

Men's LSC Championships Results (1982-2015)

First LSC championship awarded in 1982 to Abilene Christian

LSC Championships

- 25 -- Abilene Christian
- 3 -- West Texas A&M
- 2 -- Eastern New Mexico
- 2 -- Texas A&M-Kingsville
- 2 -- Central Oklahoma

2015 Results (TSU, Stephenville, Texas)

- 1. West Texas A&M 22
 - 2. Tarleton State 42
 - 3. Texas A&M-Commerce 95
 - 4. Angelo State 116
 - 5. Cameron 132
 - 6. Eastern New Mexico 161
 - 7. Texas A&M-Kingsville 169
- Individual Champion:** Geoffrey Kipchumba, West Texas A&M, 25:03.00

2014 Results (MSU, Wichita Falls, Texas)

- 1. West Texas A&M 28
 - 2. Eastern New Mexico 81
 - 3. Tarleton State 90
 - 4. Texas A&M-Commerce 91
 - 5. Cameron 100
 - 6. Angelo State 131
 - 7. Texas A&M-Kingsville 191
- Individual Champion:** Thomas Toth, Cameron, 24:52.5

2013 Results (ENMU, Portales, N.M.)

- 1. West Texas A&M 22
 - 2. Eastern New Mexico 67
 - 3. Texas A&M-Commerce 88
 - 4. Cameron 108
 - 5. Tarleton State 119
 - 6. Angelo State 125
 - 7. Texas A&M-Kingsville 191
- Individual Champion:** Dylan Doss, West Texas A&M, 25:18.30

2012 Results (CU, Lawton, Okla.)

- 1. Eastern New Mexico 37
 - 2. West Texas A&M 75
 - 3. Tarleton State 81
 - 4. Texas A&M-Commerce 102
 - 5. Angelo State 105
 - 6. Incarnate Word 160
 - 7. Abilene Christian 165
 - 8. Cameron 181
 - 9. Texas A&M-Kingsville 259
- Individual Champion:** Isaiah Samoei, Eastern New Mexico, 24:43

2011 Results (ASU, San Angelo, Texas)

- 1. Eastern New Mexico 28
 - 2. Abilene Christian 68
 - 3. Texas A&M-Commerce 99
 - 4. Angelo State 143
 - 5. West Texas A&M 149
 - 6. Tarleton State 153
 - 7. Texas A&M-Kingsville 155
 - 8. Cameron 157
 - 9. Incarnate Word 180
- Individual Champion:** Isaiah Samoei, Eastern New Mexico, 24:25

2010 Results (ACU, Abilene, Texas)

- 1. Abilene Christian 54
 - 2. Eastern New Mexico 68
 - 3. East Central 90
 - 4. Cameron 109
 - 5. Texas A&M-Commerce 124
 - 6. Incarnate Word 164
 - 7. Tarleton State 178
 - 8. West Texas A&M 190
 - 9. Angelo State 216
 - 10. Texas A&M-Kingsville 241
- Individual Champion:** Amos Sang, Abilene Christian, 23:49.50

2009 Results (WTAMU, Canyon, Texas)

- 1. Abilene Christian 33
 - 2. Tarleton 75
 - 3. Eastern New Mexico 109
 - 4. Cameron 118
 - 5. Angelo State 128
 - 6. West Texas A&M 144
 - 7. Texas A&M-Commerce 152
 - 8. East Central 159
 - 9. Texas A&M-Kingsville 235
- Individual Champion:** Amos Sang, Abilene Christian, 24:44.0

2008 Results (TAMUK, Kingsville, Texas)

- 1. Abilene Christian 17
 - 2. Tarleton 77
 - 3. Texas A&M-Commerce 78
 - 4. East Central 88
 - 5. Angelo State 142
 - 6. Cameron 147
 - 7. Eastern New Mexico 174
 - 8. West Texas A&M 193
 - 9. Texas A&M-Kingsville 270
- Individual Champion:** Daniel Maina, Abilene Christian, 23:32.0

