

# 2016 Randall's Island Park Alliance Youth Challenge Series

## Meet Information

|                   |  |
|-------------------|--|
| <b>Meet Dates</b> | <b>April 10, 2016</b>  |
|                   | 100m, 800m, Mile, 80/100/110m HH, 4 X 200m, 4 X 400m, High Jump, Long Jump, TurboJav/Javelin, Shot Put   |
|                   | <b>April 24, 2016 – New York Relays</b>  |
|                   | 200m, 400m, 800m, 3000m, 4 X 100m, *Mixed age 4 X 400m, Shot Put, Discus, Triple Jump, Long Jump   |
|                   | <b>May 22, 2016 – Spring Fling Invitational</b>  |
|                   | 100m, 400m, Mile, 200/400m IM, 2,000m Steeple Chase, 4 X 400m, TurboJav/Javelin, Long Jump, High Jump, Shot Put  |
|                   | <b>June 26, 2016 – Northeast Youth Invitational</b>  |
|                   | 100m, 200m, 400m, 800m, 1,500m, 3,000m, 80/100/110m HH, 200/400m IM, 2,000m Steeple Chase, 4 X 100m, 4 X 400m, Shot Put, Discus Throw, TurboJav/Javelin, Triple Jump, Long Jump, High Jump, **Invitational Pole Vault, **Invitational Hammer Throw |

\* Mixed age 4 X 400 will run as two divisions. Division 1 relay legs will run in the following order 7-8, 9-10, 11-12, 13-14. Division two will be mixed 15-16 and 17-18

\*\* Invitational events are based on previous performance. The top 12-15 athletes will be accepted for each event.

|                         |   |
|-------------------------|---|
| <b>Eligibility</b>      | <ul style="list-style-type: none"> <li>All youth athletes are required to be USA Track &amp; Field members in order to compete in the 2016 Youth Challenge Series.</li> <li>Athletes competing for their High School teams are not eligible to compete.</li> <li>Athletes must report to the clerking area or to field event area with pre-printed entry label. Athletes who do not will be turned away.</li> <li>Athletes will be permitted to compete in either two running events and one field event or two field events and one running event for a total of three each. <b>This limit will be strictly enforced.</b></li> </ul>   |
| <b>Entry</b>            | <ul style="list-style-type: none"> <li>Coaches will be required to enter all athletes into events with accurate seed times at <a href="http://www.athletic.net">www.athletic.net</a>. Here is the link if you need to set up an account - <a href="http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx">http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx</a></li> <li>The meet will be pre-seeded and athletes will receive labels with heat and lane assignment. Coaches may enter NT or NM and athletes will be randomly seeded in unseeded heats.</li> <li>All entry fees must be paid in full online before the close of entries. Any entries that are not paid for in advance will not be accepted.</li> <li><b>NO DAY OF ENTRIES WILL BE ACCEPTED – NO EXCEPTIONS!</b></li> <li><b>Entry fee is \$15 per athlete.</b></li> </ul> |
| <b>Entry Deadlines</b>  | <ul style="list-style-type: none"> <li>Tuesday, April 5<sup>th</sup> (April 10<sup>th</sup> meet) – 11:59pm</li> <li>Tuesday, April 19<sup>th</sup> (April 24<sup>th</sup> meet) – 11:59pm</li> <li>Tuesday, May 1<sup>th</sup> (May 22<sup>nd</sup> meet) – 11:59pm</li> <li>Tuesday, June 21<sup>st</sup> (June 26<sup>th</sup> meet) – 11:59pm</li> </ul>  |
| <b>Packet Pick-Up</b>   | <ul style="list-style-type: none"> <li>Packet Pick-up will begin at 8am for all meets on the 3<sup>rd</sup> floor of Icahn Stadium</li> </ul>   |
| <b>Pre-Meet Warm-up</b> | <ul style="list-style-type: none"> <li>The field of play will be open for warm-up from 7:30am-8:30am. We ask that all athletes and coaches to be respectful of this timeline. The meets will start promptly at 9am.</li> <li>Field events are not permitted to warm-up until the event is called and officials have</li> </ul>  |

