### 2016 Season Preview

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent/Meet</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 27</td>
<td>AUGUSTANA</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>Aug. 28</td>
<td>St. Ambrose</td>
<td>11 a.m.</td>
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<tr>
<td>Sept. 3</td>
<td>Wisconsin-Whitewater Tournament</td>
<td>TBA</td>
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<tr>
<td>Sept. 10</td>
<td>Lake Forest #</td>
<td>9 a.m.</td>
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<tr>
<td>Sept. 10</td>
<td>Beloit #</td>
<td>3:30 p.m.</td>
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<tr>
<td>Sept. 17</td>
<td>ILLINOIS COLLEGE #</td>
<td>9 a.m.</td>
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<tr>
<td>Sept. 17</td>
<td>MONMOUTH #</td>
<td>3 p.m.</td>
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<tr>
<td>Sept. 18</td>
<td>KNOX #</td>
<td>3 p.m.</td>
</tr>
<tr>
<td>Sept. 23–24</td>
<td>ITA Regional Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 2</td>
<td>Cornell #</td>
<td>11 a.m.</td>
</tr>
<tr>
<td>Oct. 8</td>
<td>Lawrence #</td>
<td>9 a.m.</td>
</tr>
<tr>
<td>Oct. 8</td>
<td>St. Norbert #</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 9</td>
<td>Ripon #</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>Oct. 15–16</td>
<td>Midwest Conference Individual Tournament</td>
<td>TBA</td>
</tr>
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</table>

# Midwest Conference matches

Home matches in CAPS

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Paige Madara is excited about the prospects for the Grinnell College women’s tennis team as she enters her first season as the Pioneers’ mentor.

Madara, who was an assistant coach of nationally-ranked programs at Washington University in St. Louis and Washington and Lee University, Lexington, Va., welcomes back a young but experienced lineup.

Judith Fan ‘19 and Amelia Cogan ‘19 teamed up to win the No. 1 doubles crown at last season’s Midwest Conference Tournament, while Anushka Joshi ‘18 won the No. 5 singles crown.

Fan and Cogan posted a 22-10 mark in doubles play last season, while Megan Jans ‘19 and Joshi went 12-5, competing mainly at the No. 2 spot.

Fan earned 15 wins in singles play at the top position. Others picking up double-digit victories were Joshi (16-10), Lily Hamilton ‘19 (18-10), and Jans (12-12). Sydney Banach ‘18, who is abroad this semester, was on the No. 3 MWC champion doubles team and had a hand in 18 doubles victories.

“The sophomore class gained a lot of experience last year, and I’m expecting big things from them along with Anushka and Shannon [Hautzinger ‘18],” said the coach.

Complementing the returnees is first-year Brenda Guan ‘20. “We’re looking to get lots of contribution from Brenda as she grows as a player,” Madara said. “She’s stepped in and immediately made an impact on practices.”

Madara has been happy with what she’s seen from the team in the early going.

“The women have worked incredibly hard in the preseason,” she said. “I’m impressed with the level of effort every day and how they support each other on and off the court. They’ve come together nicely as a group, and I think that will help us down the road in conference matches.”

Madara expects the Pioneers to be in the mix for the MWC crown. “We’ll have several big battles throughout the season,” she said. “I look for teams such as St. Norbert, Lake Forest, and Cornell to be right up there. We’re focusing on just taking care of what we can do, which hopefully leads us to come out on the winning side in matches. It should be an exciting season.”

By Ted Schultz, Sports Information Director

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**GC PRIDE**

The term “GC Pride” was coined in recent years to express the honor and privilege involved in being a part of Grinnell College athletics.

The Grinnell student-athlete takes pride in committing to academic excellence, having a strong and healthy mind and body, being a passionate and accountable leader, exhibiting integrity in competition and in daily life, and embracing diversity and self-governance.