2007 Results (A&M-C, Commerce, Texas)

- 1. Abilene Christian 23
 - 2. East Central 64
 - 3. Tarleton 101
 - 4. Texas A&M-Commerce 113
 - 5. Eastern New Mexico 124
 - 6. Cameron 141
 - 7. Angelo State 166
 - 8. West Texas A&M 246
 - 9. Texas A&M-Kingsville 268
- Individual Champion:** Serge Gasore, Abilene Christian, 24:47.79

2006 Results (Tarleton, Stephenville, Texas)

- 1. Abilene Christian 17
 - 2. East Central 59
 - 3. Angelo State 79
 - 4. Eastern New Mexico 100
 - 5. Texas A&M-Kingsville 131
 - 6. Tarleton 184
 - 7. Cameron 195
 - 8. Texas A&M-Commerce 207
- Individual Champion:** Nicodemus Naimadu, Abilene Christian, 24:43.0

2005 Results (SWOSU, Weatherford, Oklahoma)

- 1. Abilene Christian 28
 - 2. East Central 47
 - 3. Angelo State 68
 - 4. Eastern New Mexico 90
 - 5. Texas A&M-Commerce 101
 - 6. Texas A&M-Kingsville 205
 - 7. Tarleton 207
 - 8. West Texas A&M 223
 - 9. Cameron 224
- Individual Champion:** Nicodemus Naimadu, Abilene Christian, 26:25.6

2004 Results (SE, Durant, Oklahoma)

- 1. Abilene Christian 15
 - 2. East Central 60
 - 3. Angelo State 78
 - 4. Texas A&M-Kingsville 93
 - 5. Eastern New Mexico 101
 - 6. Tarleton 159
 - 7. Texas A&M-Commerce 171
 - 8. West Texas A&M 225
- Individual Champion:** Martin Okello, Abilene Christian, 24:14.27

2003 Results (ENMU, Portales, New Mexico)

- 1. Abilene Christian 36
 - 2. East Central 53
 - 3. Texas A&M-Kingsville 81
 - 4. Texas A&M-Commerce 103
 - 5. Eastern New Mexico 112
 - 6. Angelo State 117
 - 7. West Texas A&M 168
 - 8. Tarleton 207
- Individual Champion:** Bernard Manirakiza, Abilene Christian, 25:03.2

2002 Results (East Central, Ada, Oklahoma)

- 1. Abilene Christian 15
 - 2. East Central 69
 - 3. Texas A&M-Kingsville 76
 - 4. Tarleton 129
 - 5. West Texas A&M 134
 - 6. Texas A&M-Commerce 168
 - 7. Eastern New Mexico 171
 - 8. Angelo State 214
- Individual Champion:** Alfred Rugema, Abilene Christian, 25:39.0

2001 Results (Angelo State, San Angelo, Texas)

- 1. Abilene Christian 15
 - 2. East Central 77
 - 3. Texas A&M-Kingsville 89
 - 4. Angelo State 102
 - 5. West Texas A&M 122
 - 6. Tarleton 126
 - 7. Eastern New Mexico 166
 - 8. Texas A&M-Commerce 191
- Individual Champion:** John Kemboi, Abilene Christian, 25:12.24

2000 Results (Abilene Christian, Abilene, Texas)

- 1. Abilene Christian 15
- 2. Angelo State 65
- 3. Central Oklahoma 103
- 4. East Central 113
- 5. West Texas A&M 127

- 6. Texas A&M-Commerce 129
- 7. Eastern New Mexico 192
- 8. Texas A&M-Kingsville 215
- 9. Tarleton 230

Individual Champion: Alfred Rugema, Abilene Christian, 25:05.74

1999 Results (East Central, Ada, Oklahoma)

- 1. Abilene Christian 25
 - 2. Harding 52
 - 3. Texas A&M-Commerce 72
 - 4. Texas A&M-Kingsville 143
 - 5. Angelo State 150
 - 6. Tarleton 174
 - 7. East Central 207
 - 8. Ouachita Baptist 216
 - 9. West Texas A&M 216
 - 10. Eastern New Mexico 227
 - 11. Central Oklahoma 258
- Individual Champion:** Gilbert Tuhabonye, Abilene Christian, 24:29

