

CADET-ATHLETE HANDBOOK



2015-16

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Dear Cadet-Athlete,

Welcome to Army West Point and congratulations on your decision to serve our country. Your 47-month journey will be exciting and challenging as you navigate your responsibilities in athletics, academics and military training. Please know that you are the focus of our department every day and our goal is to provide you the resources necessary to achieve at your maximum potential in all three pillars at Army West Point.

As an intercollegiate athlete at Army West Point, you play a special role in representing the Academy. This handbook has been prepared to provide an overview of the expectations, policies and available services that accompany your participation in our intercollegiate athletic program here at Army West Point.

The entire staff of the Academy is committed to helping your leadership development and we are here to help. We strongly encourage you to strive to achieve your maximum potential in every aspect of your Army West Point experience, we believe we can do it all and do it right!

Do not hesitate to utilize the knowledge and expertise of our staff as resources at any time, and in any aspect of your cadet or personal life. Again, we are committed to providing you with the best possible experience during your Army West Point career.

Trust, passion and hard work are the hallmarks of a Army West Point cadet-athlete. As a staff, we commend you on your decision to embody all the values that make the Academy such a special place.

Beat 'em all!

Eugene F. Corrigan, Jr.
Director of Intercollegiate Athletics



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Sociology Department • West Point, New York 10996 • Phone: (845) 938-2800

Dear Cadet-Athlete,

Congratulations! You have earned the distinct honor of representing the Academy and the Army as a cadet-athlete. You also have the great opportunity to learn, grow, and develop as a leader of character through intercollegiate sports. Sports at the Division 1 level is an excellent leader development opportunity, so I urge you to make the most of this experience.

As a cadet-athlete, you also have an added responsibility to set the example here at the Academy and at other institutions. I ask for you to focus on respect in words and deeds not just during competitions, at practice, in the barracks, in the classroom, but everywhere and always.

My role as the Academy's Faculty Athletic Representative is to ensure the welfare of the cadet-athlete, so I highly encourage you to communicate freely with your coaches, staff, and faculty. With this in mind, I also want to highlight the Officer Representative (OR) program, comprised of staff and faculty, both civilian and military, that is unique to our institution. Your OR is there to help with any concerns, provide mentorship, and support your academic, military, physical, and personal development. Please consider me a resource as well; my door is always open.

Again, congratulations on all you have achieved, and I look forward to cheering you on as you compete on the "fields of friendly strife," excel in the classroom, and lead the Corps. Go Army West Point! Beat Navy!

A handwritten signature in black ink that reads "Cindy R. Jebb".

Sincerely,

Colonel Cindy R. Jebb, Ph.D.
Faculty Athletic Representative



Mission Statements

United States Military Academy

To educate, train and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and prepared for a career of professional excellence and service to the Nation as an officer in the United States Army.

Army West Point Athletics

To provide an extraordinary Division I athletic experience that develops leaders of character committed to the values of Duty, Honor, Country.

United States Military Academy History and Traditions

The History

West Point's role in our nation's history dates back to the Revolutionary War, when both sides realized the strategic importance of the commanding plateau on the west bank of the Hudson River. General George Washington considered West Point to be the most important strategic position in America. Washington personally selected Thaddeus Kosciuszko, one of the heroes of Saratoga, to design the fortifications for West Point in 1778, and Washington transferred his headquarters to West Point in 1779. Continental soldiers built forts, batteries, and redoubts and extended a 150-ton iron chain across the Hudson to control river traffic. Fortress West Point was never captured by the British, despite Benedict Arnold's treason. West Point is the oldest continuously occupied military post in America.

Several soldiers and legislators, including Washington, Knox, Hamilton and John Adams, desiring to eliminate America's wartime reliance on foreign engineers and artillerymen, urged the creation of an institution devoted to the arts and sciences of warfare.

President Thomas Jefferson signed legislation establishing the United States Military Academy in 1802. He took this action after ensuring that those attending the Academy would be representative of a democratic society.

Colonel Sylvanus Thayer, the "father of the Military Academy," served as Superintendent from 1817-1833. He upgraded academic standards, instilled military discipline, and emphasized honorable conduct. Aware

of our young nation's need for engineers, Thayer made civil engineering the foundation of the curriculum. For the first half century, USMA graduates were largely responsible for the construction of the bulk of the nation's initial railway lines, bridges, harbors, and roads.

After gaining experience and national recognition during the Mexican and Indian wars, West Point graduates dominated the highest ranks on both sides during the Civil War. Academy graduates, headed by generals such as Grant, Lee, Sherman, and Jackson, set high standards of military leadership for both the North and South.

The development of other technical schools in the post-Civil War period allowed West Point to broaden its curriculum beyond a strict civil engineering focus. Following the creation of Army post-graduate command and staff schools, the Military Academy came to be viewed as the first step in a continuing Army education.

In World War I, Academy graduates again distinguished themselves on the battlefield. After the war, Superintendent Douglas MacArthur sought to diversify the academic curriculum. In recognition of the intense physical demands of modern warfare, MacArthur pushed for major changes in the physical fitness and intramural athletics programs. "Every cadet an athlete" became an important goal. Additionally, the cadet management of the Honor System, long an unofficial tradition, was formalized with the creation of the Cadet Honor Committee.

Eisenhower, MacArthur, Bradley, Arnold, Clark, Patton, Stilwell, and Wainwright were among an impressive array of Academy graduates who met the challenge of leadership in the Second World War. The postwar period again saw sweeping revisions to the West Point curriculum resulting from the dramatic developments in science and technology, the increasing need to understand other cultures, and the rising level of general education in the Army.

In 1964, President Johnson signed legislation increasing the strength of the Corps of Cadets from 2,529 to 4,417 (more recently reduced to 4,000). To keep up with the growth of the Corps, a major expansion of facilities began shortly thereafter.

In concert with the increasing role of minorities and women in society and the military over the past three decades, greater numbers of minorities and the first women were brought to the Military Academy and

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the Corps of Cadets. Their presence has enhanced the quality and maintained the traditional representativeness of the institution.

In recent decades, the Academy's curricular structure was markedly changed to permit cadets to major in any one of more than a dozen fields, including a wide range of subjects from the sciences to the humanities.

Academy graduates are awarded a bachelor of science degree and a commission as a second lieutenant in the U.S. Army, serving a minimum of five years on active duty.

The Academy continues to ensure that all programs and policies support the needs of the Army and nation now as well as in the foreseeable future. The Academy, with its long and noble history, remains an energetic, vibrant institution that attracts some of the best and brightest young men and women. It offers a challenging and comprehensive array of opportunities while retaining its enduring commitment to Duty, Honor, Country.

The United States Military Academy Mascot

The choice of the mule as a mascot reflects the long-standing usefulness of this animal in military operations – hauling guns, supplies, and ammunition. Strong, hearty and persevering, the mule is an appropriate symbol for the Corps of Cadets.

The first Army West Point mule, however, pulled an ice wagon. He became a mascot when an officer at the Philadelphia Quartermaster Depot decided that Army needed something to counter the Navy goat in the 1899 game between the rival service academies. So the ice-wagon mule – an oversized white animal – was curried and groomed, then outfitted with leggings, a collar, and a gray blanket. Black, gold, and gray streamers fluttered from the mule's ears and tail.

The first meeting between the two mascots ended, according to Military Academy legend, when the mule whirled and “hoisted that astonished goat toward the Navy stands to the delight of the yelling, laughing crowd.” Twenty-five thousand people saw that game, a huge crowd for that time. It was the first Army-Navy game in Franklin Field at Philadelphia and Army won, 17-5.

The United States Military Academy Alma Mater
Hail, Alma Mater dear
To us be ever near.
Help us thy motto bear
Through all the years.
Let Duty be well performed.
Honor be e'er untarned
Country be ever armed.
West Point, by thee.

Guide us, thine own, aright
Teach us by day, by night
To keep thine honor bright
For thee to fight.

When we depart from thee,
Serving on land or sea,
May we stand loyal be,
West Point, to thee

And when our work is done,
Our course on earth is run,
May it be said, “Well done”
Be thou at peace.”
E'er may that line of gray
Increase from day to day
Live, serve, and die, we pray,
West Point, for thee.

P.S. Reinecke, 1911

Army A Club

As the fundraising arm of Army West Point Athletics, the Army A Club is responsible for generating support for the purpose of enriching the cadet-athlete experience at the United States Military Academy. The financial support from generous donors contributes to the program's long term growth and prosperity. It also supports the Academy's overall mission of producing leaders of character by providing an extraordinary Division I athletic experience for our over 900 cadet-athletes.

For their tax-deductible gifts, members of the Army A Club receive benefits that are intended to thank them for their generosity, and allow dedicated supporters to stay involved and well informed about the Army West Point Black Knights. Included in a wide range of great benefits, A Club members receive premium parking at football games, preferred seat locations at various venues, invitations to special events, and most importantly the gratification associated with impacting the cadet-athlete experience.

The Army A Club is not only the best way to support cadet-athletes, but also essential to the success of our 27 Division I athletic teams. By supporting the Army A Club, donors help Army West Point Athletics meet its financial needs, support its tremendous cadet-athletes, and maintain its high standard of excellence both now and in the future.

For more information about the Army A Club, visit <http://www.goarmywestpoint.com/sports/aclub/>.

Conduct and Sportsmanship

Overview

Cadet-athletes are bound by the same code of conduct that applies to the entire Corps of Cadets. The rules, regulations, and policies that apply to cadets are published in the USCC Standard Operating Procedure and other cadet-related publications. Since these publications are updated regularly, it is the responsibility of each cadet-athlete to obtain the most recent copies. Most of these publications can be found on the USMA website (www.usma.edu) or by contacting the Brigade Tactical Officer.

Cadet Honor Code

At West Point, character development is not an iso-

lated program under the auspices of one agency; it is integrated across the entire West Point experience, to include the academic, military, and physical programs.

It is essential to the development of Army leaders that all activities at West Point are conducted within an environment of high moral and ethical standards.

Cadets learn about and prepare for the ethical demands of officership by living under the dictates of an Honor Code, which states: "A Cadet will not lie, cheat, steal, or tolerate those who do." Its purpose is to foster a commitment to moral-ethical excellence and inspire an insight into the broader, more comprehensive professional military ethic.

Corps Values

Occasionally, sports teams experience difficulties integrating group loyalties into the broader context of institutional values. To avoid conflicting loyalties, cadet-athletes must strive to remain active and contributing parts of the Corp of Cadets. They must guard against prioritizing friendship and team loyalties over broader institutional norms. A cadet-athlete must always be considerate of others; he or she must never ask teammates to choose between friendship and USMA standards.

Cadet-athletes often receive opportunities that are less frequently available to other members of the Corps. Consequently, they are held to a higher level of scrutiny and accountability. This can be a difficult burden to bear, but cadet-athletes must always conduct themselves in a manner that reflects positively on themselves, their teams, and the United States Military Academy.

Sexual Harassment and Sexual Assault

The Army, The United States Military Academy, and Army West Point Athletics take the issues of sexual harassment and sexual assault very seriously. A cadet-athlete is expected to promote an atmosphere of respect at all times. If a cadet-athlete witnesses something he or she believe may constitute either sexual harassment or sexual assault, he or she is expected to take immediate steps to correct the situation.

The Department of Defense has defined sexual harassment as a form of sex discrimination that involves unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when:

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- Submission to or rejection of such conduct is made either explicitly or implicitly a term or condition of a person's job, pay or career, or:
- Submission to or rejection of such conduct by a person is used as a basis for career or employment decisions affecting that person, or:
- Such conduct has the purpose or effect of unreasonably interfering with an individual's work performance or creates an intimidating, hostile, or offensive working environment.

Any person in a supervisory or command position who uses or condones implicit or explicit sexual behavior to control, influence, or affect the career, pay, or job of a soldier or civilian employee is engaging in sexual harassment. Similarly, any soldier or civilian employee who makes deliberate or repeated unwelcome verbal comments, gestures, or physical contact of a sexual nature is engaging in sexual harassment.

Harassment in any form and for any reason is unacceptable behavior and is not tolerated. Harassment exists if the receiver of the behavior determines that it is unwanted or inappropriate. Individuals observing such behavior or being victimized by harassment are encouraged to immediately report it in order to correct the situation and prevent future incidents. Appropriate actions may include directly confronting the individual responsible for the harassment, reporting the incident through the chain of command, and, if necessary, filing a complaint with the USCC Equal Opportunity Advisor. Complaints may also be filed with the Office of the Inspector General, legal assistance officers, chaplain, or Company Tactical Officer.

Information regarding the Army's Sexual Harassment/Assault Response & Prevention (SHARP) program can be accessed at: <http://www.army.mil/sharp/> and <http://www.sexualassault.army.mil/>.

USMA Alcohol Policy Alcoholic Beverages

a. Army policy emphasizes responsible behavior concerning alcohol consumption. Soldiers who abuse or misuse alcohol degrade their effectiveness as leaders and seriously jeopardize their careers. Alcohol is a drug that can become habit-forming and detrimental to one's health. The decision to consume alcohol requires careful consideration and safety awareness. It is the duty of military leaders to act responsibly and provide for the proper health, welfare, and training of subordinates. Accordingly, at any function at which alcohol is served, non-alcoholic beverages must also

be served in adequate quantities. The United States Military Academy does not condone illegal alcohol consumption, possession, or trafficking.

b. Laws and Social Mores. Society has established specific laws to regulate the use of alcohol and related offenses due to the serious nature of alcohol use. Cadets are subject to New York State law. When in doubt, the best course of action is to refrain from alcohol consumption.

c. First/Second Class Club. To foster an environment of responsible drinking a First/ Second Class Clubs will not serve hard liquor or beer towers.

(1) Guard Force: Only First Class Cadets will serve as guard force for First and Second class clubs. These cadets are responsible for maintaining good order and discipline of the club by ensuring responsible alcohol consumption by cadets and guests.

(2) BDO will accompany the OC and conduct nightly visits to the First/Second Class Clubs in order to ensure cadets and guests are behaving and drinking responsibly.

d. Responsibilities.

(1) Cadets assume full responsibility for all improper behavior and consequences as a result of their decision to consume alcohol. Cadets cannot blame improper conduct or displays of poor judgment on alcohol impairment. Cadets must understand that the responsibilities of an impending duty demand their total attention and ability to make sound decisions without impairment. A leader's judgment and self-control become subject to question and compromise after any amount of alcohol is consumed.

(2) Cadets will comply with state and local laws regarding possession, consumption, purchase, and trafficking of alcohol.

