All athletes will be given written notification prior to testing. This may be immediate or up to 24 hours prior to the test.
2. Except in cases of reasonable suspicion, student-athletes are selected randomly. This is achieved through a computerized random selection generator.
3. Every sport is eligible to be tested on each testing date.
4. Reasonable suspicion tests are performed at the discretion of the Director of Athletics. Cause for reasonable suspicion testing is explained in the Drug Testing packet.
5. A missed test is considered a positive.
6. An outside lab will conduct the sample collection and perform the testing. ECU personnel are not involved in any of the process.
7. The East Carolina University Drug Testing and Education Program are not the same as the NCAA Drug Testing Program.

General Information and Testing Procedures:
1. A written description of the program will be posted at www.ecupirates.com.
2. The program will be explained to each student-athlete by a member of the ECU Athletic Training Staff.
3. A report of a negative test result will normally be returned in 24 hours. Result of a positive test is normally returned within 72 hours. Strict confidentiality will be maintained regarding all test results.
4. A written notification for testing and authorization for limited release of information will be signed by each student-athlete upon complete understanding of the program, and student-athletes will have the opportunity to get clarification of any questions they may have.
5. The preferred collection method is a urine sample. However, alternative collection methods such as an oral swab may be utilized.
6. The test may be conducted to include, but not limited to, any or all of the classifications below:
   - Amphetamines
   - Cannabinoids (marijuana and THC)
   - Synthetic cannabinoids (Spice, i.e.)
   - Cocaine and metabolites
   - Opiates
   - Phencyclidine
   - Anabolic steroids
7. Test results will be reported by the lab to the Team Physician. The Team Physician will notify the Associate Director of Athletics for Student Services and the Director of Athletics (or designee). The Director of Athletics or designee will notify the student-athlete’s coach.
8. Nutritional supplements sold legally over the counter may contain banned substances, and supplement manufacturers are not required to list all ingredients in their products. The NCAA has strict rules on which supplements are permissible and which are not. Those that are permissible include:

- Carbohydrate/electrolyte drinks (such as Powerade)
- Carbohydrate boosters
- Energy Bars
- Vitamins
- Minerals

The ECU Athletic Department does not advocate the use of nutritional supplements other than those allowed by the NCAA or prescribed by a physician for a medical condition. Taking nutritional supplements, even those purchased over-the-counter, may result in a positive drug test and affect a student-athlete’s eligibility status. For questions regarding whether a nutritional supplement contains banned substances, see a member of the ECU Athletic Training Staff or visit the National Center for Drug Free Sport Exchange Center (REC) Web site at http://www.drugfreesport.com/rec/. Click on the NCAA icon. The organization is NCAA I and the password is NCAA1. Go to the link “Ask About Dietary Supplements” and complete the form. You will need to know the name of the supplement and the manufacturer. It is recommended that if you have had a supplement reviewed by the REC, you resubmit the information at various times as the manufacturers may change the formula without notice.

Positive Drug Test Consequences:

1. First Positive Test
   - Meet with Head Coach and parent/guardian is called in the presence of the Head Coach and Sport Administrator
   - Meet with the Team Physician
   - Referral to Substance Abuse Counselor
   - Repeat testing minimally on each scheduled Department test thereafter.
   - Immediate suspension for 10% of a team’s regularly scheduled contests. Post-season games may be included in the games total

2. Second Positive Test
   - Meet with Head Coach. Parents are called as with a 1st positive test
   - Immediate suspension for 50% of a team’s regularly scheduled contests Post-season games may be included in the games total
   - Meet with Team Physician to determine level of counseling and repeat testing schedule
   - Referral to Substance Abuse Counselor
   - Repeat testing minimally on each scheduled Department test thereafter

3. Third Positive Test
   - Permanent cancellation of eligibility at East Carolina University
   - Notification of parents
   - Counseling and rehabilitation

Positive tests are cumulative over a student-athlete’s career. A hearing and appeals process is provided and explained in the policy.
LIFE SKILLS

The Life Skills department develops and implements innovative programs and individualized support services that empower student-athletes to make positive contributions to their communities and put them in a position to succeed in college and in life. Life Skills focuses on seven commitments: above and beyond, athletic excellence, career development, community outreach, personal development, scholarly success, and teams for teams. The Life Skills Department uses athletic, campus, and community resources to help educated student-athletes in these different areas. Along with these components, the program is dedicated to establishing a structured and influential Student-Athlete Advisory Committee (S.A.A.C).