1998 Results (Texas A&M-Kingsville, Kingsville, Texas)

- 1. Abilene Christian 29
 - 2. Texas A&M-Kingsville 76
 - 3. Tarleton 103
 - 4. Harding 105
 - 5. Texas A&M-Commerce 119
 - 6. West Texas A&M 146
 - 7. Angelo State 197
 - 8. Central Oklahoma 214
 - 9. Ouachita Baptist 223
 - 10. East Central 230
 - 11. Eastern New Mexico 259
- Individual Champion:** Musa Gwanzura, Abilene Christian, 25:28

1997 Results (Tarleton, Stephenville, Texas)

- 1. Abilene Christian 34
 - 2. Texas A&M-Kingsville 51
 - 3. Harding 112
 - 4. Texas A&M-Commerce 121
 - 5. West Texas A&M 133
 - 6. Angelo State 158
 - 7. Tarleton 162
 - 8. Ouachita Baptist 198
 - 9. Central Oklahoma 209
 - 10. East Central 254
 - 11. Eastern New Mexico 272
- Individual Champion:** Musa Gwanzura, Abilene Christian, 24:26

1996 Results (Texas A&M-Commerce, Commerce, Texas)

- 1. Abilene Christian 28
 - 2. Harding 75
 - 3. Central Oklahoma 103
 - 4. Angelo State 105
 - 5. West Texas A&M 130
 - 6. Texas A&M-Kingsville 135
 - 7. Tarleton 175
 - 8. Texas A&M-Commerce 181
 - 9. Ouachita Baptist 194
 - 10. Eastern New Mexico 299
- Individual Champion:** Musa Gwanzura, Abilene Christian, 24:51.68

Men's LSC Championships Results (1982-2015)

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1995 Results (Central Oklahoma, Edmond, Oklahoma)

1. Abilene Christian 30
 2. Central Oklahoma 58
 3. Angelo State 61
 4. Texas A&M-Commerce
 5. Texas A&M-Kingsville
 6. West Texas A&M
- Individual Champion:** Musa Gwanzura, Abilene Christian, 31:37

1994 Results (Angelo State, San Angelo, Texas)

1. Abilene Christian 17
 2. Angelo State 42
 3. Central Oklahoma 70
 4. East Texas State 104
 5. Texas A&M-Kingsville 138
 6. West Texas A&M 139
 7. Tarleton 173
- Individual Champion:** Joseph Tengelei, Abilene Christian, 31:08

1993 Results (Abilene Christian, Abilene, Texas)

1. Abilene Christian 40
 2. East Texas State 64
 3. Central Oklahoma 69
 4. Angelo State 79
 5. Texas A&M-Kingsville 84
 6. West Texas A&M 176
- Individual Champion:** Joseph Tengelei, Abilene Christian, 33:04

1992 Results (Texas A&I, Kingsville, Texas)

1. Abilene Christian 38
 2. Texas A&I 43
 3. East Texas State 72
 4. Angelo State 86
 5. Central Oklahoma 103
- Individual Champion:** Jerome Vermeulen, Abilene Christian, 32:03

1991 Results (Texas A&M-Commerce, Commerce, Texas)

1. Abilene Christian 29
 2. Central Oklahoma 49
 3. Texas A&I 64
 4. Angelo State 82
 5. East Texas State 114
- Individual Champion:** Neal Brooks, Abilene Christian, 37:00

1990 Results (Central Oklahoma, Edmond, Oklahoma)

1. Central State 31
 2. Texas A&I 60
 3. Angelo State 69
 4. Abilene Christian 79
 5. East Texas State 102
- Individual Champion:** Kyle Skartwed, Central State, 34:20