(3) Misconduct associated with any alcohol-related offense is a serious issue. Alcohol related misconduct, (e.g. DWI, DUI, DWAI, underage drinking, serious misbehavior) may be considered for appropriate action under the Cadet Disciplinary Code. In the most egregious circumstances, action under the Uniform Code of Military Justice may be applicable. A cadet who receives two Article 10s for alcohol-policy violations, as defined in this chapter, will undergo a Conduct Review,

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which could lead to a Conduct Investigation and potential separation from the Academy (see USCC REG 351-1 and 351-2).

(4) Cadets are responsible to advise their guests, hosts, and mentors of USCC regulations pertaining to consumption of alcohol. Members of the staff, faculty, team coaches, officer representatives, parents and guardians also assume responsibility to understand the regulations and for the conduct of their cadet guests. Cadets also have the responsibility of enforcing USCC regulations pertaining to consumption of alcohol.

Condoning

a. Chain of Command members of a cadet suspected of committing an alcohol-related offense (e.g. DWI, DUI, DWAI, underage drinking, serious misbehavior while intoxicated) must take action to investigate the allegation and are required to report the incident up the chain of command to the Company/Regimental Tactical Officer. This mandate includes Team Captains and those cadets operating in an official capacity during the time of an incident (e.g. CCQ, UDO, CDO, RDO, Courtesy Patrol Guard, BDO) A failure to investigate and report constitutes toleration of an alcohol related offense, and subjects the COC member, Team Captain, and/or duty officer to punishment under the Cadet Disciplinary Code. In the most egregious circumstance action under the Uniform Code of Military Justice may be applicable.

b. Cadets that are not in the chain of command must take corrective action, and should report the incident to the chain of command. A failure to investigate and report by a non chain of command member as defined above does not constitute toleration of an alcohol related offense.

CARD

Alcohol and drug counseling services are available at the Community Counseling Center and at the Center for Personal Development. Cadets are encouraged to take advantage of the programs and information offered by these counseling services.

For more information regarding USMA's alcohol policy, including specific geographical limitations for the authorized consumption of alcohol, see the USCC Standard Operating Procedure.

USMA Illicit Drug Policy

a. **Illegal Use.** Leaders do not use illicit drugs. The United States Corps of Cadets has zero tolerance for

the use of illegal drugs. In addition to the provisions of the USCC SOP, cadets are reminded that they are subject to the Uniform Code of Military Justice, AR 600-85 (Army Substance Abuse Program), and all other applicable laws, policies, and regulations. Absent a purpose that is found to be legitimate by a military physician, Cadets are prohibited from using or possessing any substance listed in Schedules I through V of section 202 of the Controlled Substances Act (21 USC 812), including – but not limited to – opium, heroin, cocaine, amphetamine, lysergic acid diethylamide (LSD), methamphetamine, phencyclidine, barbituric acid, marijuana, or any compound or derivative of any such substance. Any cadet who manufactures, possesses, distributes, or uses any illicit drug may be subject to court-martial under the Uniform Code of Military Justice, or to actions under Regulations, USMA.

b. **Drug-Related Paraphernalia.** Cadets are prohibited from possessing or using drug-related paraphernalia unless the articles are specifically authorized by a military physician.

c. **Supplements or Synthetic Drugs.** Cadets shall not use, possess, or distribute – or attempt to use, possess, or distribute – any substance containing ephedrine (with the exception of over-the-counter cold medicines), synephrine (a.k.a. Bitter Orange), androstenedione, or any related compound. Cadets are specifically prohibited from using or possessing the substance commonly known as 'Spice', a chemically-augmented herbal substance marketed under a number of commercial names (including – but not limited to – Spice, Genie, K2, Skunk, Spice Diamond, Spice Gold, Spice Silver, Yucatan Fire, and / or Zohai). The term 'use' means ingesting, smoking, inhaling, burning in order to inhale the smoke thereby produced, or otherwise consuming. The possession or use of anabolic steroids, human growth hormone (HGH), gamma hydroxy butyrate (GHB), gamma butyrolactone (GBL), and their related compounds, is prohibited.

Cadet-athletes are also subject to NCAA and Army West Point Athletics drug policies and drug-testing procedures. See *Drug Testing and Banned Substances*. For a complete list of substances banned by the NCAA, see *Appendix C*.

Use of Tobacco Products

The use of tobacco products (to include, but not limited to, smoking, chewing, dipping, and snuff) is highly discouraged at all times, but especially in and

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around USMA grounds. The use of all tobacco products is prohibited in the cadet barracks and in academic buildings. Cadets who smoke, chew, dip, or use snuff must use designated tobacco-use areas located in and around the Cadet Area. For more information regarding USMA's tobacco policy, see the USCC Standard Operating Procedure.

NCAA rules prohibit the use of tobacco products by a cadet-athlete during practice and competition. A cadet-athlete who uses tobacco products during a practice or competition will be disqualified for the remainder of that practice or competition.

Sportsmanship

The United States Military Academy places great importance on the principle of sportsmanship and the ideal of pursuing victory with honor. Participation in USMA's intercollegiate athletics programs is a privilege, not a right. To earn that privilege, administrators, coaches, and cadet-athletes must conduct themselves as positive role models who exemplify good character. Preceding, during, and following athletics events, cadet-athletes must:

- Exhibit respect and courtesy toward all participants, including opposing student-athletes, opposing coaches, and officials;
- Exercise restraint in their actions, both physical and verbal, towards other participants;
- Comment about other institutions, coaches, and student-athletes only in a positive manner; and
- Refrain from making public comments critical of officials or the quality of their work.

Failure to respect these standards may result in a penalty as prescribed by the Director of Intercollegiate Athletics and/or the applicable athletics conference.

Cadet-Athlete Grievances

The United States Military Academy has established several avenues for cadet-athletes to express their concerns and grievances. The Director of Intercollegiate Athletics, the Faculty Athletic Representative, and individual sport supervisors have open-door policies, and they are always willing to hear cadet-athlete concerns. It is recommended that you schedule an appointment before visiting them. You may also contact your Company Tactical Officer or Officer Representative to discuss issues related to the athletics program. The phone numbers of many of these individuals are listed in the directory included in this handbook. Additionally, each team has a representative on the Student-Athlete Advisory Committee (SAAC)

through whom issues can be brought to the attention of the athletic department.

Eligibility

Overview

In order to fully participate in intercollegiate athletics, a cadet-athlete must remain eligible. This section details some of the most important eligibility requirements to which cadet-athletes are subject. Please note: in order to travel with a team and receive expenses, a cadet-athlete must be eligible for the activity with which the travel and expenses are related (e.g., competition, practice, etc.).

NCAA Paperwork

At the beginning of the academic year, each cadet-athlete is required to fill out and sign several documents in order to be certified as eligible for practice and competition.

By signing the NCAA Student-Athlete Statement, the cadet-athlete acknowledges that she or she has had the opportunity to read and understand important NCAA rules. He or she also certifies that, to the best of his or her knowledge, he or she has not been involved in any NCAA violations that have not been properly reported. A cadet-athlete must also sign the Buckley Amendment Consent Form. This document authorizes USMA, athletics conferences associated with USMA, and the NCAA to access the cadet-athlete's educational records for purposes of eligibility certification. Finally, a cadet-athlete must sign the NCAA Drug-Testing Consent form. By signing this form the cadet-athlete consents to random drug testing by the NCAA and associated penalties. Failure to sign any of these documents will result in immediate ineligibility for practice and competition. If a cadet-athlete has questions regarding the signing of these forms, he or she is encouraged to contact a Compliance staff member.

Medical Examination or Evaluation

Prior to participation in any athletics activity (e.g., tryout, practice, competition), a cadet-athlete beginning his or her first season of eligibility must undergo a medical examination or evaluation administered or supervised by a physician. The examination or evaluation must be administered within six months of the start of athletics activity. In subsequent years, an updated medical history of the cadet-athlete must be

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administered by an institutional medical staff member to determine if additional examinations are required. The updated history must be administered within six months of the start of athletics activity in the applicable academic year. The Army West Point Athletics Training staff is responsible for certifying your medical eligibility in accordance with these rules.

Clock

The NCAA employs a strict five-year eligibility clock; it is applicable to all NCAA-sponsored sports. Once an individual enrolls in a collegiate institution on a full-time basis, the clock starts. It does not stop unless he or she is on active duty in the armed forces, serving with a recognized foreign aid service of the U.S. government (e.g., Peace Corps), or on an official religious mission. Cadet-athletes whose clocks have stopped are required to provide the Compliance Office with appropriate documentation of their service (e.g., DD Form 214, LDS letter).

Patriot League sports are subject to a strict four-year eligibility clock intended to prevent athletics redshirting. This clock starts when an individual enrolls full-time at a collegiate institution; it does not stop for any reason. Under certain circumstances, a cadet-athlete may obtain a waiver of the four-year eligibility restriction. A cadet-athlete should contact the Compliance Office should he or she require such a waiver.

Non-NCAA sports are subject to eligibility clocks as determined by their governing bodies.

Seasons of Competition

NCAA rules permit cadet-athletes to engage in up to four seasons of intercollegiate competition in each sport. Generally, any competition engaged in while representing a college, regardless of formality or duration, is counted as a season of eligibility used in that sport. This includes competition engaged in while on a junior varsity team as well as scrimmages and joint practice sessions with participants external to USMA. Cadet-athletes who compete and then become sick or injured during a season may qualify for a hardship waiver. If granted, a hardship waiver allows the cadet-athlete to regain the season he or she used prior to becoming sick or injured. The requirements and procedures related to administration of the hardship waiver are noted in *Appendix B* of this handbook.

Full-Time Enrollment

Under NCAA rules, cadet-athletes must be enrolled in at least 12 credit hours in order to be eligible for practice and competition during a given term. Although it is extremely uncommon for a cadet at West Point to be enrolled in fewer than 12 hours, the Dean might authorize such a schedule given the right set of circumstances. Should a cadet-athlete find that he or she is enrolled in fewer than 12 hours, he or she should contact the Compliance Office for guidance.

Initial Eligibility

In order to be eligible for practice and competition during the initial year of full-time collegiate enrollment, a cadet-athlete participating in a NCAA sport must be certified as an academic qualifier by the NCAA Eligibility Center (formerly known as the Clearinghouse). For detailed information regarding initial-eligibility standards, see the Eligibility Center website at www.eligibilitycenter.org or contact the Compliance Office. Additionally, a cadet-athlete must earn at least six credits during his or her first term of enrollment in order to be eligible for his or her second term of enrollment. For information regarding the Eligibility Center's role in the certification of amateur status, see *Selected NCAA and Patriot League rules—Amateurism*.

Continuing Eligibility

In order to be eligible for practice and competition after the initial year of full-time enrollment in college, a cadet-athlete must meet the following eligibility requirements:

1) Good Academic Standing

A cadet-athlete must be in good academic standing as defined by USMA. A cadet-athlete is in good academic standing provided he or she:

- Has two or fewer deficiencies;
- Has a CQPA equal to 1.9 or higher in the case of first-class cadets, 1.8 or higher in the case of second-class cadets, or 1.5 or higher in the case of third- and fourth-class cadets; and
- Has not been recommended for separation by the Academic Board, unless the reason for separation is based solely on Military Development or Military Program Score Cumulative (MPSC).

Please note: it is possible to be on academic probation and still be in good academic standing (see *Academic and Support Services*).

2) Progress Toward Degree

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A cadet-athlete must make satisfactory progress toward a degree as defined by USMA and the NCAA in order to be eligible for competition. Compliance with these requirements will be assessed based on a cadet-athlete's academic record following the completion of each term. Progress-toward-degree encompasses the following requirements:

a) Credit-Hour Requirements

In order to be eligible for competition after one year of attendance at a collegiate institution or one season of intercollegiate competition, a cadet-athlete must meet the following credit-hour requirements prior to the noted semester:

3 rd Semester	24 credit hours earned in total. 18 credit earned during the previous fall and spring terms, regardless of enrollment.
5 th Semester	18 credit hours earned during the previous fall and spring terms, regardless of enrollment.
7 th Semester	18 credit hours earned during the previous fall and spring terms, regardless of enrollment.
9 th Semester	18 credit hours earned during the previous fall and spring terms, regardless of enrollment.

Additionally, cadet-athletes must successfully complete a minimum of six credit hours during each semester of enrollment.

b) Percentage-of-Degree Requirements

Percentage-of-degree requirements are applied according to the number of semesters of actual attendance. In order to be eligible for competition, a cadet-athlete must successfully complete the minimum percentage of his or her degree (measured by credit hours) before the semesters as designated below:

5 th Semester	40% (57 credit hours*)
7 th Semester	60% (85 credit hours*)
9 th Semester	80% (114 credit hours*)

* This information is based on a course of study that entails 142 credit hours.

C) Minimum Grade-Point Average

In order to remain eligible for competition, a cadet-athlete must present the cumulative minimum grade-point average (CQPA) for each semester as designated below:

3 rd Semester	90% of the cumulative minimum
--------------------------	-------------------------------

	CQPA required for graduation (1.80*)
5 th Semester	95% of the cumulative minimum CQPA required for graduation (1.90*)
7 th Semester	100% of the cumulative minimum CQPA required for graduation (2.00*)
9 th Semester	100% of the cumulative minimum CQPA required for graduation (2.00*)

* This information is based on a degree program that requires a 2.00 CQPA to graduate.

Transfer Eligibility

For eligibility standards applicable to transfer student-athletes, see *Transferring*.

Changes In Eligibility Status

The USMA Registrar assesses the eligibility status of each cadet-athlete under NCAA standards, typically at the end of each regular academic term. Should a cadet-athlete be determined to be ineligible, he or she will be notified either by his or her coach or by a Compliance staff member. He or she will then be ineligible for the remainder of that term and until such time as he or she is able to improve his or her academic record so that it meets or exceeds NCAA standards. In the sport of baseball, a cadet-athlete must be fully eligible at the start of the fall term in order to be eligible for the remainder of that academic year. In the sport of football, a cadet-athlete must earn at least nine credits during the fall term and earn the Academic Progress Rate (APR) eligibility point for the fall term in order to be eligible for the first four contests of the following football season, unless he meets a legislated exception.

Ineligibility Due to Violations of NCAA Rules

Cadet-athletes who are involved in violations of NCAA rules will sometimes be declared ineligible for intercollegiate competition. In most cases, eligibility may be regained by reporting the violation and accepting whatever penalty is deemed appropriate by USMA and/or the NCAA. Should a cadet-athlete become ineligible due to a rules violation, he or she will be notified by either the Compliance Office or his or her coach.