|                                       |  |
|---------------------------------------|--|
|                                       | opened the circle or runway.   |
| <b>Athlete Check-In</b>               | <ul style="list-style-type: none"> <li>• Athletes will be clerked in on the 2<sup>nd</sup> floor of the stadium and brought to the track by running marshals.</li> <li>• Field event athletes will report directly to their field event when called.</li> <li>• All event will have a 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> call and will close approximately five minutes after the 3<sup>rd</sup> and final call.</li> <li>• Please make sure your athletes are alert and paying attention to all announcements.</li> <li>• Events will be called by age group and boys and girls will alternate through events.</li> </ul> |
| <b>Relays</b>                         | <ul style="list-style-type: none"> <li>• Coaches will be required to hand in relay cards that include stickers of the four athletes running in the event.</li> <li>• Athletes must be from the same age division and club – NO ALL-STAR TEAMS</li> <li>• <b>Relays count towards your athletes events limit.</b></li> <li>• Batons will be provided – athletes should not bring batons with them to the clerking area.</li> </ul>  |
| <b>Field Events</b>                   | <ul style="list-style-type: none"> <li>• All field event athletes will receive 3 throws total, no finals</li> <li>• Limited implements will be provided; athletes are encouraged to bring their own</li> <li>• Pole Vaulters and Hammer Throwers must supply their own poles and hammers</li> </ul>  |
| <b>Accepted Entries</b>               | <ul style="list-style-type: none"> <li>• Heat sheets for each meet will be posted the Friday prior to the meet.</li> </ul>   |
| <b>Spikes and Icahn Stadium Rules</b> | <ul style="list-style-type: none"> <li>• Icahn Stadium will only permit ¼” pyramid spikes. Any athletes with wearing spike larger than ¼” will be disqualified from all events.</li> <li>• Spikes will be for sale on the 3<sup>rd</sup> floor.</li> <li>• No hard coolers are permitted inside the stadium (soft coolers are okay)</li> <li>• No chairs or tents permitted inside the Stadium.</li> <li>• No Pets are permitted inside of Stadium.</li> </ul>   |
| <b>Awards</b>                         | <ul style="list-style-type: none"> <li>• Top three in each age group will receive a medal.</li> </ul>  |
| <b>Contacts</b>                       | <ul style="list-style-type: none"> <li>• Lauren Primerano – <a href="mailto:lauren.primerano@parks.nyc.gov">lauren.primerano@parks.nyc.gov</a></li> <li>• Louis Vazquez – <a href="mailto:louis.vazquez@parks.nyc.gov">louis.vazquez@parks.nyc.gov</a></li> <li>• John Padula – <a href="mailto:john.padula@newyork.usatf.org">john.padula@newyork.usatf.org</a> (athletic.net questions only)</li> </ul>  |
| <b>Websites</b>                       | <ul style="list-style-type: none"> <li>• Meet website will be hosted at <a href="http://www.IcahnStadium.org">www.IcahnStadium.org</a></li> <li>• Live results will be run through <a href="http://www.icahnstadium.org/results">www.icahnstadium.org/results</a></li> </ul>   |

### Implement and Hurdle Heights

| Youth Weights and Heights   | 80/100/110H<br>H | 200l<br>M | 400l<br>M | Shot Put | Turbo Jav | Discu<br>s | Javelin  | Hamme<br>r |
|-----------------------------|------------------|-----------|-----------|----------|-----------|------------|----------|------------|
| Division 1 Boys and Girls   |                  |           |           | 2K       | 300 gram  |            |          |            |
| Division 2 - Boys and Girls |                  |           |           | 6lb      | 300 gram  | 1K         |          |            |
| Division 3 - Boys and Girls | 30"              |           |           | 6lb      | 300 gram  | 1K         |          |            |
| Division 4 - Boys           | 33"              | 30"       |           | 4K       |           | 1K         | 600 Gram |            |
| Division 4 - Girls          | 30"              | 30"       |           | 6lb      |           | 1K         | 600 Gram |            |
| Division 5 - Boys           | 39"              |           | 36"       | 12lb     |           | 1.6K       | 800 Gram | 12lb       |
| Division 5 - Girls          | 33"              |           | 30"       | 4K       |           | 1K         | 600 Gram | 4K         |
| Division 6 - Men            | 39"              |           | 36"       | 12lb     |           | 1.6K       | 800 Gram | 12lb       |
| Division 6 - Women          | 33"              |           | 30"       | 4K       |           | 1K         | 600 Gram | 4K         |

### Age Divisions

| Division                       | Year of Birth |
|--------------------------------|---------------|
| Division 1 (7-8 year olds)*    | 2008+*        |
| Division 2 (9-10 year olds)    | 2006-2007     |
| Division 3 (11-12 year olds)   | 2004-2005     |
| Division 4 (13-14 year olds)   | 2002-2003     |
| Division 5 (15-16 year olds)   | 2000-2001     |
| Division 6 (17-18 year olds)** | 1998-1999**   |

\* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

\*\* Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the Young Men's and Young Women's divisions through that meet. This extended eligibility does not apply to cross country events.