1989 Results (Angelo State, San Angelo, Texas)

1. Central State 37
 2. Abilene Christian 38
 3. Angelo State 45
 4. Texas A&I 112
 5. East Texas State 142
- Individual Champion:** Michael Moloto, Abilene Christian, 31:46

1988 Results (Abilene Christian, Abilene, Texas)

1. Abilene Christian 30
 2. Central State 44
 3. Angelo State 46
 4. East Texas State 110
- Individual Champion:** Michael Moloto, Abilene Christian, 33:26

1987 Results (Texas A&M-Commerce, Commerce, Texas)

1. Abilene Christian 20
 2. Angelo State 43
 3. East Texas State 65
- Individual Champion:** Michael Moloto, Abilene Christian, 33:26

1986 Results (Angelo State, San Angelo, Texas)

1. Texas A&I 32
 2. Abilene Christian 33
 3. Angelo State 78
 4. East Texas State 94
- Individual Champion:** Samson Obwocha, East Texas State, 29:43

1985 Results (Abilene Christian, Abilene, Texas)

1. Abilene Christian 37
 2. Texas A&I 38
 3. East Texas State 61
 4. Angelo State 87
- Individual Champion:** Samson Obwocha, East Texas State, 29:58

1984 Results (Texas A&I, Kingsville, Texas)

1. Texas A&I 34
 2. Abilene Christian 56
 3. Angelo State 67
 4. East Texas State 77
 5. Howard Payne 146
- Individual Champion:** Agapius Amo, East Texas State, 30:25

1983 Results (Southwestern, Georgetown, Texas)

1. Abilene Christian 45
 2. Southwest Texas State 49
 3. Texas A&I 56
 4. Angelo State 64
 5. Stephen F. Austin 157
 6. East Texas State 168
 7. Howard Payne 207
- Individual Champion:** Felix Horta, Texas A&I, 33:21

1982 Results

1. Abilene Christian

Women's LSC Championships Results (1984-2015)

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LSC Championships

- 14 -- Abilene Christian
- 7 -- Angelo State
- 5 -- Midwestern State
- 2 -- West Texas A&M
- 1 -- Tarleton State
- 1 -- Texas A&M-Kingsville
- 1 -- Central Oklahoma
- 1 -- Harding

2015 Results (TSU, Stephenville, Texas)

- 1. Tarleton State 70
- 2. Eastern New Mexico 71
- 3. Texas A&M-Commerce 79
- 4. Midwestern State 80
- 5. Angelo State 94
- 6. Texas A&M-Kingsville 111
- 7. West Texas A&M 131

Individual Champion: Aly Coughlin, Tarleton State, 21:58.20

2014 Results (MSU, Wichita Falls, Texas)

- T1. Midwestern State* 49
- T1. West Texas A&M 49
- 3. Eastern New Mexico 59
- 4. Angelo State 95
- 5. Tarleton State 120
- 6. Texas A&M-Commerce 125
- 7. Texas A&M-Kingsville 192

**LSC Champion by virtue of sixth runner*

Individual Champion: Emma Love, West Texas A&M, 22:37.3

2013 Results (ENMU, Portales, N.M.)

- 1. West Texas A&M 35
- 2. Tarleton State 55
- 3. Midwestern State 77
- 4. Eastern New Mexico 83
- 5. Texas A&M-Commerce 133
- 6. Angelo State 137
- 7. Texas A&M-Kingsville 198

Individual Champion: Lindsey Hinton, Tarleton State, 22:14.40

2012 Results (CU, Lawton, Okla.)

- 1. West Texas A&M 30
- 2. Midwestern State 64
- 3. Incarnate Word 71
- 4. Angelo State 91
- 5. Eastern New Mexico 120
- 6. Tarleton State 164
- 7. Texas A&M-Commerce 211
- 8. Texas A&M-Kingsville 244
- 9. Abilene Christian 254