Roster Changes and Athletic Participation Grading

Roster Additions

All additions to intercollegiate athletics rosters are made by the Compliance Office. In order for a cadet-athlete to be added to a roster, the Compliance Office must be in possession of a Change of Status form and/or an Athletics Participation Clearance form that is filled out and signed by a member of the relevant coaching staff, an athletics trainer or physician, and the relevant sport supervisor. These forms are available from the Compliance Office. Please note: submission of the required forms to the Compliance Office does not guarantee that a cadet-athlete will be added to a roster; he or she will only be added if it is determined that he or she is eligible for practice and/or competition. Once the cadet-athlete's eligibility status is determined, he or she will be notified of the result by the Compliance Office, usually via email. If the cadet-athlete is not cleared for participation, he or she may not be involved with an intercollegiate athletics team, even for tryout purposes. Failure to follow proper clearance and rostering procedures may result in problems concerning a cadet-athlete's Athletics Participation grade as well as ineligibility due to violations of NCAA legislation.

Roster Deletions

All deletions from intercollegiate athletics rosters are made by the Compliance Office. In order for a cadet-athlete to be deleted from a roster, the Compliance Office must be in possession of a Change of Status form that is filled out and signed by a member of the relevant coaching staff and the relevant sport supervisor. Please note: Should a cadet-athlete decide that he or she no longer wants to participate with an intercollegiate athletics team, it is the responsibility of that cadet-athlete to inform the relevant coach of his or her intentions. Failure to do so may result in problems concerning the cadet-athlete's Athletics Participation grade. Once the cadet-athlete informs the coach of his or her intentions to cease participation with the applicable team, it is recommended that the cadet-athlete follow up with the Compliance Office to ensure that he or she was removed from the roster.

Athletics Participation Grading

USMA policies require each cadet-athlete to receive an Athletics Participation grade for each regular academic term. This grade may come via participation in

intercollegiate, club, or company-based athletics. The source of the grade depends on which roster a cadet-athlete occupies on the grading cut-off date. Usually, this date occurs around six weeks into the fall term and twelve weeks into the spring term, but cadet-athletes should check with their Company Athletic Officers in order to learn the exact date. Please note: A cadet-athlete must be verified as a part of a roster — whether intercollegiate, club, or company — by the cut-off date, or he or she will receive a failing grade for athletic participation.

Transferring

Transferring to USMA from Another Institution

The United States Military Academy does not accept transfer credits. However, courses recorded on official transcripts from other colleges with a grade of "B" or higher will be reviewed for validation credit. USMA academic departments have final authority concerning validation of credit. A cadet who validates a course may choose to take additional electives or request consideration for enrollment in the advanced course of the applicable subject area.

Per NCAA rules, any individual who enrolls at USMA after being enrolled on a full-time basis at another collegiate institution is considered a transfer. In some cases, an individual who participated in a sport while being enrolled on a part-time basis at another collegiate institution may also be considered a transfer. Most transfers are subject to one year of ineligibility upon enrollment at USMA, unless they fulfill the requirements of one of the many exceptions to this rule as provided by NCAA legislation. The Compliance Office will determine whether an exception is applicable on a case-by-case basis. If a cadet-athlete has previous collegiate experience, it *must* be reported to the Compliance Office.

Transferring from USMA to Another Institution

NCAA rules prohibit a college or university from contacting a cadet-athlete unless Army West Point has granted its permission in writing. The decision to release a cadet-athlete to potential transfer rests solely with the Director of Intercollegiate Athletics. Further, NCAA rules permit Army West Point to either grant or deny permission to make use of the one-time transfer exception to the one-year residence requirement. If permission to speak to another institution or permission to use the one-time transfer exception is de-

nied, the cadet-athlete may appeal these decisions. The appeal procedures are noted in *Appendix A* of this handbook.

Transferring from USMA to Another Patriot League Institution

In the sport of basketball, an individual who transfers from one Patriot League institution to another must be withheld from two seasons before being eligible to compete, unless he or she receives a NCAA-administered waiver of the one-year residence requirement. In other Patriot League sports, a recruited cadet-athlete who transfers from one Patriot League institution to another must complete one year in residence at the institution to which he or she transfers before being eligible to compete. Additionally, he or she is not permitted to receive athletics aid during the remaining years of eligibility at the second institution.

Academic Eligibility

Generally, an individual who transfers must be eligible to compete in the subsequent semester at the original institution in order to be immediately eligible at the new institution. Further, in order to be eligible at the new institution, all transfers must meet the following credit-hour requirements based on attendance at the previous institution for the specified amount of time:

1 semester / 1 quarter:	6 credits / 6 credits
2 semesters / 3 quarters:	24 credits / 36 credits
3 semesters / 4 quarters:	30 credits / 42 credits
4+ semesters / 6+ quarters:	6 credits during the previous term

Additionally, student-athletes who transfer are subject to percentage-of-degree requirements upon enrollment at their new institutions. It is strongly recommended that cadet-athletes who are considering transferring, and who have received releases from the Director of Intercollegiate Athletics, speak to the compliance staff members of the schools they are considering in order to determine their eligibility under NCAA transfer rules and relevant academic policies.

In some instances (e.g. when transferring from a two-year institution), transfers are required to receive an academic certification through the NCAA Eligibility Center.

Note: Once an individual attends class in a given term, he or she is responsible for meeting the academic requirements for that term.

Selected NCAA and Patriot League Rules

Overview

The NCAA and the Patriot League have many rules that apply to cadet-athletes. This section summarizes some of the most important. Additional information regarding NCAA regulations can be found in *Appendix F* of this handbook.

Unethical Conduct

Engaging in unethical conduct can jeopardize a cadet-athlete's eligibility for intercollegiate athletics. Unethical conduct includes, but is not limited to, the following:

- Refusal to furnish information relevant to an investigation of a possible violation of NCAA rules.
- Knowing involvement in arranging for fraudulent academic credit or false transcripts for a prospective or enrolled student-athlete.
- Knowing involvement in offering or providing a prospective or enrolled student-athlete an improper inducement or extra benefit or improper financial aid.
- Knowingly furnishing false or misleading information concerning involvement in or knowledge of matters relevant to a possible violation of NCAA rules.
- Receipt of benefits for facilitating or arranging a meeting between a student-athlete and an agent, financial advisor, or a representative of an agent or advisor (e.g., a "runner").
- Knowing involvement in providing a banned substance or impermissible supplement to student-athletes or knowingly providing medications to student-athletes contrary to medical licensure, commonly accepted standards of care in sports medicine practice, or state and federal law.
- Failure to provide complete and accurate information to the NCAA, the NCAA Eligibility Center, or an institution's admissions office regarding an individual's academic record.
- Fraudulence or misconduct in connection with entrance or placement examinations.
- Engaging in any athletics competition under an assumed name or with intent to otherwise deceive.
- Failure to provide complete and accurate information to the NCAA, the NCAA Eligibility Center, or the institution's athletic department regarding an individual's amateur status.

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Academic Misconduct

Academic misconduct is an umbrella term referring to breaches of USMA academic policy. Academic misconduct constitutes a violation of NCAA ethics regulations if an institutional staff member, a cadet-athlete, or a prospective student-athlete is involved in arranging fraudulent academic credit or false transcripts, or academic misconduct results in an erroneous declaration of eligibility and the cadet-athlete subsequently competes. Consequently, cadet-athletes who are determined by USMA to have been involved in academic misconduct should contact the Compliance Office for an assessment of their standing under NCAA rules.

Reporting Known Rules Violations

All cadet-athletes are responsible for reporting known violations of NCAA and conference rules. This may be done through a member of the coaching staff, a senior member of the athletic department staff (e.g., sport supervisor), or a head Officer Representative. Reports may also be made directly to the Compliance Office. Failure to report a known violation concerning Army West Point Athletics may result in ineligibility and other penalties.

Gambling

Many types of sports wagering are impermissible under NCAA rules. Any agreement in which a cadet-athlete agrees to give up an item of value, no matter how seemingly insignificant, in exchange for the possibility of gaining another item of value, is considered a wager. Examples of wagers include, but are not limited to, betting or soliciting bets on athletics activities; using a bookmaker or parlay card; internet sports wagering; participating in auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues which require entry fees and distribute prizes. Additionally, providing information to individuals involved in or associated with any type of sports wagering is prohibited. Participation in activity which meets the NCAA definition of sports wagering, and which is focused on institutional practice or competition in a sport that is sponsored by the NCAA, may result in ineligibility. If a cadet-athlete has questions regarding the rules concerning sports wagering, he or she should contact the Compliance Office or visit the NCAA's educational website at www.dontbetonit.org. Additional information regarding gambling may be found in *Appendix D* of this handbook

Extra Benefits

An extra benefit is any special arrangement that is provided to a cadet-athlete, his or her family, or his or her friends because of his or her status as a participant in the intercollegiate athletics program. Impermissible extra benefits include, but are not limited to, the following:

- Lodging in the home of a booster (i.e., an Army West Point fan) or staff member who is not the cadet-athlete's official sponsor.
- Loans of money.
- Signatures and co-signatures with an outside agency for the purpose of arranging a loan.
- Gifts of physical items of value (apparel, etc.).
- Non-local and/or frequent transportation.
- Use of an automobile or other vehicle.
- Complimentary or discounted tickets to professional sporting or other events.
- Use of home amenities and appliances provided by an individual who is not the cadet-athlete's official sponsor.
- Special discounts, payment arrangements, or credit on purchases or services.
- Use of a telephone or credit card.

Benefits provided to a cadet-athlete by his or her official USMA sponsor are not considered extra benefits, provided the benefits are consistent in terms of type and frequency with those normally provided to cadets through the sponsorship program. Athletics staff members, including coaches, are not permitted to sponsor cadet-athletes.

It is the responsibility of each cadet-athlete to guard against the receipt of impermissible benefits. When in doubt, the cadet-athlete should speak to his or her coach or contact the Compliance Office.

Complimentary Admissions

Under NCAA rules, each cadet-athlete may designate up to four individuals to receive complimentary admissions — through a pass list only — for each regular-season contest in the sport in which he or she participates. Where post-season events are concerned (e.g., conference championship, NCAA championship), six complimentary admissions may be provided, also through a pass list only. All guests receiving such complimentary admissions are required to present valid identification. Please note: Cadet-athletes may not sell their complimentary admissions or exchange them for any item of value, nor may they provide tickets or complimentary admissions to individuals who qualify as agents.

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Awards

NCAA rules permit cadet-athletes to accept awards in recognition of their athletics participation or performance. Such awards are regulated as to value, number, and awarding agency. Generally, only USMA, an athletics conference, and agencies that are designated by the NCAA may present an award to a cadet-athlete. Before a cadet-athlete accepts an award from any individual or agency external to Army West Point Athletics, he or she must confirm that it has been appropriately reviewed to ensure compliance with NCAA legislation. Awards received for athletics participation may not be sold or exchanged for items or services of value.

Transportation and Vehicles

Generally, the transportation that Army West Point Athletics may provide to cadet-athletes is limited to transportation that is related to permissible practice, competition, and official team functions (e.g., promotional events). However, on an occasional basis, cadet-athletes may receive transportation to a local destination from coaches or athletics department staff members. “Local” is understood to mean areas within a 30-mile radius of West Point. Please note: It is a violation of NCAA rules for a staff member or Army West Point Athletics to loan a vehicle to a cadet-athlete or group of cadet-athletes, even if the vehicle is being used for a legitimate athletic purpose.

Occasional Meals

A cadet-athlete or an entire team may receive an occasional meal in the locale of West Point from a coach or USMA staff member. A cadet-athlete may also receive an occasional meal from a booster (i.e., an Army West Point fan or supporter), provided the meal takes place in the booster’s home, on the West Point post, or at a facility that is regularly used for home competition. Such meals may be catered, and transportation may be provided if the meal takes place at the booster’s home.

Employment / Providing Lessons for a Fee

USCC Standard Operating Procedure prohibits cadet employment. Further, it is a violation of NCAA rules for a cadet-athlete to provide private sport lessons without first completing certain administrative procedures. Should you desire to offer private sports lessons, and you have received a waiver of applicable USCC rules, please contact the Compliance Office to ensure that all NCAA requirements are met.

Athletically Related Activity Time Limitations

The NCAA considers any required activity with an athletics purpose to qualify as “countable athletically related activity” — that is, as activity that must be counted against daily and weekly hour limitations. Practice, meetings, review of game film, weight training, and conditioning, among other activities, are encompassed by this definition. Countable athletically related activity shall not occur between midnight and 5 a.m. No class time shall be missed at any time for practice activities, except when a team is traveling to an away-from-home contest and the practice is in conjunction with that contest.

During the Playing Season

A cadet-athlete’s participation in countable athletically related activities during the declared playing season is limited to a maximum of twenty hours per week and four hours per day. All competition and related activities on the day of competition count as three hours, regardless of actual duration. In addition, cadet-athletes must be provided with at least one day off per week. Generally speaking, when in season, there are no weekly or daily hour limitations during vacation periods or between academic terms.

Outside of the Playing Season—Sports Other than Football

In sports other than football, when outside of the playing season, a cadet-athlete’s participation is limited to weight training, conditioning, and skill instruction. Such participation may not exceed eight hours per week, with no more than two hours per week being devoted to skill instruction. Cadet-athletes must be provided with two days off per week. Additionally, no required activity of any kind is permitted during the week prior to and the period of term-end exams or during institutional vacation periods.

Outside of the Playing Season—Football

In football, when outside of the playing season and outside of the spring practice period, a cadet-athlete’s participation is limited to weight training, conditioning, and review of game film. Such participation may not exceed eight hours per week, with no more than two hours per week being devoted to game film. Full practices are permitted during the spring practice period. Such activity is limited to 20 hours per week and four hours per day. When outside of the playing season and outside of the spring practice period, all countable athletically related activity is prohibited during two calendar days per week. Additionally, during discretionary weeks as declared by the Army West Point Football Office, a cadet-athlete may only engage in voluntary activity at his discretion (see *Vol-*

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untary Activity). The list of declared discretionary weeks may be obtained by contacting the Compliance Office.

Summer Activity

In all sports except basketball and football, required activity is prohibited during the summer. However, cadet-athletes may engage in voluntary workouts under the supervision of Army West Point Strength coaches (see *Voluntary Activity*).

In basketball and football, mandatory summer activity is permitted for up to eight weeks, provided a cadet-athlete is certified as being eligible for such activity by the Compliance Office. Mandatory summer activity in basketball is limited to eight hours per week of weight training, conditioning, and skill instruction, with no more than two hours per week being devoted to skill instruction. Mandatory summer activity in football is limited to eight hours per week of weight training, conditioning, and review of game film, with no more than two hours per week being devoted to game film.

In individual sports (e.g., tennis, wrestling), a cadet-athlete may engage in individual summer workout sessions with his or her coach, provided the request for such assistance is initiated by the cadet-athlete.

In all sports, participation by cadet-athletes in a Physical Individual Advanced Development (PIAD) activity is permissible, provided it meets NCAA requirements concerning activity during the summer.

