

# Prentice Gudgen High School Invitational

Saturday, January 9, 2016 - Pittsburg State University

Robert W. Plaster Center - Harvey Dean Track

## Schedule of Events



### Updated 1/8 - FINAL

#### FIELD EVENTS

<b>1:00</b>	<b>Shot Put</b>	<b>Girls</b>
to follow Girls	<b>Shot Put</b>	<b>Boys</b>
<b>1:00</b>	<b>High Jump</b>	<b>Boys</b>
to follow Boys	<b>High Jump</b>	<b>Girls</b>
<b>1:00</b>	<b>Long Jump</b>	<b>Boys</b>
	(east runway)	
to follow BLJ	<b>Triple Jump</b>	<b>Boys</b>
	(east runway)	
<b>1:00</b>	<b>Long Jump</b>	<b>Girls</b>
	(west runway)	
to follow GLJ	<b>Triple Jump</b>	<b>Girls</b>
	(west runway)	
<b>1:00</b>	<b>Pole Vault</b>	<b>Girls</b>
to follow Girls	<b>Pole Vault</b>	<b>Boys</b>

#### TRACK EVENTS

<b>2:00</b>	<b>60m Hurdles (prelims)</b>	<b>Boys</b>	
<b>2:10</b>	<b>60m Hurdles (prelims)</b>	<b>Girls</b>	
<b>2:20</b>	<b>60m Dash (prelims)</b>	<b>Boys</b>	
<b>2:45</b>	<b>60m Dash (prelims)</b>	<b>Girls</b>	
<b>3:00</b>	<b>Mile Run</b>	<b>Boys</b>	5 1/3 laps
<b>3:30</b>	<b>Mile Run</b>	<b>Girls</b>	5 1/3 laps
<b>3:50</b>	<b>60m Hurdles (finals)</b>	<b>Boys</b>	
<b>3:55</b>	<b>60m Hurdles (finals)</b>	<b>Girls</b>	
<b>4:00</b>	<b>60m Dash (finals)</b>	<b>Boys</b>	
<b>4:05</b>	<b>60m Dash (finals)</b>	<b>Girls</b>	
<b>4:10</b>	<b>400m Dash</b>	<b>Boys</b>	
<b>4:30</b>	<b>400m Dash</b>	<b>Girls</b>	
<b>4:45</b>	<b>600 yard Run</b>	<b>Boys</b>	1 2/3 laps
<b>4:50</b>	<b>600 yard Run</b>	<b>Girls</b>	1 2/3 laps
<b>5:00</b>	<b>800m Run</b>	<b>Boys</b>	2 2/3 laps
<b>5:15</b>	<b>800m Run</b>	<b>Girls</b>	2 2/3 laps
<b>5:25</b>	<b>200m Dash</b>	<b>Boys</b>	
<b>5:50</b>	<b>200m Dash</b>	<b>Girls</b>	
<b>6:15</b>	<b>3,000m Run</b>	<b>Boys</b>	10 laps
<b>6:40</b>	<b>3,000m Run</b>	<b>Girls</b>	10 laps

\*Time schedule is an estimate, we will go ahead of this schedule if at all possible