

# JAYHAWK INDOOR HIGH SCHOOL OPEN

JANUARY 29, 2017

**Competition Venue: Anschutz Pavilion/Bill Easton Track**

## ENTRY INFORMATION

This meet is open to the following (no exceptions): High School athletes, grades 9-12 (high school identification required)

Entries must be completed through Direct Athletics ([www.directathletics.com](http://www.directathletics.com)) by noon (CST) on Tuesday, January 24, 2017. **Entry fee must be paid through direct athletics \$20.00 per event.**

Please direct all online entry questions to [support@directathletics.com](mailto:support@directathletics.com).

**THERE WILL BE A \$30.00 LATE FEE FOR LATE ENTRIES**

## PACKET PICK UP

Packet pick up will be from 8:30 a.m. - noon on Sunday, January 29 at the meet headquarters area, near the starting line on the **west** side of the track.

## EVENT CHECK IN

Track athletes must check in at the “**athlete check in**” table next to the meet headquarters table 30 minutes prior to their event. We will re-seed events if necessary to ensure full heats. Once heats have been re-seeded, late check in athletes will be placed in slower heats.

Field events will have their own head official. Field event athletes will need to check in with the head official of their event, at the event area, 45 minutes prior to the start of their event. Weigh in for the shot put is two hours before the competition at the competition site.

## RESULTS

Unofficial results will be posted after each event on the west wall of Anschutz Pavilion. Complete/final results will be available after the meet at [www.blacksquirreltiming.com](http://www.blacksquirreltiming.com).

## RULES

NFHS rules will be in effect unless otherwise noted. This is not a NFHS sanctioned event; **you may not compete in high school uniform or under your high school's name**. Only ¼ inch spikes will be allowed on track facility, shoes will be inspected. Boys will throw the 12lb shot and girls will use the 4k shot put. Athletes will throw from a 40 degree sector.

Pole vault weight verification forms are required for all pole vaulters:

[http://grfx.cstv.com/photos/schools/kan/sports/c-relay/auto\\_pdf/pole-vault-weight-verify.pdf](http://grfx.cstv.com/photos/schools/kan/sports/c-relay/auto_pdf/pole-vault-weight-verify.pdf)

## AWARDS

Jayhawk medals will be awarded to the top three finishers in each event. Awards can be picked up at the meet information table near the finish line on the west side of the track.

## SCHEDULE

### Running Events: Begin at 1:00 pm

60m Hurdle Prelims	Girls/Boys
60m Dash Prelims	Girls/Boys
Mile Run	Girls/Boys
600yd Run	Girls/Boys
200m Dash	Girls/Boys
800m Run	Girls/Boys
400m Dash	Girls/Boys
3000m Run	Girls/Boys
60m Hurdle Finals	Girls/Boys
60m Dash Finals	Girls/Boys

### Field Events: Begin at 1:00 pm

Long Jump	Girls (west runway)/ Boys (east runway)
Triple Jump	Girls (west runway)/ Boys (east runway)
Shot Put	Boys followed by Girls
High Jump	Girls followed by Boys
Pole Vault	Boys followed by Girls
* Triple Jump (B & G) will follow LJ Competition	

**Track and field events will start at 1 p.m. and will follow a rolling schedule. The horizontal runways are located at east side of Anschutz Pavilion.**

## DRIVING DIRECTIONS

**From K-10:** K-10 becomes 23rd Street in town. Take a right on to Naismith Drive (heading North) into campus. Take a left at the dead end at the top of the hill, then another left at the stop sign. Then turn left into the parking lot.

**From I-70:** Take the West Lawrence exit. McDonald Drive becomes Iowa Street (us 59 and Iowa are the same road). Take Iowa to 15th Street and take a left. After you are over the hill take your first right hand turn after Jayhawk towers. Go straight at the stop sign right into the parking lot.

## HOTEL INFORMATION

These Lawrence area hotels are active supporters of our Track & Field program.

Hampton Inn: 785-841-4994 DoubleTree by Hilton Hotel: 785-841-7077

Best Western: 785-843-9100

## MARK YOUR CALENDARS

April 19-22 2017, 90th Kansas Relays

Any meet inquiries should be done through email at: [mdonley@ku.edu](mailto:mdonley@ku.edu)