Voluntary Activity

Voluntary activity is permitted at any time and is not subject to daily or weekly hour limitations. In order for an activity to be considered voluntary it must be requested by the cadet-athlete, and it must not be recommended, required, directed, or monitored by an institutional staff member. Coaches may observe, but not conduct, voluntary activity in sports with legislated safety exceptions only. These sports are: gymnastics, rifle, swimming & diving, wrestling, and track & field (field events, jumping hurdles, and the jumping element of the steeplechase only).

Should a cadet-athlete have concerns regarding his or her team's compliance with NCAA activity restrictions, he or she is encouraged to voice them either to the applicable sports supervisor or to a Compliance staff member.

Outside Competition

Generally speaking, a cadet-athlete is prohibited from participating in competition as a member of a non-Army West Point team at any time during the academic year. Failure to comply will result in ineligibility. Several exceptions to this rule exist. A cadet-athlete should contact the Compliance Office should he or she like to discuss them.

Generally speaking, participation as a member of a non-Army West Point team is permissible during the summer. However, all such participation must be approved through the Compliance Office in order to ensure that applicable NCAA requirements are met.

Amateurism

In order to remain eligible for intercollegiate competition, a cadet-athlete must retain his or her amateur status. Generally speaking, a cadet-athlete will forfeit his or her amateur status if he or she:

- Uses his or her athletics skill (directly or indirectly) for pay in any form in the applicable sport;
- Accepts a promise of pay even if such pay is to be received following completion of intercollegiate athletics participation;
- Signs a contract or commitment of any kind to participate in professional athletics;
- Receives, directly or indirectly, a salary, reimbursement of expenses, or any other form of financial assistance from a professional sports organization based on athletics skill or participation, except as permitted by NCAA rules and regulations;
- Competes on a professional athletics team, even if no remuneration for expenses is received, except as permitted by NCAA rules and regulations;
- Enters into a professional draft at any point after full-time collegiate enrollment; or
- Enters into an agreement, no matter how formal, with an agent.

The above is only a brief summary of basic amateurism guidelines. Many rules exist regarding receipt of expenses, involvement with professional teams, awards, and benefits related to participation with outside teams. In order to ensure that all NCAA amateurism standards are being met, cadet-athletes should clear all participation in outside athletic events, and acceptance of awards/expenses related to those events, through the Compliance Office.

Additionally, a cadet-athlete who is a first-time participant in a NCAA-sponsored sport must be certified

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as an amateur before competing or practicing beyond a brief grace period. Initial amateur status is determined by the NCAA Eligibility Center (formerly known as the Clearinghouse) and confirmed by the Army West Point Compliance Office. The amateur certification is sport-specific and must be rendered for each NCAA-sponsored sport in which the cadet-athlete intends to participate. For information concerning the Eligibility Center's role in certifying academic eligibility, see *Eligibility-Initial Eligibility*.)

Commercial Endorsements and Promotions

Generally speaking, after a cadet-athlete initiates enrollment at USMA, he or she will lose eligibility if he or she accepts any remuneration for or permits the use of his or her name or likeness to advertise, recommend, or promote the sale or use of a commercial product or service. This prohibition includes the use of a cadet-athlete's name or likeness to promote or endorse a fundraiser hosted by an entity (e.g., a "crowdfunding" website) that takes a cut of the money it helps raise. A cadet-athlete will also lose eligibility if he or she receives remuneration for using a particular product or service. If a cadet-athlete's name or likeness is used by a commercial entity without his or her consent, the cadet-athlete will not lose eligibility, provided he or she (or Army West Point Athletics, acting on his or her behalf) takes appropriate steps to stop the use of his or her name or likeness.

Please note: Due to the broad nature of NCAA amateurism rules, it is essential that cadet-athletes exercise great caution while using websites and social media platforms such as Twitter and Facebook. Endorsements of products, links to commercial sites, initiation of fundraisers through commercial entities, and other activities may qualify as impermissible endorsements. If clarification of NCAA amateurism rules is required, the cadet-athlete should contact the Compliance Office for guidance.

Promotional, Educational, and Charitable Activities

A cadet-athlete's name, picture, or appearance may be used by USMA or a recognized entity of USMA (e.g., Army A Club), a NCAA conference, or a charitable, educational, or nonprofit agency to support charitable or educational activities, or activities considered incidental to the cadet-athlete's participation in intercollegiate athletics, provided:

- The cadet-athlete does not miss class;
- The activity does not involve an impermissible sponsorship or have a commercial connection;

- All money derived from the activity goes directly to the entity being promoted; and
- The cadet-athlete does not endorse or promote any commercial product or service.

A cadet-athlete *must* contact the Compliance Office to sign a release form and obtain written permission before participating in any promotional, charitable, educational, or nonprofit activity. Failure to do so may result in a violation of NCAA rules and ineligibility. Further, all promotion, support, and endorsements of charitable, nonprofit, and educational entities is subject to U.S. Army and governmental regulations.

Agents

An agent is any individual who, directly or indirectly, represents or attempts to represent an individual for the purpose of marketing his or her athletics ability or reputation for financial gain, or who seeks to obtain any type of financial gain or benefit from securing a prospective student-athlete's enrollment at an educational institution or from a student-athlete's potential earnings as a professional athlete. A cadet-athlete will become permanently ineligible for practice and competition if he or she, either orally or in writing, agrees to be represented by an individual who meets this definition. Further, if a cadet-athlete, his or her family members, his or her friends, or his or her guardians receives benefits from an agent (e.g., free tickets, meals), he or she will become ineligible. Should a cadet-athlete have contact with an individual whom he or she suspects is an agent, he or she should immediately cease contact with the individual and seek guidance from either his or her coach or the Compliance Office.

Professional Drafts

In all sports except basketball, after full-time collegiate enrollment, a cadet-athlete will forfeit his or her amateur status if he or she asks to be placed on the draft list or supplemental draft list of a professional sports league in the cadet-athlete's sport, even if he or she is not drafted, asks for his or her name to be withdrawn prior to the start of the draft, or is drafted but does not sign an agreement with a professional team.

In men's basketball, a cadet-athlete may enter a professional draft one time during his collegiate career without jeopardizing his amateur status, provided he requests that his name be removed from the draft list, he declares his intention to resume intercollegiate participation not later than the end of the day before the first day of the spring National Letter of Intent

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signing period for the applicable year, and he is not drafted. The declaration of intent must be submitted in writing to the Director of Intercollegiate Athletics. In women's basketball, a cadet-athlete may enter a professional league's draft one time during her collegiate career without jeopardizing her amateur status, provided she is not drafted and she declares her intention to resume intercollegiate participation within 30 days of the end of the draft. The declaration must be submitted in writing to the Director of Intercollegiate Athletics.

Please note: A cadet-athlete may be drafted by a professional league (e.g., Major League Baseball) without jeopardizing his or her eligibility, provided he or she does not ask for his or her name to be placed on the applicable draft list and he or she engages in no other activity that would jeopardize his or her amateur status (e.g., enter into an agreement with a professional team or agent).

Managers and Undergraduate Coaches

A manager is an individual who is not a cadet-athlete and who performs traditional managerial duties, such as laundry, equipment management, and water supply. While managers are permitted to engage in limited on-court, on-ice, or on-field activities, such as throwing batting practice in the sport of baseball, they may not provide instruction, and may not be used as practice players. All managers must be enrolled at USMA on a full-time basis, and they must be on the appropriate Corps Squad roster. Individuals who serve as managers in the sport of baseball forfeit all remaining eligibility in that sport.

In order to serve as an undergraduate coach, a cadet-athlete must either exhaust his or her eligibility in the sport or be injured to the point that he or she is incapable of competing in the sport in the future. He or she must also be enrolled at USMA on a full-time basis, receive no compensation aside from expenses on road trips, and be uninvolved in recruiting prospective cadet-athletes and/or scouting future opponents. All undergraduate coaches must be officially declared and approved through the Compliance Office.

Male Practice Players

A male practice player is permitted to engage in practice activities with a female team, provided he is eligible for practice under all NCAA rules, and he is added to the roster of the team on which he participates. Therefore, all male practice players must be

cleared through the Compliance Office prior to taking part in athletics activities using a procedure similar to that used to clear regular participants. It is not permissible for male cadets to accept expenses or compensation related to participation in a female sport, nor may they receive expenses related to competition.

Athletics Redshirting

Athletics redshirting is the practice of forgoing competition during a given year for the purpose of preserving a year of eligibility for use later in an individual's collegiate career. Patriot League rules prohibit athletics redshirting; however, redshirting is permitted in non-Patriot League sports.

Hosting a Prospective Student-Athlete

From time to time a cadet-athlete may be entrusted with the duty of serving as a cadet host during a visit made to West Point by an individual whom Army West Point is recruiting. This is a very important duty: The cadet host acts as an ambassador for West Point and the U.S. Army and serves as a representative of both the Superintendent and the Director of Intercollegiate Athletics. Consequently, it is crucial that cadet hosts exhibit exemplary behavior and conduct themselves in accordance with all USMA, NCAA, and Army West Point Athletics rules and requirements.

A maximum of \$40 per day may be provided to the cadet-host to cover *all* actual costs of entertaining the prospect and members of the prospect's family. Cadet-athletes serving as hosts are responsible for this money and for ensuring that it is used in a manner that is consistent with NCAA rules. When the host's duties have been completed, any remaining host money must be returned to a member of the applicable coaching staff along with receipts accounting for expenditures. The cadet host money may *not* be used for the purchase of souvenirs (e.g., t-shirts, West Point mementos), and no cash may be given to the prospect and/or anyone accompanying the prospect. Further, cadet host money may not be used to pay for the expenses of cadet-athletes other than the cadet host.

All entertainment during the official visit must take place within a 30-mile radius of West Point, and no USMA employee or booster (i.e., Army West Point fan) may provide the use of a vehicle to transport or entertain the visiting recruit. Army West Point Athletics may provide the cadet host with complimentary meals associated with his or her duties, providing he

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or she is accompanying the prospect being hosted. A visiting recruit may have no more than one cadet host at a time.

The following are strictly forbidden during official visits: alcohol, drugs, gambling, adult entertainment, sexual misconduct, activity that violates the law, and contact with Army fans and supporters who are not USMA staff members. Following the visit, the cadet host is expected to report to his or her coach regarding the activities in which the prospect engaged while accompanied by the cadet host.

For additional information, please see the Cadet Host Instructions and Agreement form at *Appendix E*.

Exit Interviews

The NCAA requires USMA to survey cadet-athletes who will no longer be involved with the athletics program. Cadet-athletes will be contacted shortly after the conclusion of their sport season to complete an exit interview, usually by their Officer Representatives. Cadet-athletes' participation and honesty are very important; the comments provided by them will be used to improve the intercollegiate athletics program.

Academic and Support Services

Overview

It is a primary duty of each cadet to attain excellence in the academic program. This requires regular class attendance, proactive involvement with academic-assistance programs, and constant monitoring of academic progress. To assist in this effort, the United States Military Academy offers several educational enhancement opportunities. These supplementary programs can help a cadet overcome academic weaknesses and augment academic strengths. Additional support programs exist to address cadet-athlete welfare issues.

Class Committee / Academic Board

At the conclusion of each semester, both the Class Committee and the Academic Board meet to discuss each cadet found to be deficient in one or more subjects or program scores. An individual's entire cadet performance across each of the three program areas is considered, not just the specific deficiency. Comments by all of a cadet's instructors are heard and given appropriate weight, as are comments by his or her Tactical Officer and chain of command. Ab-

sences, medical considerations, and family issues are also discussed. Please note: A cadet-athlete's attitude and commitment to excellence over the course of the entire term is important. Consequently, cadet-athletes should always participate in class discussions, take notes, stay alert, and seek additional instruction when necessary.

Academic Probation

The Academy's standards for academic probation are as follows. A cadet who falls below the minimum cumulative academic program score (APSC) will be reported deficient to the Academic Board at term end. A cadet deficient in APSC may be considered by the Academic Board for separation due to failure to attain minimum standards. If an APSC-deficient cadet is retained at the Academy he or she will be placed on academic probation for the following term. A cadet will also be placed on academic probation for the following term if his or her term academic program score (APST) is below 1.67.

A cadet is removed from academic probation at the end of the next term in which both the cumulative and term averages exceed the minimum institutional standard. Grades earned during the summer may be used to raise the APSC and thereby remove a cadet from APSC probation. However, grades earned during the summer will not affect APST probation. In order to be removed from APST probation, a cadet must achieve better than 1.67 during a full academic term (i.e., fall or spring).

For further information regarding the terms of academic probation, please contact the office of the USMA Registrar.

Summer Term Academic Program (STAP)

A cadet who fails a course is frequently required to attend the Summer Term Academic Program (STAP). A cadet-athlete may also request to participate in voluntary STAP in order to better manage his or her course load during the academic year. Participation in voluntary STAP is subject to course availability and seats. Per NCAA rules, a cadet-athlete may not earn more than 25% of his or her yearly credit-hour requirement during STAP.

Officer Representatives (ORs)

Each team has a Head Officer Representative, or "OR," who is usually a senior officer serving on the West Point staff and faculty. ORs serve as military

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role models; they are intimately involved with issues concerning cadet-athlete welfare, academic integrity, and NCAA rules compliance; and they have a responsibility to ensure that the intercollegiate athletics program is conducted in accordance with the goals and values of West Point. They also assist in the administration of certain team affairs, including team travel. The name and phone number of each Head OR can be found in the directory included in this handbook.

Athletic Academic Support Coordinators

The Athletic Academic Support Coordinators help cadet-athletes maximize their opportunities for academic success. They provide academic support through study-skills development, the tutor program, the Student Success Course, writing assistance, and academic and assessment planning. They are available to all cadet-athletes through the Center for Enhanced Performance (CEP).

Other Academic Counselors

The USMA Operations and Registrar Division coordinates the faculty-based academic counseling program. Approximately 100 officers voluntarily serve as departmental and company academic counselors. Counselors can discuss elective choices, schedules, course changes, and course overloads. Two Company Academic Counselors are assigned to each company. They can provide assistance regarding the grading system, company tutors, additional instruction, and other academic matters. Upon selection of an academic major or field of study, a cadet is assigned a Department Academic Counselor. It is recommended that cadet-athletes get to know their counselors by name and seek their assistance frequently.

Class Attendance

Regular class attendance is required of all cadets. Because a cadet-athlete's participation in intercollegiate athletics will likely cause him or her to miss a certain number of classes, it is important to keep missed class time that is not related to athletics to a minimum; unauthorized absences are unacceptable. Each cadet-athlete is responsible for identifying conflicts as early as possible and for resolving them expeditiously. It is recommended that a cadet-athlete communicate with instructors regarding missed assignments and tests prior to his or her absence.