ECU Athletics Life Skills Commitment Areas:

- Above & Beyond- to provide student-athletes the opportunity to attend workshops and events in areas that interest them, but do not have required attendance.
- Academic Excellence/Scholarly Success- to support the academic progress of the student-athlete towards intellectual development and graduation.
- Athletic Excellence- to build philosophical foundations for the development of athletic programs that are broad-based, equitable, and dedicated to the well-being of the student-athlete.
- Career Development- to encourage the student-athlete to develop and pursue career and life goals.
- Community Outreach- to engage the student-athlete in service to his/her campus and surrounding community.
- Personal Development- to support the well balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth, and decision making-skills.

Community Service

Student-athletes are encouraged to participate in volunteer and community service efforts throughout their college experience. Each team partners with local community organization and volunteers time at all community-wide events. Along with large volunteer efforts, student-athletes show community support with visits to local hospitals, Pitt County schools, the Boys and Girls Club of Coastal Plains, and various charity events. Community organizations can request ECU student-athletes to attend local outreach events via the Life Skills Coordinator. Community service helps maintain and improve the positive relationship between student-athletes and the surround community.
Student-Athlete Advisory Committee (SAAC)
East Carolina University’s Student-Athlete Advisory Committee (SAAC) is a group of diverse student leaders that promotes a positive experience for student-athletes through effective means of communication. SAAC serves as the voice for the student-athletes to athletic administration, coaches, and on-campus representatives. SAAC gives student-athletes proficiency in future career paths and personal development throughout their college career. SAAC serves student-athlete needs and seeks opportunities that encourage excellence on the field, the classroom, in the community, and in life.

Goals:
1. Foster Student-Athlete Welfare
2. Improve Team Relations via Teams for Teams
3. Increase involvement in the Pitt County Community

Executive Council:
- President: Jake Pierce, Men’s Swimming and Diving
- Vice President: Pol Solanellas, Men’s Cross Country
- External Operations Director/Campus Representative: Megan Williams, Volleyball
- Community Service Coordinator: Austin Allen, Men’s Tennis
- Program Director: Charlie Yorgen, Baseball
COMMONLY USED RESOURCES

ATHLETICS:
Athletic Training: 737-4560

Sport Nutrition: 328-6841
Speak with Athletic Trainer first

Career Services: Sarah Lage
328-6050 | lages@ecu.edu

Faculty Athletic Representative (FAR): Dr. Cal Christian
737-1053 | christiang@ecu.edu

CAMPUS:
Undergraduate Academic Advising
2500 Old Cafeteria Building
(252) 328-6001
http://www.ecu.edu/advising/

Admissions
106 Whichard Building
(252) 328-6640
http://www.ecu.edu/admissions

Campus Dining
Todd Dining Hall
(252) 328-3663
http://www.ecu.edu/dining

Campus Living
Suite 100, Jones Hall
(252) 328-4663
http://www.ecu.edu/campusliving

Cashiers Office
105 Old Cafeteria Building
(252) 737-6886
http://www.ecu.edu/financial_serv/cashier

Financial Aid
2103 Old Cafeteria Building
(252) 328-6610
http://www.ecu.edu/financial

Office of Equality and Diversity
Old Cafeteria Complex, Suite G-406
(252) 328-6804
http://www.ecu.edu/studentlife/scr

http://www.ecu.edu/edc

Student Health Services
1000 E. Fifth St
(252) 328-6841
http://www.ecu.edu/studenthealth

Parking
305 E. Tenth St
(252) 328-6294
http://www.ecu.edu/parking

Pirate Tutoring Center
Old Cafeteria Complex, 2300 Wing
(252) 737-3009
http://www.ecu.edu/cs-acad/aa/piratetutoringcenter

Registrar Office
207 East Fifth Street
(252) 328-6524
http://www.registrar.ecu.edu

University Police
609 E. Tenth St
(252) 328-6787
http://www.ecu.edu/police
OTHER INFORMATION

E.C. VICTORY:

Cheer for East Car’lina,
Cheer for old E.C.,
We know we’re the finest,
Onward to victory,
GO PIRATES!

Cheer for East Car’lina,
Cheer on for old E.C.,
Loyal and Bold,
We’re the purple and gold,
WE ARE THE PIRATES OF E.C.U.!

Student-Athletes are responsible for being familiar with and abiding by the information presented in the Student-Athlete Handbook. East Carolina University prohibits unlawful discrimination based on the following protected classes: race/ethnicity, color, genetic information, national origin, religion, sex (including pregnancy and pregnancy related conditions), sexual orientation, gender identity, age, disability, political affiliation, and veteran status.

All information is accurate as of July 21, 2016.