Individual Champion: Brenda Sindet, West Texas A&M, 22:12

2011 Results (ASU, San Angelo, Texas)

- 1. Midwestern State 43
- 2. West Texas A&M 87
- 3. Angelo State 103
- 4. Abilene Christian 106
- 5. Eastern New Mexico 111
- 6. Tarleton State 124
- 7. Incarnate Word 130
- 8. Texas A&M-Kingsville 225
- 9. Texas A&M-Commerce 251

Individual Champion: Brissia Montalvo, Midwestern State, 21:40

2010 Results (ACU, Abilene, Texas)

- 1. Midwestern State 46
- 2. Angelo State 79
- 3. Abilene Christian 119
- 4. Eastern New Mexico 132
- 5. Central Oklahoma 145
- 6. East Central 171
- 7. Incarnate Word 175
- 8. Texas A&M-Kingsville 177
- 9. West Texas A&M 186
- 10. Tarleton State 225
- 11. Southwestern Oklahoma Sta 253
- 12. Texas A&M-Commerce 282
- 13. Southeastern Oklahoma 408

Individual Champion: Anais Belledant, Abilene Christian, 16:07.74

2009 Results (WTAMU, Canyon, Texas)

- 1. Midwestern State 70
- 2. Angelo State 73
- 3. East Central 92
- 4. Central Oklahoma 111
- 5. West Texas A&M 123
- 6. Tarleton 171
- 7. Eastern New Mexico 178
- 8. Abilene Christian 193
- 9. Southwestern 207
- 10. Texas A&M-Kingsville 228
- 11. Texas A&M-Commerce 277

Individual Champion: Sydney Cole, Midwestern State, 23:02.5

2008 Results (TAMUK, Kingsville, Texas)

- 1. Midwestern State 58
- 2. West Texas A&M 84
- 3. East Central 94
- 4. Central Oklahoma 115
- 5. Abilene Christian 122
- 6. Angelo State 129
- 7. Tarleton 143
- 8. Eastern New Mexico 243
- 9. Texas A&M-Commerce 280
- 10. Texas A&M-Kingsville 300
- 11. Southwestern 322

Individual Champion: Winrose Karunde, Abilene Christian, 21:39.0

2007 Results (A&M-C, Commerce, Texas)

- 1. Abilene Christian 53
- 2. Tarleton 84
- 3. West Texas A&M 86
- 4. Central Oklahoma 94
- 5. Southwestern 114
- 6. East Central 116
- 7. Angelo State 178
- 8. Texas A&M-Kingsville 213
- 9. Eastern New Mexico 271
- 10. Midwestern State 306
- 11. Texas A&M-Commerce 350
- 12. Southeaster 417

Individual Champion: Cheboi Loice, Abilene Christian, 22:04.23

2006 Results (TSU, Stephenville, Texas)

- 1. Abilene Christian 45
- 2. Angelo State 80
- 3. Central Oklahoma 93
- 4. West Texas A&M 102
- 5. Eastern New Mexico 163
- 6. Tarleton 167
- 7. Texas A&- Kingsville 190
- 8. Midwestern State 199

- 9. Texas A&M-Commerce 206
- 10. East Central 210
- 11. Southwestern 223
- 12. Southeastern Oklahoma 398

Individual Champion: Cheboi Loice, Abilene Christian, 22:04.23

2005 Results (SWOSU, Weatherford, Okla.)

- 1. Abilene Christian 43
- 2. West Texas A&M 66
- 3. Angelo State 88
- 4. Central Oklahoma 102
- 5. East Central 171
- 6. Tarleton 175
- 7. Eastern New Mexico 214
- 8. Midwestern State 218
- 9. Southwestern 219
- 10. Texas A&M-Commerce 253
- 11. Texas A&M-Kingsville 257
- 12. Southeastern Oklahoma 313

Individual Champion: Trina Cox, Abilene Christian, 21:31.8

2004 Results (SE, Durant, Okla.)

- 1. Abilene Christian 36
- 2. Central Oklahoma 82
- 3. East Central 97
- 4. Texas A&M-Commerce 127
- 5. Angelo State 130
- 6. Texas A&M-Kingsville 138
- 7. Tarleton 213
- 8. West Texas A&M 218
- 9. Eastern New Mexico 225
- 10. Southwestern 240
- 11. Southeastern Oklahoma 242