Additional Instruction

Academic departments will provide additional in-

struction (AI) upon request. It is the responsibility of each cadet-athlete to seek additional instruction whenever needed. Check with the academic department or your instructor for specific guidance on AI hours and procedures.

Center for Enhanced Performance (CEP)

The Center for Enhanced Performance is a comprehensive support organization that works to improve performance and capacity for retention by educating and training cadets in performance enhancement techniques. The Center is grounded in the complementary disciplines of student development, performance psychology, and educational psychology.

Tutoring Services

A voluntary tutor program is available to every cadet-athlete. Each cadet company maintains a list of volunteer cadet tutors. Tutoring assistance is most effective when it is initiated early in the term. Remember: it is better to receive extra help than to do poorly and regret not having requested a tutor. To learn more about the tutor program, contact your company's Academic Officer.

Life Skills

The athletic department offers a variety of programming to support the welfare needs of each cadet. The Army West Point Athletics Life Skills Program is designed to complement the fundamental USMA mission to develop leaders of character. It includes educational sessions, guest lectures, and community service activities. More information about the Life Skills program can be obtained by contacting the Senior Woman Administrator.

NCAA Student Assistance Fund

Under certain circumstances, financial assistance may be provided to cadet-athletes in order to cover expenses related to clothing, academic supplies, medical treatment, post-graduate education, or travel due to a death in the family or other catastrophe. The primary purpose of this fund is to support student-athlete enhancement initiatives. For more information, contact the Compliance Office.

Other Educational Services

The United States Military Academy provides additional educational programs and information on topics like date rape, alcohol and drug abuse, and hazing.

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For more information, contact the Assistant Athletic Director for Operations or company chain of command.

Post-Graduate Scholarships

There are a variety of scholarships available for post-graduate studies. These scholarships are sponsored by the NCAA, various athletics associations, and other groups. Please contact the Compliance Office or your coach for more information.

Media Relations

Overview

Sports fans want to hear about the cadet-athlete experience at West Point; therefore, cadet-athletes have a duty to cooperate with the news media. Good media relationships can lead to a positive public image for you, your team, and the United States Military Academy. Interaction with the public and media is also a chance to develop communication skills that will be helpful throughout your athletics, military, and professional career.

The goal of the Army West Point Athletics Communications Office is to effectively communicate to the news media and other interested parties information about Army's intercollegiate athletics programs in order to positively promote West Point's cadet-athletes, coaches, and staff.

The Athletics Communications Office produces media guides, game day programs, news releases, and feature stories, while maintaining the Army Athletic Association's official website. The Athletics Communications Office is also responsible for responding to news media inquiries; arranging all media interviews for coaches, cadet-athletes, and staff members; and serving as the Academy's liaison to various athletics governing bodies such as the NCAA and the Patriot League.

Any staff member of the Army West Point Athletics Communications Office may be reached at (845) 938-3303.

Understanding the Media

The media helps to promote USMA and its athletics programs. However, media attention is not limited to on-field conduct. A cadet-athlete's off-field behavior is also under intense scrutiny. It is important to al-

ways conduct yourself in a manner that reflects positively on you, your family, your team, and the United States Military Academy.

Army West Point Athletics wants to build and maintain the best media relationships possible. A cadet-athlete who understands the various media styles and interviewing formats is better equipped to handle the media properly and to take initiative during interviews.

Print

Print media personnel must gather enough information to keep their readers interested. You should be prepared to spend more time on your answers in order to provide an in-depth interview. This type of interview is challenging because your spoken words are interpreted by someone else, so there is a higher likelihood of being misquoted.

Television

Television media personnel are looking for short, concise answers in the 10-20 second range. It is important to make a good impression. Try to speak clearly and distinctly when being interviewed.

Radio

Radio coverage is more relaxed. The setting is usually informal and there is little or no chance of being misquoted.

Press Conferences

The press conference format for media coverage is used at major events such as post-season tournaments and bowl games. Cadet-athletes and coaches are seated at a podium with a microphone and questions come from the audience.

Social Media

Cadet-athlete use of services such as Facebook, Twitter, LinkedIn, Pinterest, Foursquare, Instagram or any other social media platform is encouraged, provided the following guidelines are respected:

- The cadet-athlete acts in accordance with the codes of conduct applicable to cadets and other representatives of the United States Military Academy.
- The cadet-athlete takes care to write knowledgeably and accurately, with appropriate professionalism.
- The cadet-athlete takes care to remember that his or her on-line behavior contributes to the public image of his or her team.
- The postings of the cadet-athlete do not include Army West Point Athletics logos, unless permis-

sion is granted.

- The cadet-athlete does not share information that is confidential, including information regarding practice, injuries, and other topics, unless that information has been officially released by the Athletic Communication Office.
- The cadet-athlete never claims or implies that he or she is speaking for Army West Point Athletics.
- The cadet-athlete identifies himself or herself as being a member of Army West Point Athletics, and he or she makes it clear that the views expressed through the social media outlet are personal in nature and do not represent the views of Army West Point Athletics.
- The cadet-athlete shows respect to his or her friends and followers, and refrains from using foul language and posting inappropriate content.
- The cadet-athlete does not discuss his or her teammates or employees of Army West Point Athletics in any manner that might be considered a breach of trust or privacy.

Cadet-Athlete Responsibilities

- Never agree to a telephone or personal interview unless the arrangements have been coordinated by the Athletics Communications Office. The Athletics Communications Office will never give out your phone number without your prior approval. If a media member calls you, tell him or her to contact the Athletics Communications Office. This policy will help you to avoid contact with unauthorized persons who attempt to gain and use information for scouting or gambling purposes. An Athletics Communications Office staff member will let you know when to expect calls for authorized contact from the media or other individuals.
- Be available to the media — win, lose, or tie. However, you do not have to answer every question posed by a media representative. A proper response to a question that you would rather not answer is, “I’d rather not discuss that subject.” Also, you may always refer a question to your coach or to an Athletics Communications Office staff member.
- Be on time for scheduled and pre-arranged interviews. Always return phone calls arranged by the Athletics Communications Office at the appropriate and designated time. Failure to do so reflects poorly on you and the United States Military Academy.
- Contact the Athletics Communications Office staff member assigned to your sport if you become uncomfortable with the questions asked or the general tone of the interview.

Interview Tips

Do:

- Look your best, appearance counts.
- Think ahead. Identify two or three main points that you want to get across.
- Relax, stay focused, and think positively.
- Maintain direct eye contact.
- Choose your words wisely.
- Talk in short, complete sentences.
- Offer background information that the interviewer does not know.
- Always end the interview with a simple “thank you.”

Do Not:

- Think of the media as “the enemy.”
- Play favorites. Speak to all reporters equally.
- Look down or talk too fast.
- Swear.
- Start every answer with “Well ...,” “Uhh ...,” or “You know ...” Just answer the question.
- Use technical language or sports jargon that the reporter and/or public may not understand.
- Blame the officials.
- Go “off the record.” Never say anything that you would not want repeated in a broadcast or news article.

For more detailed information regarding media relations, please contact the Athletics Communications Office to obtain a copy of the Army West Point Athletics Communications Handbook.

Strength and Conditioning

Overview

Army West Point Athletics has three weight-training facilities. They are located in the Kimsey Athletic Center, Building 639, and Gillis Field House. The goals of the Army West Point strength and conditioning program are to prevent injuries and improve the physical attributes that support sport-specific skills while maintaining a positive work environment.

Cadet-Athlete Responsibilities

Cadet-athletes are required to comply with the rules of operation regarding conduct and equipment use. Violators of established rules are subject to discipline and possible suspension of weight room privileges. Head coaches will be notified of all disciplinary action taken.

Although each weight room may have specific operational procedures, the following rules have been established for all Army West Point Athletics weight-training facilities to ensure a safe environment:

- Do not attempt to use the weight room unsupervised. Facilities are locked unless a strength and conditioning staff member is present.
- Follow instructions given by the strength and conditioning staff.
- Strength and conditioning staff members are not responsible for your personal items.
- Wear practice gear or Gym-A gear.
- Check-in with your assigned strength and conditioning coach upon entering the facility.
- Have your workout program approved by a strength and conditioning staff member. Follow your workout program and record workout content on your own.
- Use collars while lifting.
- Use spotters on every set after the initial warm-up set.
- Move weights from the racks to the bars only. Never set them on the floor or lean them against equipment.
- Strip all bars immediately after use. Return dumbbells/weights to their specifically designated area on the rack after use.
- Chalk must stay in the chalk bowl. Hands should be kept over the bowl while chalking-up.
- Do not use headsets (e.g., MP3 player, walkman, etc.) while lifting. Headsets may be used during cardio workouts.
- Do not use office phones without permission.
- Do not remove equipment from the weight room without authorization from a strength and conditioning staff member.
- No horseplay or foul language of any type is permitted.
- No food, drinks, gum, or tobacco is permitted.
- No spitting or defacing the facility in any manner. Such behavior will result in immediate expulsion.
- Be courteous to others.
- Consult the strength and conditioning staff if you have training questions.
- Report all injuries immediately. If an injury inhibits your ability to perform any portion of a workout, see an athletics trainer and get a written slip describing the injury.

Athletics Training Room and Medical Services

Overview

The primary athletics training rooms are located on the first floor of Arvin Gymnasium and Kimsey Athletic Center. These facilities have state of the art testing and rehabilitation equipment and are staffed by certified athletics trainers. The athletics trainers are dedicated to the care, prevention, and rehabilitation of athletics injuries. Satellite athletics training rooms are located at the various venues and facilities around post. Army West Point Athletics works closely with Keller Army Community Hospital and their physicians to ensure immediate and quality medical treatment.

Athletics training room hours vary depending on the sport season and program needs. See your specific team athletic trainer for special hours of treatment and weekend care.

NCAA Expense Restrictions

Army West Point Athletics may pay for glasses, contact lenses, medical examinations, and preseason dental examinations. The athletics department is permitted to pay for actual surgical, hospitalization, and transportation expenses for medical treatment incurred as the result of an athletically-related injury, as well as insurance bills for services that will enable you to practice and compete (e.g., surgical expenses, medication, physical therapy, and dental expenses for dental injuries incurred during practice or competition).

Treatment of Athletic Injuries

- Immediate first aid will be administered by the Athletics Training staff.
- All appointments and referrals are made by the Athletics Training staff.
- If you become injured or ill on the weekend or in the evening, contact your team athletics trainer immediately. If it is not possible to reach an athletics trainer, report to the Emergency Room. Contact your coach and/or athletics trainer as soon as possible to advise him or her of the situation.
- Athletics trainers and team physicians are the final authority in determining when an injured cadet-athlete may return to practice or competition.

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Cadet-Athlete Responsibilities

- Treat all staff with respect.
- Report all injuries immediately.
- Take a shower prior to receiving treatment.
- Be on time for appointments or make alternative arrangements in advance.
- No horseplay or improper language permitted in the training room.
- Remember: The athletics training room is for treatment, not socializing.

Medical Records

All medical records are kept on file at the Molgne Health Clinic in Building 606 and in the athletics training rooms. The athletics training staff maintains cadet-athlete injury records. Information released to the press on athletics injuries will be monitored by the Head Athletics Trainer.

Keller Army Community Hospital / Molgne Health Clinic

Location and Hours

Keller Army Community Hospital is located on post approximately 1 1/2 miles from the barracks. Molgne Health Clinic is located adjacent to Grant Hall in Building 606. Molgne Health Clinic is open 6:00 a.m. to 9:00 a.m., Monday through Friday. Appointments may be made by calling (845) 938-7992.

For on-site medical attention contact EMS at (845) 938-4004, 24 hours a day. If you need cadet counseling services, call (845) 938-3441.

Services

- Outpatient visits.
- In-patient visits.
- Physical examinations.
- Immunizations and other routine shots.
- Lab tests.
- EKG, ultrasound, and hydrotherapy.
- X-ray, MRI, etc.
- Prescription medicine.

Referrals will be made to community professionals for services not available on post. Such referrals might include consultations with specialists, detailed tests, and surgery. A cadet-athlete who receives outside medical care is responsible for the expenses in-

curred unless he or she obtained prior approval from the referring physician and coordinated this treatment with his or her Tactical Officer.

Drug Testing and Banned Substances

NCAA Testing

The NCAA conducts random drug testing in conjunction with postseason competition (including bowl games). It also conducts random year-round testing of student-athletes in all sports. Refusal to take an NCAA test is considered a positive test result and will result in ineligibility and loss of competition.

A cadet-athlete who tests positive for a banned drug class other than a “street drug” in a NCAA test will be declared ineligible for further participation in all regular-season and postseason competition for 365 days after the positive drug test and will be charged with the loss of one season of competition in all sports.

A cadet-athlete who tests positive for a substance classified as a “street drug” in a NCAA test shall be charged with the loss of competition during a minimum of 50 percent of a season in all sports.

In either case, the cadet-athlete will remain ineligible until he or she retests negative and athletics eligibility is restored by the NCAA Student-Athlete Reinstatement Committee.

After being restored to eligibility, if a cadet-athlete who has tested positive on one occasion tests positive for the use of any banned substance other than a “street drug,” he or she will become permanently ineligible in all sports. If a cadet-athlete who has tested positive on one occasion tests positive for a “street drug,” he or she will lose a minimum of one additional season of competition in all sports and will remain ineligible for regular-season and postseason competition for at least 365 days.

As the NCAA conducts random drug testing during the summer, it is essential that each cadet-athlete provide the Compliance Office with detailed contact information before the end of the academic year. Additionally, cadet-athletes should ensure their coaches and/or Compliance staff members are aware of their whereabouts throughout the summer period.

The list of drug classes banned by the NCAA can be

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found at *Appendix C* of this handbook. More information regarding NCAA testing can be found at <http://www.drugfreesport.com/rec/> (password: ncaa1).

Testing by Non-NCAA Sport Governing Bodies

Also subject to NCAA rules are drug tests conducted by non-NCAA national or international sports governing bodies. Should a cadet-athlete test positive in a drug test conducted by such a body, he or she is required to report the positive test to the Army West Point Compliance Office.

Army West Point Testing

Army West Point Athletics conducts random drug tests of cadet-athletes. Cadet-athletes who test positive are subject to penalties through USCC as well as the Office of the Director of Intercollegiate Athletics. Per NCAA ethics regulations, any USMA staff member who has knowledge, via a test or other means, of use of a NCAA-banned substance by a cadet-athlete must follow institutional procedures related to drug use.