## Meet Schedule

### Sunday, April 10, 2016 - Youth Challenge Series **ICAHN STADIUM AT RANDALL'S ISLAND** Schedule of Events

|        |   |              |
|--------|---|--------------|
| 9:30am | Girls 80/100/110m HH (Division 3, Division 4, Division 5, Division 6*)                    | <b>Final</b> |
|        | Boys 80/100/110m HH (Division 3, Division 4, Division 5, Division 6*)                     | <b>Final</b> |
|        | Girls 800M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|        | Boys 800M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|        | Girls 4x200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)    | <b>Final</b> |
|        | Boys 4x200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)     | <b>Final</b> |
|        | Girls Mile (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|        | Boys Mile (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|        | Girls 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|        | Boys 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|        | Girls 4x400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)    | <b>Final</b> |
|        | Boys 4x400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)     | <b>Final</b> |
| 9:30am | Boys Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
|        | Girls Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*) | <b>Final</b> |
|        | Girls TurboJav (Division 3, Division 2, Division 1)                                       | <b>Final</b> |
|        | Boys TurboJav (Division 3, Division 2, Division 1)  | <b>Final</b> |
|        | Girls Javelin (Division 4, Division 5, Division 6*)                                       | <b>Final</b> |
|        | Boys Javelin (Division 4, Division 5, Division 6*)  | <b>Final</b> |
|        | Boys Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)   | <b>Final</b> |
|        | Girls Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
|        | Girls High Jump (Division 6, Division 5, Division 4, Division 3, Division 2*)             | <b>Final</b> |
|        | Boys High Jump (Division 6, Division 5, Division 4, Division 3, Division 2*)              | <b>Final</b> |

**\*Only permitted if they are not currently competing on a High School Team**

## Meet Schedule

### Sunday, April 24, 2016 – New York Relays **ICAHN STADIUM AT RANDALL'S ISLAND** Schedule of Events

|         |   |              |
|---------|---|--------------|
| 9:30am  | Girls 4 X 100m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
|         | Boys 4 X 100m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)   | <b>Final</b> |
|         | Girls 400m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|         | Boys 400m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Girls 800m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|         | Boys 800m (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Girls 200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|         | Boys 200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Girls 3000m (Division 2, Division 3, Division 4, Division 5, Division 6*)                 | <b>Final</b> |
|         | Boys 3000m (Division 2, Division 3, Division 4, Division 5, Division 6*)                  | <b>Final</b> |
|         | Girls SMR (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Boys SMR (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)        | <b>Final</b> |
|         | Girls Multi Age 4 X 400m (see meet information for directions)                            | <b>Final</b> |
|         | Boys Multi Age 4 X 400m (see meet information for directions)                             | <b>Final</b> |
| 9:30am  | Girls Triple Jump (Division 6, Division 5, Division 4*) <b>Will be called together</b>    | <b>Final</b> |
|         | Boys Triple Jump (Division 6, Division 5, Division 4*) <b>Will be called together</b>     | <b>Final</b> |
| 9:30am  | Boys Discus (Division 4, Division 5, Division 6*)   | <b>Final</b> |
|         | Girls Discus (Division 4, Division 5, Division 6*)  | <b>Final</b> |
| 9:30am  | Girls Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
|         | Boys Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)   | <b>Final</b> |
| 10:30am | Boys Long Jump (Division 6, Division 5, Division 4, Division 3, Division 2, Division 1*)  | <b>Final</b> |
|         | Girls Long Jump (Division 6, Division 5, Division 4, Division 3, Division 2, Division 1*) | <b>Final</b> |

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**Meet Schedule**  
**Sunday, May 22, 2016 – New York Relays**  
**ICAHN STADIUM AT RANDALL'S ISLAND**  
**Schedule of Events**