Individual Champion: Adeh Mwamba, Abilene Christian, 21:51.85

2003 Results (ENMU, Portales, New Mexico)

- 1. Abilene Christian 33
- 2. Angelo State 65
- 3. Texas A&M-Kingsville 96
- 4. East Central 109
- 5. Eastern New Mexico 124
- 6. Southeastern Oklahoma 148
- 7. Texas A&M-Commerce 167
- 8. Southwestern 192
- 9. Tarleton 226
- 10. Central Oklahoma 260
- 11. West Texas A&M 269

Individual Champion: Yuliya Stashkiv, Abilene Christian, 22:48.8

2002 Results (East Central, Ada, Oklahoma)

- 1. Abilene Christian 37
- 2. Texas A&M-Kingsville 82
- 3. Southeastern Oklahoma 88
- 4. Angelo State 111
- 5. Tarleton 128
- 6. East Central 145
- 7. Texas A&M-Commerce 172
- 8. Eastern New Mexico 184
- 9. West Texas A&M 184
- 10. Southwestern 241

Individual Champion: Nicole Sharp, Tarleton, 23:03.0

2001 Results (Angelo State, San Angelo, Texas)

- 1. Abilene Christian 61
- 2. Texas A&M-Kingsville 67
- 3. Angelo State 79
- 4. Tarleton 84
- 5. Southeastern Oklahoma 100
- 6. East Central 113
- 7. West Texas A&M 139
- 8. Texas A&M-Commerce 232
- 9. Eastern New Mexico 240
- 10. Southwestern 257

Individual Champion: Nicole Sharp, Tarleton, 22:36.64

2000 Results (Abilene Christian, Abilene, Texas)

- 1. Central Oklahoma 47
- 2. Southeastern Oklahoma 50
- 3. Abilene Christian 104
- 4. Texas A&M-Commerce 152
- 5. Angelo State 155
- 6. Tarleton 157
- 7. East Central 170
- 8. West Texas A&M 180
- 9. Texas A&M-Kingsville 198
- 10. Eastern New Mexico 239
- 11. Southwestern 248

Individual Champion: Romy Kruger, Central Oklahoma, 23:40.54

1999 Results (East Central, Ada, Oklahoma)

- 1. Harding 48
- 2. Texas A&M-Commerce 65
- 3. Tarleton 71
- 4. Angelo State 98
- 5. Southeastern Oklahoma 98
- 6. Texas A&M-Kingsville 131
- 7. Abilene Christian 211
- 8. West Texas A&M 223
- 9. Eastern New Mexico 246
- 10. Central Oklahoma 272
- 11. East Central 77
- 12. Southwestern 305
- 13. Ouachita Baptist 325

Individual Champion: Damaris Vaughan, Angelo State, 22:33

1998 Results (Texas A&M-Kingsville, Kingsville, Texas)

- 1. Angelo State 50
- 2. Harding 52
- 3. Abilene Christian 81
- 4. Tarleton 108
- 5. Texas A&M-Commerce 128
- 6. West Texas A&M 130
- 7. Texas A&M-Kingsville 147
- 8. Central Oklahoma 194
- 9. East Central 243
- 10. Southeastern Oklahoma 244
- 11. Ouachita Baptist 318
- 12. Southwestern 330
- 13. Eastern New Mexico 351

Individual Champion: Dora Davila, Angelo State, 23:33

Women's LSC Championships Results (1984-2015)

First LSC championship awarded in 1984 to Abilene Christian

1997 Results (Tarleton, Stephenville, Texas)

1. Abilene Christian 26
2. Angelo State 53
3. Harding 114
4. Texas A&M-Commerce 125
5. Southeastern Oklahoma 133
6. West Texas A&M 161
7. Tarleton 162
8. Texas A&M-Kingsville 164
9. East Central 226
10. Eastern New Mexico 234
11. Ouachita Baptist 300
12. Central Oklahoma 300
13. Southwestern 345