ADHD Medications

The most common medications prescribed to treat Attention Deficit/Hyperactivity Disorder (ADHD) are considered stimulants under NCAA regulations and are therefore banned. If a cadet-athlete is prescribed such a medication, he or she must inform a member of the Athletic Training staff. The Athletic Training staff will then be responsible for maintaining records showing that the cadet-athlete in question has undergone a standard assessment to identify ADHD. If the cadet-athlete has not undergone a standard assessment to diagnose ADHD, and/or records related to such an assessment are not available, the cadet-athlete has not met the requirements for an exception to the NCAA ban on stimulants, and he or she will be subject to penalty should he or she test positive for the substance in a NCAA-administered drug test.

Dietary and Nutritional Supplements

Many over-the-counter supplements contain substances that are banned by the NCAA. Before a cadet-athlete makes use of any supplement, it must be examined and approved by an athletic trainer.

Student-Athlete Advisory Committee (SAAC)

Mission Statement

The Army West Point Student-Athlete Advisory

Committee is dedicated to providing the opportunity for cadet-athletes to have a quality academic and athletics experience that will culminate in graduation from the United States Military Academy. This committee represents a commitment from cadet-athletes, coaches, and administrators to achieve excellence by endeavoring to:

- Provide a voice for cadet-athletes to express at all levels of the Academy their suggestions and concerns regarding athletics programs, and allow cadet-athletes to review support of individuals and their teams, to question departmental policies, and to recommend changes for improving the quality of the cadet-athlete experience.
- Create the opportunity for cadet-athletes to have a positive athletics experience, develop professional skills and work habits, facilitate peer involvement, fulfill the responsibilities that are part of the privilege of being a cadet-athlete, and express pride in USMA and team achievements.
- Obtain recognition and encouragement from the Corps of Cadets, the faculty, the administration, alumni, and the media for the individual and team accomplishments of cadet-athletes in all sports.
- Improve communication between cadet-athletes in different sports, as well as with coaches, administrators, the Corps of Cadets, and the public.
- Provide equal treatment for female and male cadet-athletes concerning issues such as competitive opportunities, facilities, quality of coaching, and marketing support without regard to ethnicity or gender.

Policies and Procedures

The SAAC shall be conducted according to the following policies and procedures.

Membership

The committee shall consist, at a minimum, of the team captains from each varsity sport. Additional representatives may be elected or appointed by the committee.

All representatives shall be current team members who are listed on the squad list. If a representative is placed on probation (either academic or disciplinary), the committee shall review whether that individual should be replaced. Replacement of a representative shall occur only upon a two-thirds vote of voting members of the committee. If a representative is unable to attend, the team may appoint an alternate representative to attend the meeting and vote on behalf of his or her sport.

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The committee shall be staffed by an individual appointed by the Director of Athletics as an ex officio member. Only cadets may be voting members of the committee. Additionally, senior administrative staff members of the Department of Athletics, the Faculty Athletics Representative (FAR), and members of the Athletics Committee may attend the meetings as ex officio members.

Officers

The SAAC Chair shall be elected by the committee for a one-year term. To be eligible for office, candidates must be a team captain in good standing in all academic areas. Officers shall be elected by fifty percent of the committee plus one, as determined by the number of committee members present at the meeting. The Commandant will make the final approval of the committee's selections. The SAAC Chair is a brigade staff level position and the individual serves as a member of the Brigade Athletic Officer's Staff.

Attendance

Each sport shall have at least one representative present at each meeting. If a sport is not represented at two meetings in a row, the staff advisor shall discuss the problem with the team representatives and the head coach. Quorum shall be a majority of the individuals who may vote.

Meetings

The committee shall meet four times annually or twice during each regular semester. The first meeting shall occur no later than the third week of the fall semester. At that meeting, the committee shall set the dates for the meetings and agenda items for that academic year. The staff advisor shall prepare meeting notices and provide them to the SAAC Chair who will then notify the committee members. All meetings shall be open meetings unless the committee votes by a two-thirds margin to close all or a portion of the meeting. Any representative may propose a special meeting or agenda items at any time, which the Chair shall promptly schedule.

Minutes

The SAAC Chair will prepare and disseminate meeting notes as necessary by email to all representatives and officio members.

Finances

The athletics department will provide an annual budget for the committee. All funds shall be disbursed through the athletics business office.

Amendments

Any representative may introduce an amendment to the mission statement and procedures. Notice of the language of the amendment shall be circulated in writing prior to the next meeting. The amendment shall be voted upon at the next committee meeting, and shall be passed by a two-thirds vote of those members present. After approval of the committee, the amendment shall be submitted to the Director of Athletics for final approval.

Subcommittees

The Chair may create and appoint subcommittees as needed, subject to approval by the committee.

Parliamentary Procedure

The Chair shall follow Roberts' Rules of Order, Newly Revised, for issues not covered by the policies and procedures.

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Army Athletic Association
639 Howard Road
West Point, NY 10996
(845) 938-xxxx

Boo Corrigan 3701 Director of Intercollegiate Athletics	Baseball Office 5877	LTC Bryan Price (Baseball) 6270
COL Cindy Jebb 2800 Faculty Athletic Representative	Men's Basketball Office 8008	COL David Wallace (M. Bask.) ... 2312
COL Rob Dickerson 8086 Deputy Military Athletic Director	Women's Basketball Office 2796	COL Diane Ryan (W. Bask.) 5632
Bob Beretta 6416 Executive Athletic Director Sport Supervisor Baseball Women's Basketball Football Ice Hockey	Cross Country Office 2425	COL Jonathan Neumann (Footb.) 2040
Stephanie Menio 2294 Senior Woman Administrator Sport Supervisor Women's Lacrosse Rifle Softball Volleyball	Football Office 4619	CPT Austin Luher (Golf) 5723
Jason Butikofer 2322 Sr. Associate Athletic Director Sport Supervisor Men's Basketball Golf Men's Soccer Women's Soccer Track & Field/Cross Country Wrestling	Golf Office 3819	COL Dean R. Batchelder (Gym.) .. 2715
Gene McIntyre 3113 Associate Athletic Director Sport Supervisor Men's Lacrosse Men's Rugby Women's Rugby Sprint Football Swimming & Diving	Gymnastics Office 3802	COL Wiley Thompson (Hockey) .. 4035
Brian White 845 Associate Athletic Director Sport Supervisor Gymnastics Men's Tennis Women's Tennis	Hockey Office 4273	COL Ty Seidule (M. Lax) 3300
Ron Salvatore 2576 Assistant AD—Compliance	Lacrosse Office 2429	COL (R) Donna Brazil (W. Lax) .. 917-517-5744
LTC Mark Ray 0388 Assistant AD—Operations	Rifle Office 3808	COL Mark Gagnon (Rifle) 8795
Tim Kelly 2174 Head Trainer	Men's Rugby Office 0179	LTC Patrick Downes (M. Rugby) . 1008
Scott Swanson 5138 Head Strength/Conditioning Coach	Women's Rugby Office 0179	LTC Greg Boylan (W. Rugby) 5578
	Men's Soccer Office 2420	COL Joe Hanus (M. Soccer) 4099
	Women's Soccer Office 4826	LTC David Siry (W. Soccer) 4410
	Softball Office 4112	COL Deb McDonald (Softball) 5706
	Sprint Football Office 0062	COL Dan McCarthy (Sprint FB) .. 4893
	Swimming & Diving Office 3604	COL Bret Vanpoppel (Swim/DV) . 2265
	Men's Tennis Office 6011	COL Mike Phillips (M. Tennis) ... 5285
	Women's Tennis Office 4452	COL Tina Hartley (W. Tennis) ... 2276
	Track & Field Office 2425	COL John Nelson (Track/XC) 2248
	Volleyball Office 6150	COL Tania Chacho (Volleyball) ... 7758
	Wrestling Office 5999	LTC Thomas Cook (Wrestling) ... 7951 Head Officer Representatives
	Ticket Office 2526	
	Equipment Room 4390	
	Athletic Communications 3303	
	John Gibson 4902	
	Sara Jones 9832	
	Korey Bruck 7818	
	Jon Healy 1176 Academic Support Coordinators	



Transfer and Transfer Appeal Procedures

Permission to Contact

NCAA Bylaw 13.1.1.3 prohibits other NCAA schools from contacting a cadet-athlete about a possible transfer without first obtaining the written permission of the United States Military Academy. Should USMA choose to deny such permission, the cadet-athlete will be forbidden by NCAA rules from competing or receiving athletics aid during his or her first year of enrollment at the school to which he or she transfers.

Should a cadet-athlete desire to transfer to another institution, he or she should raise the issue with his or her head coach. The coach will then notify the Compliance Office of the cadet-athlete's wishes, and a Compliance staff member will supply the cadet-athlete with the necessary documentation. If for any reason the cadet-athlete does not feel comfortable discussing a possible transfer with his or her head coach, he or she may contact a Compliance staff member via written correspondence.

The Compliance Office can be contacted by email at ron.salvatore@usma.edu or by sending printed mail to:

Compliance Office
639 Howard Road
West Point, NY 10996

Per NCAA rules, Army West Point Athletics must either grant or deny the cadet-athlete's *written* request within seven business days, or permission is granted by default.

Permission to Receive a One-Time Transfer Exception
Bylaw 14.5.5.2.10 requires USMA to certify in writing whether it will grant a cadet-athlete the freedom to use the one-time transfer exception. To make use of this exception, which will allow a former cadet-athlete to compete during his or her first academic year at the institution to which he or she transfers, a cadet-athlete must not have previously transferred from a four-year school, be in good academic standing at USMA, be eligible under academic eligibility requirements should he or she return to USMA, and be in possession of a written release from USMA. If the cadet-athlete is a participant in the sports of baseball, basketball, football, or ice hockey, he or she may not make use of the one-time transfer exception, unless he or she was not recruited by Army West Point.

A cadet-athlete should request permission to make use of the one-time transfer exception from his or her head coach. The coach will then notify the Compliance Office of the request. The Compliance Office will then supply the cadet-athlete with the necessary documentation. If for any reason the cadet-athlete does not feel comfortable discussing a possible transfer with his or her head coach, he or she may contact a member of the Compliance Office directly via email or at the address noted above. Per NCAA rules, Army West Point Athletics must either grant or deny the cadet-athlete's *written* request within seven business days or permission is granted by default.

Notification Requirement / Right to Appeal

The decision to grant permission to speak with another institution or make use of the one-time transfer exception rests solely with the Director of Intercollegiate Athletics. Should either request be denied, a cadet-athlete will receive written notification from Army West Point Athletics. He or she will then have the right to appeal the denial.

Appeal Request

Should a cadet-athlete choose to appeal a denial of either permission to speak to another institution or use of the one-time transfer exception, he or she must submit a *written* request for a hearing within 14 calendar days of the date on which the written denial was issued. This may be done by sending an email to a member of the Compliance Office or by sending printed mail to the Compliance Office at the address noted above. The appeal must summarize the reasons the cadet-athlete believes the decision to deny the request(s) should be overturned or modified. All supporting documentation relevant to the appeal must be submitted at that time.

Hearing

The hearing will be chaired by the Faculty Athletic Representative (FAR). The results of the hearing will be communicated in writing to the cadet-athlete and the Director of Intercollegiate Athletics within 15 business days of the receipt of the cadet-athlete's written request for a hearing.

Hardship Waiver Standards and Procedures

Overview

A cadet-athlete may have a season of competition waived by the Patriot League or the NCAA Committee on Student-Athlete Reinstatement for reasons of "hardship." Hardship is defined as an incapacity resulting from an injury or illness that has occurred under *all* of the following conditions:

- (a) The incapacitating injury or illness occurs in one of the four seasons of intercollegiate competition at any two-year or four-year collegiate institution or occurs after the first day of classes in the student-athlete's senior year in high school;
- (b) The injury or illness occurs prior to the first competition of the second half of the playing season, as calculated in accordance with NCAA requirements, that concludes with the NCAA championship in that sport and results in incapacity to compete for the remainder of that playing season;
- (c) In team sports, the injury or illness occurs when the cadet-athlete has not participated in more than three contests or dates of competition (whichever is applicable to that sport) or 30 percent (whichever number is greater) of the institution's scheduled or completed contests or dates of competition in his or her sport. Only scheduled or completed competition against outside participants during the playing season that concludes with the NCAA championship, or, if so designated, during the official NCAA championship playing season in that sport (e.g., spring baseball, fall soccer), shall be countable under this limitation in calculating both the number of contests or dates of competition in which the cadet-athlete has participated and the number of scheduled or completed contests or dates of competition during that season in the sport. Dates of competition that are exempted (e.g., alumni contests, foreign team in the United States) from the maximum permissible number of contests or dates of competition shall count toward the number of contests or dates in which the cadet-athlete has participated and the number of scheduled or completed contests or dates of competition in the season, except for scrimmages and exhibition contests that are specifically identified as such in the sport's Bylaw 17 playing and practice season regulations. Scrimmages and exhibition contests that are not exempted from the maximum permissible number of contests or dates of competition may be excluded from the calculation only if they are identified as such in the

sport's Bylaw 17 playing and practice season regulations; and

- (d) In individual sports, the injury or illness occurs when the cadet-athlete has not participated in more than three dates of competition or 30 percent (whichever number is greater) of the maximum permissible number of dates of competition as set forth in Bylaw 17 plus one date for a conference championship (e.g., gymnastics: $13+1=14$, wrestling: $16+1=17$), regardless of whether the team participates in the conference championship, provided the institution is a member of a conference and the conference holds a championship event in the applicable sport. Dates of competition that are exempted per Bylaw 17 (e.g., alumni contests, foreign team in the United States) from the maximum permissible number of dates of competition do not count toward the number of dates in which the student-athlete has participated.

Procedure

Should a cadet-athlete believe that he or she qualifies for the granting of a hardship waiver, he or she should notify either his or her coach or the Army West Point Compliance Office. The Compliance Office will then review the case in order to ensure it is compatible with NCAA requirements. Should it be determined that it meets the requirements, the Compliance Office will compile the waiver application and submit it to the Patriot League.

All hardship waivers are administered by the Patriot League. Should the request be denied, USMA may appeal the decision to the NCAA.

Waiver applications can sometimes take months to be fully adjudicated. The sooner the cadet-athlete's desire to apply for a hardship waiver is made known to the Compliance Office, the better his or her chances will be of obtaining a response prior to the season in which the regained eligibility is to be used.

Criteria

It is not necessary for the injury or illness to be the direct result of a cadet-athlete's participation in organized practice or competition. However, the assertion that the injury or illness was "incapacitating" must be clearly supported by medical documentation that is contemporaneous with the malady. Therefore, it is recommended that, in the event that a cadet-athlete is injured or falls ill, he or she save all medical records resulting from his or her evaluation and treatment.