|         |   |              |
|---------|---|--------------|
| 9:00am  | Girls 200/400m IM (Division 4, Division 5, Division 6*)                                   | <b>Final</b> |
|         | Boys 200/400m IM (Division 4, Division 5, Division 6*)                                    | <b>Final</b> |
|         | Girls Mile(Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Boys Mile(Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)        | <b>Final</b> |
|         | Girls 400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|         | Boys 400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Girls 2000M Steeple (Midget, Youth (exhibition) Intermediate*, & Young*)                  | <b>Final</b> |
|         | Boys 2000M Steeple (Midget, Youth (exhibition) Intermediate*, & Young*)                   | <b>Final</b> |
|         | Girls 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)      | <b>Final</b> |
|         | Boys 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)       | <b>Final</b> |
|         | Girls 3000m (Division 3, Division 4, Division 5, Division 6*)                             | <b>Final</b> |
|         | Boys 3000m (Division 3, Division 4, Division 5, Division 6*)                              | <b>Final</b> |
|         | Girls 4 X 400 M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*) | <b>Final</b> |
|         | Boys 4 X 400 M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
| 9:00am  | Girls Turbo Jav (Division 1, Division 2, Division 3)                                      | <b>Final</b> |
|         | Boys Turbo Jav (Division 1, Division 2, Division 3)                                       | <b>Final</b> |
|         | Girls Javelin (Division 4, Division 5, Division 6*)                                       | <b>Final</b> |
|         | Boys Javelin (Division 4, Division 5, Division 6*)  | <b>Final</b> |
| 9:00am  | Boys Shot Put (Division 6, Division 5, Division 4, Division 3, Division 2, Division 1*)   | <b>Final</b> |
|         | Girls Shot Put (Division 6, Division 5, Division 4, Division 3, Division 2, Division 1*)  | <b>Final</b> |
| 9:00am  | Girls Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*) | <b>Final</b> |
| 9:00am  | Boys Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6*)  | <b>Final</b> |
| 11:00pm | Girls High Jump (Division 2, Division 3, Division 4, Division 5, Division 6*)             | <b>Final</b> |
|         | Boys High Jump (Division 2, Division 3, Division 4, Division 5, Division 6*)              | <b>Final</b> |

**\*Only permitted if they are not currently competing on a High School Team**

## Meet Schedule – Sunday, June 26, 2016

### Northeast Youth Invitational at Icahn Stadium, Randall's Island Park

|               |   |       |
|---------------|---|-------|
| 9:00am        | Girls 200/400m IM (Division 4, Division 5, Division 6)  | Final |
|               | Boys 200/400m IM (Division 4, Division 5, Division 6)   | Final |
|               | Girls 4x100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)             | Final |
|               | Boys 4x100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)              | Final |
|               | Girls 400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)               | Final |
|               | Boys 400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)                | Final |
|               | Girls 1500M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)              | Final |
|               | Boys 1500M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)               | Final |
|               | Girls 80/100/110m HH (Division 3, Division 4, Division 5, Division 6)                             | Final |
|               | Boys 80/100/110m HH (Division 3, Division 4, Division 5, Division 6)                              | Final |
|               | Girls 200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)               | Final |
|               | Boys 200M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)                | Final |
|               | Girls 2000M Steeple (Division 3, Division 4, (exhibition) Division 5, Division 6)                 | Final |
|               | Boys 2000M Steeple (Division 3, Division 4, (exhibition) Division 5, Division 6)                  | Final |
|               | Girls 800M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)               | Final |
|               | Boys 800M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)                | Final |
|               | Girls 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)               | Final |
|               | Boys 100M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)                | Final |
|               | Girls 3000M (Division 2, Division 3, Division 4, Division 5, Division 6)                          | Final |
|               | Boys 3000M (Division 2, Division 3, Division 4, Division 5, Division 6)                           | Final |
|               | Girls 4x400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)             | Final |
|               | Boys 4x400M (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)              | Final |
| 8:00am        | Boys Hammer Throw (Division 5, Division 6) <b>Will be called together</b>                         | Final |
| Follows BHT   | Girls Hammer Throw (Division 5, Division 6) <b>Will be called together</b>                        | Final |
| Follows GHT   | Boys Discus (Division 3, Division 4, Division 5, Division 6)                                      | Final |
| Follows BDT   | Girls Discus (Division 3, Division 4, Division 5, Division 6)                                     | Final |
| 9:00am        | Girls Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)          | Final |
| 9:00am        | Boys Long Jump (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)           | Final |
| Follows GLJ   | Girls Triple Jump (Division 4, Division 5, Division 6)  | Final |
| Follows BLJ   | Boys Triple Jump (Division 4, Division 5, Division 6)   | Final |
| 9:00am        | Girls High Jump (Division 2, Division 3, Division 4, Division 5, Division 6)                      | Final |
| 9:00am        | Boys High Jump (Division 2, Division 3, Division 4, Division 5, Division 6)                       | Final |
| 9:00am        | Girls Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)           | Final |
| Follows GSP   | Boys Shot Put (Division 1, Division 2, Division 3, Division 4, Division 5, Division 6)            | Final |
| 11:00am       | Girls Pole Vault Invitational (Division 4, Division 5, Division 6) <b>Will be called together</b> | Final |
| 11:00am       | Boys Pole Vault Invitational (Division 4, Division 5, Division 6) <b>Will be called together</b>  | Final |
| 9:00am        | Girls Javelin (Division 4, Division 5, Division 6)  | Final |
| Follows GJT   | Boys Javelin (Division 4, Division 5, Division 6)   | Final |
| 9:00am        | Boys TurboJav (Division 1, Division 2, Division 3)  | Final |
| Follows BTJAV | Girls TurboJav (Division 1, Division 2, Division 3)   | Final |