Individual Champion: Vivian Ruijters, Abilene Christian, 17:41

1996 Results (Texas A&M-Commerce, Commerce, Texas)

1. Abilene Christian, 21
2. Texas A&M-Kingsville, 64
3. Angelo State, 75
4. Harding, 124
5. Texas A&M-Commerce, 151
6. West Texas A&M, 164
7. Tarleton, 176
8. Central Oklahoma, 187
9. Eastern New Mexico, 219
10. Ouachita Baptist, 251

Individual Champion: Vivian Ruijters, Abilene Christian, 18:30.52

1995 Results (Central Oklahoma, Edmond, Oklahoma)

1. Abilene Christian, 19
2. Angelo State, 79
3. Texas A&M-Kingsville, 96
4. (tie) West Texas A&M, 96
5. Tarleton
6. Central Oklahoma
7. Texas A&M-Commerce

Individual Champion: Casi Florida, Abilene Christian, 18:17

1994 Results (Angelo State, San Angelo, Texas)

1. Abilene Christian 17
2. Texas A&M-Kingsville 74
3. Angelo State 77
4. East Texas State 100
5. Central Oklahoma 126
6. West Texas A&M 134
7. Tarleton 186

Individual Champion: Bigna Samuel, Abilene Christian, 17:48

1993 Results (Abilene Christian, Abilene, Texas)

1. Abilene Christian 20
2. Angelo State 76
3. East Texas State 77
4. Texas A&M-Kingsville 82
5. West Texas A&M 110
6. Central Oklahoma 146

Individual Champion: Bigna Samuel, Abilene Christian, 18:24

1992 Results (Texas A&I, Kingsville, Texas)

1. Angelo State 32
2. Abilene Christian 48
3. Texas A&I 49
4. East Texas State 93
5. Central Oklahoma 116

Individual Champion: Helen O'Sullivan, Angelo State, 17:51

1991 Results (Texas A&M Commerce, Commerce, Texas)

1. Abilene Christian 40
2. Angelo 47
3. East Texas State 80
4. Texas A&I 89
5. Central Oklahoma 92

Individual Champion: Helen O'Sullivan, Angelo State, 21:23

1990 Results (Central Oklahoma, Edmond, Oklahoma)

1. Angelo State 37
2. Central State 59
3. East Texas State 60
4. Abilene Christian 73
5. Texas A&I 109

Individual Champion: Helen O'Sullivan, Angelo State, 20:05

1989 Results (Angelo State, San Angelo, Texas)

1. Angelo State 20
2. Central State 60
3. Abilene Christian 80
4. Texas A&I 100
5. East Texas State 103

Individual Champion: Helen O'Sullivan, Angelo State, 18:01

1988 Results (Abilene Christian, Abilene, Texas)

1. Angelo State 16
2. Abilene Christian 54
3. Central State 77
4. East Texas State 84

Individual Champion: Gayle Thurman, Angelo State, 18:21

1987 Results (Texas A&M Commerce, Commerce, Texas)

1. Angelo State 23
2. East Texas State 55
3. Abilene Christian DNF

Individual Champion: Rachida Asname, Abilene Christian, 18:20

1986 Results (Angelo State, San Angelo, Texas)

1. Texas A&I 28
2. Abilene Christian 47
3. Angelo State 67
4. East Texas State 88

Individual Champion: Andrea Ratkovic, Texas A&I, 17:55

1985 Results (Abilene Christian, Abilene, Texas)

1. Angelo State 33
2. Abilene Christian 36
3. Texas A&I 65
4. Howard Payne 108

Individual Champion: Hope Fullwood, Abilene Christian, 17:18

1984 Results (Texas A&I, Kingsville, Texas)

1. Abilene Christian 26
2. Angelo State 47
3. Texas A&I 50

Individual Champion: Sheila Rogers, Abilene Christian, 17:19