NCAA Banned Drug Classes

The NCAA bans the following classes of drugs:

1. Stimulants
2. Anabolic Agents
3. Alcohol and Beta Blockers (banned for rifle only)
4. Diuretics and Other Masking Agents
5. Street Drugs
6. Peptide Hormones and Analogues
7. Anti-estrogens
8. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

1. Blood Doping.
2. Local Anesthetics (under some conditions).
3. Manipulation of Urine Samples.
4. Beta-2 Agonists permitted only by prescription and inhalation.
5. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk!

Note: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient.

Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine;

ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, "bath salts" (mephedrone), etc.

Exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents – (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):
androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol; stenbolone; testosterone; trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):
alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:
bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073).

Peptide Hormones and Analogues:

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Anti-Estrogens:

anastrozole; tamoxifen; formestane; ATD, clomiphene, etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at www.ncaa.org/drugtesting.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center 877-202-0769 or www.drugfreesport.com/rec (password = ncaa1).

It is your responsibility to check with the appropriate athletics staff before using any substance.



FRIDAY OCTOBER 4	127 KENT ST*	-24.5	180 MINNESOTA
FLORIDA	128 TEMPLE*	-5.5	181 MICH ST
ILL -3.5	129 BALL ST		182 MICHIGAN -17
	130 BUFFALO		183 UNLU
FRIDAY OCTOBER 5	131 ARKANSAS		184 COL ST -15.5
	132 AUBURN	-16	185 N MEX ST PICK
	133 DUKE*		186 IDAHO
	134 ALABAMA*	-29	187 VIRGINIA
	135 OKLA ST	-3	188 E CAROLNA -6.5
	136 KANSAS ST		189 AKRON
OCTOBER 6	137 TEXAS A&M -1.5		170 CINCINATI -8
NE -33	138 KANSAS		171 S CAR -6.5
	139 S DIEGO S		172 KENTUCKY
	140 BYU	-27	173 BAYLOR
	141 RICE	-2	174 COLORADO -5
OCTOBER 7	142 TULANE		175 NEBRASKA -6.5

Gambling on college sports

What's the big deal?

Isn't sports wagering harmless? No! Sports wagering can be a serious crime that threatens the well-being of student-athletes and the integrity of the game. Financially troubled

student-athletes are viewed by organized gambling as easy marks for obtaining inside information or affecting the outcome of a game. Student-athletes who gamble are breaking the law and jeopardizing their eligibility. The NCAA® believes sports should be appreciated for the benefits of participating or watching, not the amount of money that can be won or lost depending on the outcome of the games.

Does the NCAA really oppose the harmless small-dollar bracket office pool for the Men's Final Four? Yes!

Office pools of this nature are illegal in most states. The NCAA is aware of pools involving \$100,000 or more in revenue. Worse yet, the NCAA has learned these types of pools are often the entry point for youth to begin gambling. Fans should enjoy following the tournament and filling out a bracket just for the fun of it, not on the amount of money they could possibly win.

What exactly is the NCAA policy on sports wagering?

The NCAA opposes all forms of legal and illegal sports wagering on college sports. NCAA rules prohibit student-athletes, and athletics department, conference office, and NCAA national office employees from wagering on intercollegiate, amateur, and professional sports in which the Association conducts championships.

How does the NCAA define sports wagering?

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – in return for the opportunity to win something.

Does the NCAA conduct background checks on officials?

The NCAA conducts background checks on officials and umpires in the Division I Men's and Women's Basketball Championships, FBS bowl games, the Men's Frozen Four and the Men's College World Series.

What is the NCAA doing to stop sports wagering?

Campus-level programs across the country are using NCAA-supplied educational materials. The NCAA's Enforcement group continues to process cases involving student-athletes and coaches across all divisions and sports. Despite differing motivations, the NCAA and Las Vegas sports wagering officials work closely together to identify instances in which the integrity of college sports may be threatened.

Facts on college sports gambling

- The FBI estimates more than **\$2.5 billion** is wagered illegally on March Madness.
- According to the NCAA's 2008 gambling survey, about **30 percent** of male student-athletes and **7 percent** of female student-athletes reported wagering on sporting events within the past year.
- The Don't Bet on It Web site (www.dontbetonit.org) is an NCAA Web site used to educate student-athletes, coaches, athletic administrators and the general public about NCAA rules on sports wagering.



For more Behind the Blue Disks, go to www.ncaa.org/bluedisks.



ARMY WEST POINT ATHLETICS

Cadet Host Instructions and Agreement

Cadet Name: _____

Prospect Name: _____

Sport: _____

Army West Point Athletics appreciates your agreeing to serve as a cadet host. Acting as a cadet host is an important responsibility. You will be responsible for ensuring that portions of the visit comply with USMA, NCAA, and Army West Point Athletics rules.

NCAA Rules Specify:

- Only one cadet-athlete per day may serve as an official host. Other cadets may assist with hosting the prospect, but they must pay for their own meals and entertainment.
- A maximum of \$40 for each day of the visit may be provided to cover all actual costs of entertaining yourself, the prospect (and the prospect’s parents or legal guardians). An additional \$20 per day may be provided for each additional prospect. Note: Snacks must be deducted from this entertainment allowance.
- All remaining cash, as well as receipts accounting for expenditures, must be turned into your coach after the visit. Returning receipts matching expenditures and remaining cash is mandatory.
- A prospect may not handle entertainment money. Do not give cash to the prospect.
- The cadet host money may not be used to purchase souvenirs, mementos, gifts, etc.
- You may not use vehicles provided or arranged for by a coach, institutional staff member, or Army booster.
- The prospect and those accompanying the prospect may not be transported more than 30 miles from West Point.
- You may not allow prospects to have contact with Army West Point boosters. If an unplanned meeting occurs, no more than an exchange of greetings is permissible.
- You may receive a complimentary admission when accompanying a prospect to a regular-season home athletic event.
- You may receive a complimentary meal when accompanying the prospect to a meal.
- The prospect may participate in recreational athletics activities (e.g., pick-up game), as long as they are not arranged or observed by athletic department staff members.

Cadet Host Conduct Standards

Recruiting visits must be conducted in good taste. Do not engage in any activity that creates the perception of impropriety or fosters an atmosphere of licentiousness.

The following are strictly prohibited:

- Alcohol (except when consumed in very limited amounts by prospect parents and USMA staff members).
- Drugs
- Gambling
- Adult entertainment
- Sexual misconduct
- Activities that violate the law
- Contact with Army West Point boosters and supporters who are not USMA staff members

Following the visit, you are expected to report to your coach regarding the activities in which you engaged with the prospect.

Date of Visit	Name of Prospect	Host \$ Rcvd
		\$

I certify that I have read the cadet host instructions and will abide by all NCAA rules and conduct standards. I certify that I have received the cadet host money indicated above and will abide by all rules concerning use of these funds.

Signature: _____ Date: _____

Conference and League Affiliations



Sports: Baseball, Men's Basketball, Women's Basketball, Cross Country, Men's Lacrosse, Women's Lacrosse, Men's Soccer, Women's Soccer, Softball, Swimming & Diving, Men's Tennis, Women's Tennis, Indoor Track, Outdoor Track, Volleyball

About: Founded in 1984, the Patriot League is Army West Point's primary conference. It promotes opportunities for students to compete in Division I intercollegiate athletics programs within a context that holds paramount the high academic standards and integrity of member institutions, and the academic and personal growth of student-athletes. The League boasts ten full members and sponsors championships in 24 sports.



Sport: Ice Hockey

About: Founded in 2003 with Army West Point as a charter member, the Atlantic Hockey Association now comprises 11 member institutions.



Sport: Wrestling

About: The Eastern Intercollegiate Wrestling Association (EIWA), an affiliate of the Eastern College Athletic Conference (ECAC), has been active for over 100 years. It currently includes 16 members. The mission of the ECAC is to initiate, stimulate and improve intercollegiate athletics programs for student-athletes, and to promote and develop educational leadership, athletics excellence and athletics participation.



Sport: Gymnastics

About: The Eastern Intercollegiate Gymnastics Association (EIGL), an affiliate of the Eastern College Athletic Conference (ECAC), has been operating for over 80 years. The mission of the ECAC is to initiate, stimulate and improve intercollegiate athletics programs for student-athletes, and to promote and develop educational leadership, athletics excellence, and athletics participation.

Conference and League Affiliations



www.garc rifle.com

Sport: Rifle

About: The Great American Rifle Conference (GARC) includes seven member institutions. Army has been a member for the past 15 years.



www.sprintfootball.com

Sports: Sprint Football

About: The Collegiate Sprint Football League (CSFL) was founded in 1934 as the Eastern Lightweight Football League. Army West Point has been a member since 1957. It includes seven members.



USA RUGBY

<http://usarugby.org/>

Sports: Men's Rugby, Women's Rugby

About: Army West Point Men's Rugby competes in Division 1-A Rugby. Army West Point Women's Rugby competes in Women's Division I Rugby. Both are sponsored by USA Rugby, an amateur organization that oversees the competition of over 900 collegiate teams.



Sport: Football

About: Army West Point Football competes as an independent, one of three Football Bowl Subdivision programs to do so.



Summary of NCAA Eligibility Regulations – NCAA Division I

For: Student-athletes.

Purpose: To summarize NCAA regulations regarding eligibility of student-athletes to compete.

DISCLAIMER: THE SUMMARY OF NCAA REGULATIONS DOES NOT INCLUDE ALL NCAA DIVISION I BYLAWS. FOR A COMPLETE LIST, GO TO WWW.NCAA.ORG. YOU ARE RESPONSIBLE FOR KNOWING AND UNDERSTANDING THE APPLICATION OF ALL BYLAWS RELATED TO YOUR ELIGIBILITY TO COMPETE. CONTACT YOUR INSTITUTION'S COMPLIANCE OFFICE OR THE NCAA IF YOU HAVE QUESTIONS.

TO: STUDENT-ATHLETE.

This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics.

This summary has two parts:

1. Part I is for **all** student-athletes.
2. Part II is for **new** student-athletes only (those signing the Student-Athlete Statement for the first time).

If you have questions, ask your director of athletics (or his or her official designee) or refer to the 2015-16 NCAA Division I Manual. The references in brackets after each summarized regulation show you where to find the regulation in the Division I Manual.

PART I: FOR ALL STUDENT-ATHLETES.

This part of the summary discusses ethical conduct, amateurism, financial aid, academic standards and other regulations concerning your eligibility for intercollegiate competition.

1. Ethical Conduct – All Sports.

- a. You must act with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports. [NCAA Bylaw 10.01.1]
- b. You have engaged in unethical conduct if you refuse to furnish or fail to provide accurate or complete information relevant to an investigation of a possible violation of an NCAA regulation when requested to do so by the NCAA or your institution. [Bylaw 10.1]

- c. You are **not eligible** to compete if you knowingly provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value. [Bylaw 10.3]
- d. You are **not eligible** to compete if you knowingly participate in any gambling activity that involves intercollegiate, amateur or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]

2. Amateurism – All Sports.

- a. You are **not eligible** for participation in a sport if you have ever:
 - (1) Taken pay, or the promise of pay, for competing in that sport. [Bylaw 12.1.2 and 12.1.2.1]
 - (2) Agreed (orally or in writing) to compete in professional athletics in that sport.
 - **Exception:** Prior to collegiate enrollment, in sports other than men's ice hockey and skiing, you agreed to compete on a professional team provided the agreement did not provide for more than actual and necessary expenses and you did not receive more than actual and necessary expenses. [Bylaws 12.1.2 and 12.2.5.1]
 - (3) Played on any professional athletics team as defined by the NCAA in that sport.
 - **Exception:** Prior to enrollment, in sports other than men's ice hockey and skiing, you competed on a professional team provided you did not receive more than actual and necessary expenses. [Bylaws 12.1.2 and 12.2.3.2.1]
 - (4) Used your athletics skill for pay in any form in that sport. [Bylaws 12.1.2 and 12.1.2.4]
 - **Exceptions:**
 - i. Prior to collegiate enrollment, in sports other than tennis, you accepted prize money based on place finish or performance in an athletics event from the sponsor of the event and the amount of prize money did not exceed \$300

above your actual and necessary expenses to participate in the event; or [Bylaws 12.02.5, 12.1.2 and 12.1.2.4.1]

- ii. After collegiate enrollment, you accepted prize money based on place finish or performance in an athletics event from the sponsor of the event and the amount of prize money did not exceed \$300 above your actual and necessary expenses to participate in the event. [Bylaws 12.02.6, 12.1.2 and 12.1.2.4.1]
- b. You are **not eligible** in a sport if you, or your relatives or friends, ever have accepted money, transportation, lodging, entertainment or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3.1 and 12.3.1.2]
- c. You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a commercial product or service. [Bylaws 12.5.2.1 and 12.5.2.2]
- d. You are **not eligible** in any sport if, because of your athletics ability, you were paid for work you did not perform, were paid at a rate higher than the going rate or were paid for the value an employer placed on your reputation, fame or personal following. [Bylaw 12.4]

3. Financial Aid – All Sports.

- a. You are **not eligible** if you receive financial aid other than the financial aid that your institution distributes. However, it is permissible to receive:
 - (1) Money from anyone on whom you are naturally or legally dependent;
 - (2) Financial aid that has been awarded to you on a basis other than athletics ability; or
 - (3) Financial aid from an entity outside your institution that meets the requirements specified in the Division I Manual. [Bylaw 15.01]
- b. You must report to your institution any financial aid that you receive from a source other than your institution. However, you do not need to report financial aid received from anyone on whom you are naturally or legally dependent.

4. Employment Earnings – All Sports.

- Earnings from your on- or off-campus employment that occurs at any time is exempt and is not counted in determining your full grant-in-aid or in the institution's financial aid limitations, provided:
 - (1) Your compensation does not include any remuneration for value or utility that you may have for the employer because of the publicity, reputation, fame or personal following that you have obtained because of athletics ability;
 - (2) You are compensated only for work actually performed; and
 - (3) You are compensated at a rate commensurate with the going rate in that locality for similar services. [Bylaws 12.4 and 15.2.7]

5. Academic Standards – All Sports.

a. Eligibility for Competition.

- (1) To be **eligible to compete**, you must:
 - (a) Have been admitted as a regularly enrolled, degree-seeking student according to the published entrance requirements of your institution;
 - (b) Be in good academic standing according to the standards of your institution; and
 - (c) Be enrolled in at least a minimum full-time baccalaureate degree program (not less than 12-semester or quarter hours) and maintain satisfactory progress toward that degree, be enrolled in a full-time graduate or professional degree program (as defined by the institution) or be enrolled and seeking a second baccalaureate degree at your institution. [Bylaws 14.01.2 and 14.2.2]
- (2) If you are enrolled in less than a full-time program, you are **eligible to compete** only if you are enrolled in the last term of your degree program and are carrying credits necessary to finish your degree. [Bylaw 14.2.2.1.3]
- (3) You are **eligible to compete** during the official vacation period immediately preceding initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you are no longer

enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.2.2.1.1]

- (4) You are **eligible** to **compete** between terms if you are continuing enrollment, provided you have been registered for the required minimum full-time load at the conclusion of the term immediately preceding the date of competition, or if you are either continuing enrollment or beginning enrollment, provided you have been accepted for enrollment as a regular full-time student for the regular term immediately following the date of competition. [Bylaw 14.2.2.1.2]

b. Practice.