This is GC PRIDE!
2016–17 Roster

Front row (l-r): Megan Treichel '17, Amelia Cogan '19, Marisa Leib-Nei '17, Anushka Joshi '18, Lily Hamilton '19, Judith Fan '19

Back row (l-r): Head Coach: Paige Madara, Rachel Tappe '19, Megan Jans '19, Claire Padmos '20, Shanaz Daneshdoost '17, Brenda Guan '20, Shannon Hautzinger '18, and Assistant Coach: Dan Key

(not photographed: Sydney Banach '18 or Eden Gregory '19)
Head Coach Paige Madara

Paige Madara was named head coach for the Grinnell College tennis teams in July 2016, after playing for and coaching other highly successful programs.

Madara played collegiately at Washington University in St. Louis, which boasts tennis programs that are consistently among the best at the NCAA Division III level.

She then served as the assistant women’s coach for the Washington University Bears from 2013 through 2015, followed by a move to Washington and Lee University in Lexington, Va., where she was assistant women’s tennis coach.

Washington and Lee achieved a D-III top 15 ranking last season while claiming the Old Dominion Athletic Conference Tournament title and finishing with a 19-6 record.

The Generals advanced to the third round of the NCAA Tournament and had two players earn spots in the individual NCAA Tournament; one earned All-America honors.

During her time coaching at Washington University, she helped the team to a No. 8 national ranking in 2013–14 and No. 13 ranking the following season. She guided three players to All-America honors.

As a player for the Bears from 2009 through 2013, Madara finished with 98 singles and doubles wins and propelled her team to the NCAA quarterfinals for the second time in school history.

A team captain, Madara was also an ITA scholar-athlete and a University Athletic Association selection while earning a spot on the league’s Presidents Council Scholar-Athlete Team.

She majored in psychology and minored in public health at Washington University before earning her master’s in social work with a mental health concentration.

Assistant Coach Dan Key

Dan Key joined the Grinnell tennis coaching staff in 2015.

He played three years at the University of Sioux Falls, formerly Sioux Falls College, in South Dakota. He played No. 1 singles and doubles all three years, winning three conference titles in doubles and one in singles. He also earned a second-place finish in doubles play at the district tournament.

Dan was head men’s coach at Buena Vista University for three years and also coached men’s tennis at Lyon College, formerly Arkansas College, for two years — one season as an assistant coach and the other as head coach.

He was also the head boys’ tennis coach at Eldora-New Providence High School for two years.

Grinnell college physical education/athletic department mission statement

The Department of Physical Education (athletics, recreation and wellness) contributes to the liberal education of the campus community by offering intercollegiate sport and recreational, intramural, and wellness activities. Valuing and embracing all forms of diversity, the department provides opportunities that stimulate personal growth and awareness within an inclusive, gender-equitable environment.

Athletics

Sport practices, as well as competitive experiences, instill sportsmanship and fair play.

Participants benefit from an integrated, cocurricular experience that upholds the academic mission of the College as the department provides individualized and group instruction in a safe environment, celebrates academic excellence, and emphasizes experiential learning.

Physical Education

By offering group and individualized instruction through activity classes that promote skill development and physical fitness, the department aims to encourage members of the community to enjoy personal well-being and develop lifelong wellness.

Theoretical-based sport courses contribute to the College’s lively academic community, emphasizing written and oral discourse, critical thinking, and practical experiences. Coursework helps students gain new knowledge that equips them for life and work beyond Grinnell.

Wellness and Recreation

As part of physical education, wellness and recreation encourage both a sound body and sound mind. LiveWell Grinnell, intramurals, outdoor recreation (GORP), and P.E. activity classes provide opportunities and support for all members of the Grinnell community (students, staff, faculty) as they seek their vision of optimal wellness in all dimensions. The Charles Benson Bear ’39 Recreation and Athletic Center provides accessible state-of-the-art spaces for a variety of wellness and recreation activities.

Meet Results • Schedules • Information > pioneers.grinnell.edu • All athletic events are free and open to the public.