- (1) You must be enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of the certifying institution to practice. [Bylaw 14.2.1]
- (2) You may practice during the official vacation period immediately preceding initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you no longer are enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.2.1.1]
- (3) You may practice if you are enrolled in the final semester or quarter of a baccalaureate program while enrolled in less than a minimum full-time program of studies and your institution certifies that you are carrying (for credit) the courses necessary to complete the degree requirements, as determined by the faculty of the institution. [Bylaw 14.2.1.3]

c. Continuing Eligibility – All Sports.

- Your eligibility for competition shall be based on:
 - (a) Having successfully completed 24 semester or 36 quarter hours of academic credit prior to the start of the institution's third semester or fourth quarter following the student-athlete's initial full-time enrollment (hours earned during the summer may be used to fulfill this requirement);
 - (b) Having successfully completed 18 semester or 27 quarter hours of academic credit since the beginning of the previous fall term or since the beginning of the certifying institution's preceding regular two semesters or three quarters (hours earned during the summer may not be used to fulfill this requirement); and

- (c) Six semester or quarter hours of academic credit the preceding regular academic term (e.g., fall semester, winter quarter) in which the student-athlete has been enrolled at any collegiate institution. [Bylaw 14.4.3]
 - (d) If you are entering your second year of collegiate enrollment, you must present a cumulative grade-point average that equals at least 90 percent of the institution's overall cumulative grade-point average required for graduation (based on a 4.000 scale). [Bylaw 14.4.3.3]
 - (e) If you are entering your third year of collegiate enrollment, you must have completed successfully at least 40 percent of the course requirements in your specific degree program and you must present a cumulative minimum grade-point average (based on a 4.000 scale) that equals at least 95 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.3.2 and 14.4.3.2]
 - (f) If you are entering your fourth year of collegiate enrollment, you must have completed successfully at least 60 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average (based on a 4.000 scale) that equals at least 100 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.3.2 and 14.4.3.2]
 - (g) If you are entering your fifth year of collegiate enrollment, you must have completed successfully at least 80 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average (based on a 4.000 scale) that equals at least 100 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.3.2 and 14.4.3.2]
- d. Freshmen.
- (1) You are referred to as a qualifier and are eligible to practice and compete in your sport and to receive financial aid (institutional and athletically related) during your first academic year, under Bylaw 14.02.10.1, if you:
 - (a) Graduate from high school;

- (b) Attain a minimum high school grade-point average as specified in Bylaw 14.3.1.1.2 (based on a 4.000 scale) in a successfully completed core curriculum of at least 16 core courses; and Bylaw 14.3.1.1.
 - (c) Achieve a corresponding sum ACT or SAT score as specified in Bylaw 14.3.1.1.2.
- (2) You are referred to as a nonqualifier if you fail to meet the criteria above. In addition to being ineligible for practice and competition during the first academic year in residence, a nonqualifier is not permitted to receive any institutional financial aid, except as stated below. [Bylaws 14.02.10.2 and 14.3.2.1.1]
- e. As a Nonqualifier.
 - (1) You are eligible to receive nonathletics institutional financial aid based on need only, consistent with institutional and conference regulations; and
 - (2) You will have three seasons of eligibility after your first academic year in residence. You may earn a fourth season of competition provided you complete 80 percent of your baccalaureate degree before beginning your fifth academic year of enrollment and you are within five years of your initial, full-time collegiate enrollment. [Bylaw 14.3.3]

6. Other Regulations Concerning Eligibility – All Sports.

- a. You are **not eligible** to participate in more than four seasons of intercollegiate competition in any one sport. [Bylaw 12.8]
- b. You are **not eligible** if five calendar years have passed from the date you first registered as a full-time student at a collegiate institution and attended your first day of classes for that term, except for time spent in the armed services, on official church missions or with recognized international aid services of the U.S. government and extensions that have been approved in accordance with NCAA legislation. [Bylaw 12.8.1]
- c. You are **eligible** at an institution other than the institution from which you have received or satisfied the requirements for a baccalaureate degree or an equivalent degree, if you meet the conditions of the one-time transfer exception [Bylaw 14.5.5.2.10] and you have eligibility remaining as set forth in Bylaw 12.8.1. [Bylaw 14.6.1]

- d. You are **eligible** for championships, certified bowl games or the National Invitation Tournament that occur within 60 days of the date you complete the requirements for your degree. [Bylaw 14.6.3]

7. **Outside Competition - All Sports Other Than Basketball.**

- You are **not eligible** in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any noncollegiate, amateur competition. You may compete outside of your declared playing and practice season as a member of an outside team in any noncollegiate, amateur competition during any official vacation period published in your institution's catalog. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaw 17.31.1]
 - **Exception:** In men's and women's soccer, women's volleyball, field hockey and men's water polo, you may compete on outside amateur teams during the spring outside of the institution's playing and practice seasons, provided such participation occurs no earlier than May 1 and the remaining provisions of Bylaw 17.31.1.3 are met.

8. **Outside Competition - Basketball Only.**

- a. You are **not eligible** if, after you become a student-athlete, you participate in any organized basketball competition except while representing the institution in intercollegiate competition. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 17.31.2]
- b. It is permissible to participate as a member of a basketball team in an NCAA-sanctioned summer basketball league or event during the period between June 15 and August 31 or the institution's opening day of classes, whichever comes earlier, provided the student-athlete has written permission from the institution's athletics director. [Bylaw 17.31.4]

9. **Transfer Students Only.**

- a. You are a transfer student if:
 - (1) The registrar or admissions officer from your former institution certified that you officially were registered and enrolled at that institution in any term in a minimum full-time program of studies and you were present on the opening day of classes; or

- (2) The director of athletics from your former institution certified that you reported for the regular squad practice that any staff member of the athletics department of your former institution announced before the beginning of any term. [Bylaw 14.5.2]
- b. If you are a transfer student from a four-year institution, you are **not eligible** during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.2 or one of the waivers specified in Bylaw 14.7.2.
- c. If you are a transfer student from a two-year institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4 or the exceptions specified in Bylaw 14.5.4.6.
- d. If you transferred from a four-year college to a two-year college and then to your new institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the requirements specified in Bylaw 14.5.6.

10. Drugs – All Sports.

- a. If the NCAA tests you for the banned drugs listed in Bylaw 31.2.3.1 and you test positive (consistent with NCAA drug-testing protocol), you will be **ineligible** to participate in regular-season and postseason competition for one calendar year (i.e., 365 days) after your positive drug test, and you will be charged with the loss of a minimum of one season of competition in all sports in addition to any seasons already used per the legislation. If you test positive for a "street drug," you shall be withheld from competition for the next 50 percent of a season in all sports (i.e., the next contests/dates of competition equal to 50 percent of a season).

Further, prior to returning to competition, you must test negative and have your eligibility restored by the NCAA Division I Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5.1 and 18.4.1.5.2]

- b. If you test positive a second time for the use of any drug, other than a "street drug" as defined in Bylaw 31.2.3.4, you will lose all remaining regular-season and postseason eligibility in all sports. [Bylaw 18.4.1.5.6]
- c. If you test positive for the use of a "street drug" after having tested positive for the use of a "street drug," you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason competition for one calendar year (i.e., 365 days). [Bylaw 18.4.1.5.6]

- d. If you are in breach of the NCAA drug-testing program protocol (e.g., no-show) you shall be considered to have tested positive for the use of any drug other than a "street drug" and you are subject to the same penalty for testing positive for the use of a banned drug other than a "street drug." [Bylaw 18.4.1.5.3]
- e. If you are involved in a case of clearly observed tampering with an NCAA drug test sample, as documented per NCAA drug-testing crew member, you shall be charged with the loss of a minimum of two season of competition in all sports. Further, prior to returning to competition, you must test negative and have your eligibility restored by the NCAA Division I Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5.3.1]

11. Non-NCAA Athletics Organization Positive Drug Test – All Sports.

- a. If you test positive for banned substances by a non-NCAA athletics organization, you must notify your director of athletics regarding the positive drug test. You also must permit the NCAA to test you for the banned drugs listed in Bylaw 31.2.3.1.
- b. If the result of the NCAA drug test is positive, you are subject to the same penalty as established in Bylaw 18.4.1.5.1.
- c. The director of athletics must notify the NCAA chief medical officer in writing regarding a student-athlete's disclosure of a previous positive drug test administered by any other athletics organization.
- d. If you transfer to a non-NCAA institution while ineligible and compete in collegiate competition within the 365-day period at a non-NCAA institution, you will be ineligible for all NCAA regular-season and postseason competition until you do not compete in collegiate competition for a 365-day period. Further, prior to returning to competition, you must test negative and have your eligibility restored by the NCAA Division I Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5.5]
- e. A student-athlete under a drug-testing suspension from a national or international sports governing body that has adopted the World Anti-Doping Agency code shall not participate in NCAA intercollegiate competition for the duration of the suspension. [Bylaw 18.4.1.5.8]
- f. The institution and student-athlete shall be held accountable for all drugs within the banned-drug classes regardless of whether they have been specifically identified. [Bylaw 31.2.3.1]

PART II: FOR NEW STUDENT-ATHLETES ONLY.

This part of the summary contains information about your recruitment, which is governed by Bylaw 13 of the Division I Manual.

- **Recruitment.**

- a. Offers – All Sports.

- (1) You are **not eligible** if, before you enrolled at your institution, any staff member of your institution or any other representative of your institution's athletics interests provided or offered to you, your relatives or your friends any financial aid or other benefits not permitted under NCAA legislation. [Bylaw 13.2.1]
- (2) It was permissible for your institution to arrange educational loans, provided the loan were not made prior to the completion of your senior year in high school. The loans must have been from a regular lending agency and based on a regular repayment schedule. [Bylaw 13.2.4]
- (3) It was permissible for your institution to arrange summer employment or employ you provided the employment did not begin prior to the completion of your senior year in high school. [Bylaw 13.2.3.3]

- b. Contacts – All Sports.

- (1) For purposes of this section, contact means "any face-to-face encounter" between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational institution or at the site of organized competition or practice involving the prospect or the prospect's high school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of the conversation that occurs. [Bylaw 13.02.4]
- (2) Staff members at your institution should not have:
 - (a) Contacted you, your relatives or your legal guardians in person, off your institution's campus before July 1, July 7 (women's ice hockey) or July 15 (women's gymnastics) following completion of your junior year in high school; before the opening day of your junior year in high school (men's basketball); before September 1 at the beginning of your junior year in high school (women's basketball); or before June 15 at the completion of your sophomore year in high school (men's ice hockey). [Bylaw 13.1.1.1]

- (b) Contacted you prior to any athletics competition in which were participating during the day or days of competition. [Bylaw 13.1.6.2]
 - (3) Contacted you, your relatives or your legal guardians in person, on or off your institution's campus while you were enrolled in your first year of a two-year college if you were a nonqualifier. [Bylaw 13.1.1.2]
 - (4) Contacted you, your relatives or your legal guardian in person, on or off your institution's campus, unless they were authorized institutional staff members. [Bylaw 13.1.2.1]
- c. Publicity – All Sports.
 - (1) Your institution was not allowed to publicize a visit that you made to its campus before you signed a National Letter of Intent or its written offer of admission and/or financial aid or before the institution received your financial deposit in response to its offer of admission. [Bylaw 13.10.2.4]
 - (2) You were not allowed to appear on a radio or television program that involved a coach or another member of the staff of the athletics department at your institution prior to your enrollment at the institution. [Bylaw 13.10.2.2]
- d. Letter-of-Intent Signing.
 - A staff member of your institution was not allowed to be present while you were signing, at an off-campus site, a National Letter of Intent or an acceptance of a financial aid offer from your institution or your conference. [Bylaw 13.1.5.8]
- e. Sports Camps.
 - You are **not eligible** if you were a winner of any athletics participation award in high school (includes ninth grade level), preparatory school or junior college and, before you enrolled at your institution, the institution, members of its staff or a representative of its athletics interests employed or gave you free or reduced admission to its sports camp or clinic. [Bylaw 13.12.1.7]
- f. Visits, Transportation and Entertainment – All Sports.
 - (1) You are **not eligible** under Bylaws 13.5, 13.6 or 13.7 if, before you enrolled at your institution, any of the following occurred:

- (a) You accepted expense-paid visits to more than five NCAA institutions or more than one expense-paid visit to one member institution;
 - (b) Your one expense-paid visit to the campus lasted longer than 48 hours;
 - (c) Your institution paid more than the actual round-trip cost by direct route between your home and the campus when you made your one expense-paid visit;
 - (d) Your institution paid for you to visit during your first year in a junior college, and you were not a qualifier; or
 - (e) Your institution entertained you, your parents (or legal guardians) or your spouse outside a 30-mile radius of the campus during your expense-paid visit.
- (2) In sports other than basketball, you may not have received an expense-paid visit prior to, the first day of classes of your senior year in high school. [Bylaw 13.6.2.2.1]
- (3) Prior to your expense-paid official visit, you must have:
- (a) Presented the institution with a score from a PSAT, SAT, PLAN. An international prospect who requires a special administration of the PSAT, SAT, PLAN (or PACT Plus) or ACT, may have presented such a score on the approval of the NCAA Division I Academic Cabinet or the NCAA Division I Initial-Eligibility Waivers Committee. [Bylaw 13.6.3]
 - (b) Presented the institution with a high school (or college) academic transcript. [Bylaw 13.6.3]
 - (c) Registered with the NCAA Eligibility Center. [Bylaw 13.6.3]
- (4) You are **not eligible** if, at any time that you were visiting your institution's campus at your own expense, your institution paid for anything more than the following:
- (a) In sports other than football, three complimentary admissions for you and those individuals who came with you to an athletics event on campus in which your institution's team practiced or competed. [Bylaw 13.7.2.1]

- (b) Transportation, when accompanied by a staff member, to see off-campus practice and competition sites in the prospect's sport and other institutional facilities located within a 30-mile radius of the campus. [Bylaw 13.5.1]
- g. Precollege or Postgraduate Expense – All Sports.
 - You are **not eligible** if your institution or any representative of its athletics interests offered you money, directly or indirectly, to pay for any part of your educational expenses or other expenses during any period of time before you enrolled at your institution. This applies to your postgraduate education, as well. [Bylaw 13.15.1]